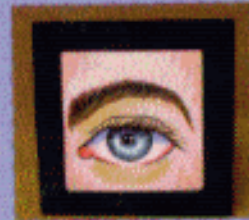


Cultural Diversity in Health & Illness

F I F T H E D I T I O N



Suranaree University of Technology



31051000622254

Rachar E. Opektor

Contents

PREFACE xi

ACKNOWLEDGMENTS xvii

UNIT I PROVIDER SELF-AWARENESS I

CHAPTER 1 Health and Illness 3

Health 3

The Health Belief Model 12

Illness 16

CHAPTER 2 Familial Folk Remedies 27

Natural Folk Medicine 28

Consciousness Raising 38

Folklife Centers 42

CHAPTER 3 Health-Care Delivery: Issues, Barriers, and Alternatives 45

Trends in Development of the Health-Care System 51

Health-Care Reform 58

Common Problems in Health-Care Delivery 60

Pathways to Health Services 63

Medicine as an Institution of Social Control 64

Goals of Health-Care Delivery 67

UNIT II CULTURAL AWARENESS 69

CHAPTER 4 Culture and Heritage 71

Cultural Conflict 75

Acculturation and Heritage Consistency 75

Cultural Phenomena Affecting Health 84

Culture and Health-Care Providers 89

CHAPTER 5 HEALTH Traditions 97

HEALTH Traditions 98

Traditional Etiology 101

HEALTH Protection 103

HEALTH-Care Choices 109

HEALTH Restoration 115

CHAPTER 6 Healing: Magicoreligious Traditions 121

Religion and Healing 123

Beliefs That Can Affect Therapy 139

**CHAPTER 7 The Influence of Demographics
on Health Care 157**

Total Population Characteristics 158

Demographic Barriers to Health Care 162

Background Information: Ethnic

Groups' Traditional Views on Health and Illness 169

**UNIT III SELECTED TRADITIONAL VIEWS OF HEALTH
AND ILLNESS 173**

**CHAPTER 8 HEALTH and Illness in the American Indian, Aleut,
and Eskimo Communities 175**

Traditional Definitions of HEALTH and Illness 177

Traditional Methods of Healing 179

Current Health-Care Problems 184

Morbidity and Mortality 184

Health-Care Provider Services 187

**CHAPTER 9 HEALTH and Illness in the Asian/Pacific Islander
American Community 195**

Background 196

Traditional Definitions of HEALTH and Illness 197

Traditional Methods of HEALTH Maintenance
and Protection 202

Traditional Methods of HEALTH Restoration 202

Current Health Problems 208

**CHAPTER 10 HEALTH and Illness in Black American
Communities 215**

Background 216

Traditional Definitions of HEALTH and Illness 217

Traditional Methods of Healing 220

Current Health-Care Problems 225

Considerations for Health-Care Providers 232

**CHAPTER 11 HEALTH and Illness in Hispanic American
Communities 237**

The Chicanos 237

Puerto Ricans 250

**CHAPTER 12 HEALTH and Illness in White European American
Communities 261**

Background 261

Italian Americans 263

German Americans 267

Polish Americans 270

EPILOGUE 277

**APPENDIX 1 Selected Key Terms Related to Cultural Diversity
in Health and Illness 283**

APPENDIX 2 Suggested Course Outline 289

APPENDIX 3 Suggested Course Activities 293

APPENDIX 4 Heritage Assessment Tool 295

APPENDIX 5 Quick Guide for CulturalCare 299

APPENDIX 6 Data Resources 301

APPENDIX 7 NIH Office of Alternative Medicine 303

**APPENDIX 8 Networks: Selected Health-Related
Organizations 309**

BIBLIOGRAPHY 317

INDEX 339