

Sandra J. **Peterson**

Timothy S. **Bredow**

Middle Range Theories

APPLICATION TO
NURSING RESEARCH

SECOND EDITION

Contents

PART I Overview of Theory 1

1 Introduction to the Nature of Nursing Knowledge 3

■ SANDRA J. PETERSON

Introduction 4
Nursing Knowledge 5
Philosophy 7
Paradigms and Metaparadigm 9
Conceptual Models 16
Theory: General Issues 20
Grand Theory 29
Middle Range Theory 31
Practice Theory/Micro Theory/Situation-Specific Theory 37
Summary 39

2 Analysis, Evaluation, and Selection of a Middle Range Nursing Theory

■ TIMOTHY S. BREDOW

Introduction 48
Historical Background 48
Theory Analysis 49
Theory Evaluation 52
Selecting a Theory for Nursing Research 57
Middle Range Theory Evaluation Process 58

PART II Middle Range Theories: Physiological 61

3 Pain: A Balance Between Analgesia and Side Effects 63

■ MARION GOOD

Introduction 64
Historical Background 64
Definition of Theory Concepts 68
Description of the Theory of Pain: A Balance Between Analgesia and Side Effects 70
Applications of the Theory 72
Instruments Used in Empirical Testing 74
Summary 77

4	Unpleasant Symptoms 82
	■ AUDREY GIFT
	Introduction 83
	Historical Background 83
	Symptom Models 84
	Description of the Theory of Unpleasant Symptoms 86
	Models That Expand or Modify the Theory of Unpleasant Symptoms 87
	Instruments Used in Empirical Testing 89
	Summary 93

5	The AACN Synergy Model 99
	■ SONYA R. HARDIN
	Introduction 100
	Historical Background 100
	Description of the Theory of Synergy Model 102
	Use of the Theory in a System 112
	Summary 113

PART III Middle Range Theories: Cognitive 115

6	Self-Efficacy 117
	■ BARBARA RESNICK
	Introduction 118
	Historical or Development Background 118
	Expanded Definitions of Theoretical Concepts 119
	Description of Theory: Major Components and Their Relationships 122
	Research Applications 123
	Summary 137

PART IV Middle Range Theories: Emotional 147

7	Chronic Sorrow 149
	■ GEORGENE GASKILL EAKES
	Introduction 150
	Historical Background 150
	Description of the Theory of Chronic Sorrow 151
	Applications of the Theory 154
	Instruments Used in Empirical Testing 154
	Summary 156

PART V Middle Range Theories: Social 161

8 Social Support 163

■ MARJORIE A. SCHAFFER

Introduction 164

Historical Background 164

Definition of Theory Concepts 164

Description of the Theory of Social Support 167

Applications of the Theory 172

Challenges to Social Support Theory Development and Research 180

Summary 184

9 Caring 189

■ DANUTA M. WOJNAR

Introduction 190

Historical Background 190

Definitions of Theory Concepts 191

Description of the Theory of Caring 193

Applications of the Theory in Research 194

Summary 199

10 Interpersonal Relations 202

■ SANDRA J. PETERSON

Introduction 203

Historical Background 204

Definitions of Theory Concepts 205

Description of Theory of Interpersonal Relations 206

Summary 228

PART VI Middle Range Theories: Integrative 231

11 Modeling and Role-Modeling 233

■ ELLEN D. SHULTZ

Introduction 235

Historical Background 235

Definition of Theory Concepts 237

Description of the Theory of Modeling and Role-Modeling 242

Applications of the Theory 245

Instruments Used in Empirical Testing 248

Summary 249

12

Comfort 254

■ **KATHARINE KOLCABA**

Introduction 255

Historical Background 255

Definitions of Theory Concepts 257

Description of Theory: Major Components and Their Relationships 258

Research Applications for the Theory of Comfort 260

Instruments Used in Empirical Testing 264

Summary 270

13

Health-Related Quality of Life 273

■ **TIMOTHY S. BREDOW, SANDRA J. PETERSON, AND KRISTIN E. SANDAU**

Introduction 274

Historical Background 274

Definition of Theory Concepts 275

Description of the Theory of Quality of Life and Health-Related Quality of Life 276

Applications of the Theory 280

Instruments Used in Empirical Testing 281

Health-Related Quality of Life as an Outcome Measure in Nursing 284

Summary 285

14

Health Promotion 290

■ **MARJORIE COOK McCULLAGH**

Introduction 291

Historical Background 291

Pender's Definition of Health 292

Description of the Health Promotion Model 293

Implications of the Model for Clinical Practice 295

Summary 301

15

Deliberative Nursing Process 304

■ **MERTIE L. POTTER**

Introduction 305

Historical Background 305

Definition of Theory Concepts 307

Description of the Theory of Deliberative Nursing Process 312

Applications of the Theory 315

Instruments Used in Empirical Testing 317

Summary 321

Resilience 326**■ JOAN E. HAASE**

Introduction 327

Historical Background 328

Definition of Theory Concepts 328

Description of Resilience: The Theory 350

Applications of the Theory 353

Instruments Used in Empirical Testing 356

Summary 358

Appendix A Critical Analysis Exercises 363**Appendix B Instruments 393****Index 411**