Contents in brief

Contributors vii	16 Nursing patients with problems of the ear and hearing 367
Foreword xi	17 Nursing patients with endocrine and metabolic disorders 393
Preface xiii	
Acknowledgements xiii	18 Nursing patients with blood disorders 445
Getting the best from this book xiv	19 Nursing patients with cardiovascular disorders 481
Contents xvii	20 Nursing patients with respiratory disorders 533
	21 Nursing patients with nose and throat disorders 565
Section 1 Nursing, quality and communication 1	22 Nursing patients with gastrointestinal disorders 591
1 Adult nursing: setting the scene 3	23 Nursing patients with hepatic, biliary and pancreatic disorders 621
2 Quality management and standards of care 23	24 Nursing patients with urinary disorders 653
3 Communication in adult nursing 39	25 Nursing patients with sexual health and reproductive problems 705
Section 2 Common nursing issues 57	26 Nursing patients with breast disorders 771
4 Circadian rhythms and sleep patterns 59	27 Nursing patients with musculoskeletal disorders 793
5 Temperature regulation 75	28 Nursing patients with skin problems 841
6 Stress 93	
7 Pain 111	Section 4 Specific areas of adult nursing 877
8 Problems associated with fluid, electrolyte and acid-base	29 Perioperative nursing 879
balance 133Shock, systemic inflammatory response and multiple organ	30 Nursing patients in the accident and emergency department 923
dysfunction 153	31 Nursing critically ill patients 947
10 Tissue viability: managing chronic wounds 173	32 Nursing older adults 967
11 Nutrition 201	33 Nursing patients with cancer 985
12 Maintaining continence 229	34 Nursing patients who need palliative care 1021
13 Infection control 253	
	35 Nursing patients with chronic (long-term) illness and disability 1047
Section 3 Nursing patients with common disorders 271	Appendix: Normal values 1067
14 Nursing patients with neurological problems 273	Glossary 1069
15 Nursing patients with problems of the eye and vision 331	Index 1079