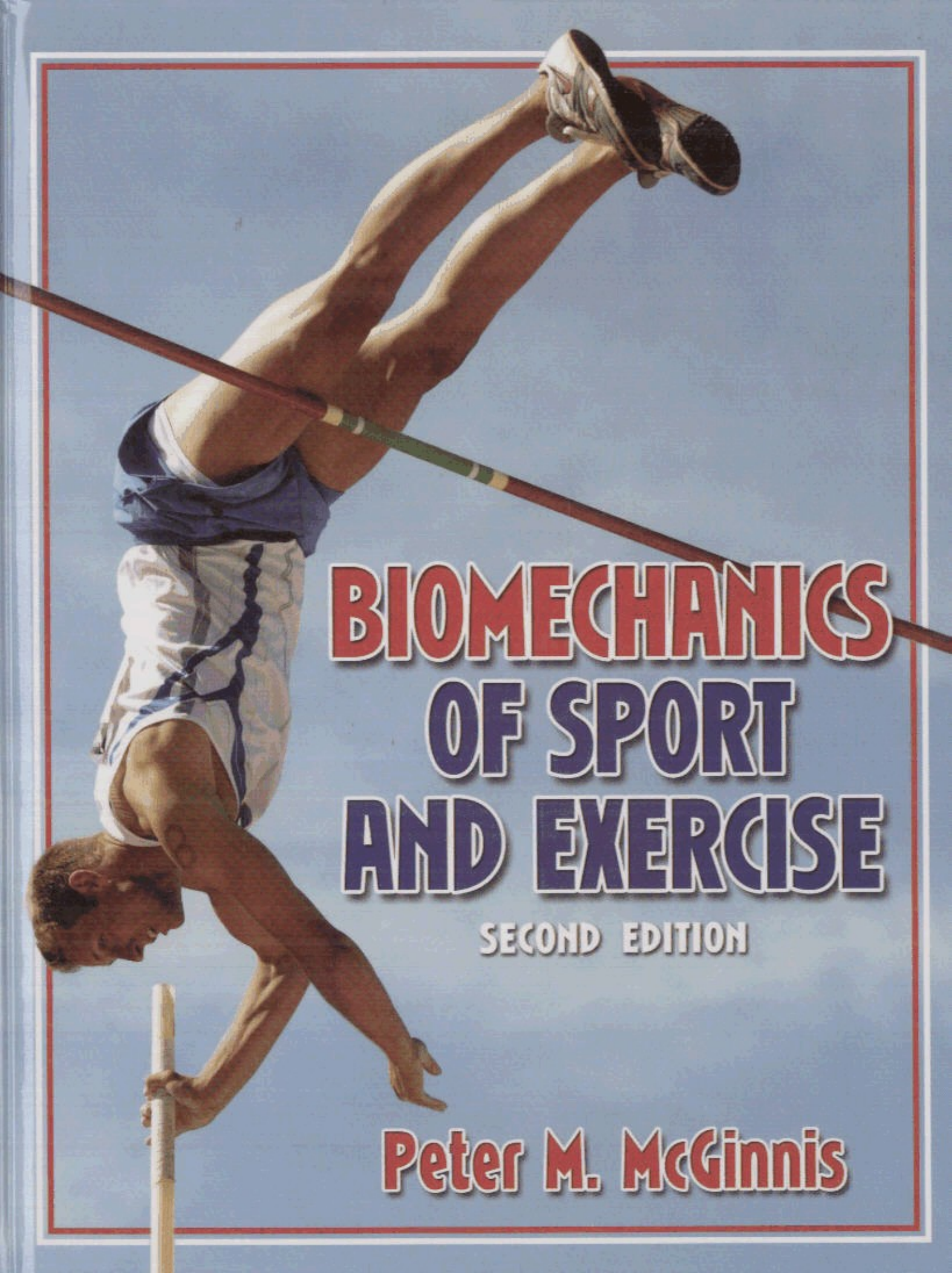

BIOMECHANICS OF SPORT AND EXERCISE

SECOND EDITION

Peter M. McGinnis

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