Susan A. Orshan

Maternity, Newborn, & Women's Health Nursing



Comprehensive Care Across the Life Span

Contents

| FOUNDATIONS OF MATERNAL, NEWBORN, AND WOMEN'S HEALTH CARE | Environmental Factors Related to Health Issues Physical Examination 71 Nursing and Collaborative Care Roles Related to Health Promotion 72 Health Screening 72 |
|---|--|
| CHAPTER 1 | Immunizations 76 |
| Philosophy and Framework for Women's Reproductive and Sexual Health 5 | C H A P T E R 3 Nutrition for Adolescent and Adult Women 85 |
| Shifting Paradigms and Current Context Changes in Family Structures and Relationships Changes in Sociocultural Influences Changes in Political Viewpoints 9 North American Health Care Systems 9 Canadian Health Care System 10 The U.S. Health Care System 10 Health Promotion and Health Statistics 12 Nutritional Status and Body Weight 12 Exercise 12 Prenatal Care 12 Birth and Fertility Rates 15 Maternal Morbidity 15 Maternal Morbidity 15 Maternal Mortality 16 Critical Thinking, Ethically Based Practice, and Evidence-Based Care 17 Ethical Decision Making 18 Informed Consent 21 Nursing and Women's Health Research 24 Evidence-Based Practice 25 | Nutrients 86 Macronutrients 87 Micronutrients 88 Nutritional Assessment 92 Assessing Dietary Intake 92 Assessing Nutritional Status 95 Assessing Factors That Influence Food Choices 98 Nutritional Variations for Various Groups 98 Pregnancy 98 Lactation 102 Adolescence 105 Adulthood and Older Adulthood 109 C H A P T E R 4 Medical Alterations in Women During Adolescence and Adulthood 115 Genetic Disorders 117 Sickle Cell Disease 117 Thalassemia 118 Cystic Fibrosis 119 |
| C H A P T E R 2 Health Promotion 29 | Tay-Sachs Disease 119 Autoimmune Disorders 119 Rheumatoid Arthritis 120 |
| Health Promotion 31 Nursing Approaches to Health Promotion 31 Health Theories and Models 33 Health Assessment and Screening 35 Diet, Exercise, and Lifestyle 35 Psychosocial Health 43 Cardiovascular Health 47 Diabetes Mellitus 50 Menstrual Health 52 Sexual and Reproductive Health 54 Cultural Beliefs Regarding Health Promotion Issues 68 | Myasthenia Gravis 121 Systemic Lupus Erythematosus 122 Diabetes Mellitus 123 Classification 123 Assessment Findings 123 Collaborative Management 124 Cardiovascular Disease 125 Assessment Findings 125 Collaborative Management 125 Cerebrovascular Accident 126 Assessment Findings 127 |

xvii

197

Eating Disorders

Intimate Partner Violence

186

189

Native American Culture

African American Culture

256

257

| Muslim Culture 257 | Mitosis and Meiosis 358 |
|---|--|
| Families Growing Through Adoption 258 | Gametogenesis 360 |
| Birth or Biological Parents 258 | Fertilization and Implantation 362 |
| Pre-Adoptive Parents 258 | Embryology and Fetal Development 363 |
| Types of Adoption 259 | Pre-embryonic Development 363 |
| Special Circumstances With Adoption 261 | Embryonic Development 371 |
| | Fetal Development 377 |
| | Preconception Health Assessment |
| UNIT | and Screening 379 |
| CAPCILL REPARK LICEUS AND LINE AND LOSS AND LICEUS | Genetic Services 379 |
| SPECIAL REPRODUCTIVE AND HEALTH CONCERNS272 | Health History Assessment 388 Information Sharing 398 |
| CHAPTER 8 * | Anticipatory Care 401 |
| Fertility Control and Contraception 275 | Prenatal Screening and Diagnostic Procedures 401 |
| • | Maternal Serum Marker Screening 402 |
| Historical Perspectives 277 | Ultrasound Evaluation 408 |
| Types of Contraceptive Methods 278 Barrier Methods 278 | Invasive Diagnostic Tests 411 |
| Barrier Methods 278 Hormonal Methods 286 | Preimplantation Genetic Diagnosis |
| Intrauterine Methods 291 | and Related Technologies 417 |
| Behavioral Methods 292 | Evaluation of the Placenta and Fetal Well-Being 419 |
| Surgical Methods 294 | Postnatal Screening and Diagnostic Procedures 419 |
| Emergency Contraception 296 | Newborn Screening Programs 420 |
| - | Dysmorphology Assessment 421 |
| CHAPTER 9 | |
| Voluntary Pregnancy Termination 307 | |
| Historical Perspectives 308 | UNIT |
| Ancient Times 308 | Newson Contraction |
| Middle Ages and Beyond 308 | PREGNANCY430 |
| Modern Changes 309 Religious Perspectives 309 | CHAPTER 12 |
| Rengious rerspectives 509 | I. N & P I F K / |
| | |
| Current Legal and Political Climate 310 | Process of Pregnancy 433 |
| | Process of Pregnancy 433 Variations in Responses to Pregnancy 434 |
| Current Legal and Political Climate 310 The United States 310 Canada 310 | Process of Pregnancy 433 Variations in Responses to Pregnancy 434 Age-Related Variations 435 |
| Current Legal and Political Climate 310 The United States 310 Canada 310 | Process of Pregnancy 433 Variations in Responses to Pregnancy 434 Age-Related Variations 435 Sociocultural Variations 436 |
| Current Legal and Political Climate 310 The United States 310 Canada 310 Nursing Perspectives, Roles, and Responsibilities 310 Decision-Making Process 311 Methods of Pregnancy Termination 312 | Process of Pregnancy 433 Variations in Responses to Pregnancy 434 Age-Related Variations 435 Sociocultural Variations 436 Religious Variations 441 |
| Current Legal and Political Climate 310 The United States 310 Canada 310 Nursing Perspectives, Roles, and Responsibilities 310 Decision-Making Process 311 | Process of Pregnancy 433 Variations in Responses to Pregnancy 434 Age-Related Variations 435 Sociocultural Variations 436 Religious Variations 441 Physiologic Changes in Pregnancy 443 |
| Current Legal and Political Climate 310 The United States 310 Canada 310 Nursing Perspectives, Roles, and Responsibilities 310 Decision-Making Process 311 Methods of Pregnancy Termination 312 Aftercare 316 | Process of Pregnancy 433 Variations in Responses to Pregnancy 434 Age-Related Variations 435 Sociocultural Variations 436 Religious Variations 441 Physiologic Changes in Pregnancy 443 Weight 443 |
| Current Legal and Political Climate 310 The United States 310 Canada 310 Nursing Perspectives, Roles, and Responsibilities 310 Decision-Making Process 311 Methods of Pregnancy Termination 312 Aftercare 316 CHAPTER 10 | Process of Pregnancy 433 Variations in Responses to Pregnancy 434 Age-Related Variations 435 Sociocultural Variations 436 Religious Variations 441 Physiologic Changes in Pregnancy 443 Weight 443 Cardiovascular System 443 |
| Current Legal and Political Climate 310 The United States 310 Canada 310 Nursing Perspectives, Roles, and Responsibilities 310 Decision-Making Process 311 Methods of Pregnancy Termination 312 Aftercare 316 CHAPTER 10 Fertility (hallenges 321 | Process of Pregnancy 433 Variations in Responses to Pregnancy 434 Age-Related Variations 435 Sociocultural Variations 436 Religious Variations 441 Physiologic Changes in Pregnancy 443 Weight 443 Cardiovascular System 443 Hematologic System 444 |
| Current Legal and Political Climate 310 The United States 310 Canada 310 Nursing Perspectives, Roles, and Responsibilities 310 Decision-Making Process 311 Methods of Pregnancy Termination 312 Aftercare 316 CHAPTER 10 Fertility (hallenges 321 Historical Perspectives 322 | Process of Pregnancy 433 Variations in Responses to Pregnancy 434 Age-Related Variations 435 Sociocultural Variations 436 Religious Variations 441 Physiologic Changes in Pregnancy 443 Weight 443 Cardiovascular System 444 Hematologic System 444 Respiratory System 445 |
| Current Legal and Political Climate 310 The United States 310 Canada 310 Nursing Perspectives, Roles, and Responsibilities 310 Decision-Making Process 311 Methods of Pregnancy Termination 312 Aftercare 316 CHAPTER 10 Fertility (hallenges 321 Historical Perspectives 322 Religious and Cultural Perspectives 323 | Process of Pregnancy 433 Variations in Responses to Pregnancy 434 Age-Related Variations 435 Sociocultural Variations 436 Religious Variations 441 Physiologic Changes in Pregnancy 443 Weight 443 Cardiovascular System 443 Hematologic System 444 Respiratory System 445 Gastrointestinal System 445 |
| Current Legal and Political Climate 310 The United States 310 Canada 310 Nursing Perspectives, Roles, and Responsibilities 310 Decision-Making Process 311 Methods of Pregnancy Termination 312 Aftercare 316 CHAPTER 10 Fertility (hallenges 321 Historical Perspectives 322 Religious and Cultural Perspectives 323 Jewish Perspectives 323 | Process of Pregnancy 433 Variations in Responses to Pregnancy 434 Age-Related Variations 435 Sociocultural Variations 436 Religious Variations 441 Physiologic Changes in Pregnancy 443 Weight 443 Cardiovascular System 444 Hematologic System 444 Respiratory System 445 |
| Current Legal and Political Climate 310 The United States 310 Canada 310 Nursing Perspectives, Roles, and Responsibilities 310 Decision-Making Process 311 Methods of Pregnancy Termination 312 Aftercare 316 CHAPTER 10 Fertility (hallenges 321 Historical Perspectives 322 Religious and Cultural Perspectives 323 Jewish Perspectives 323 Muslim Perspectives 323 | Process of Pregnancy 433 Variations in Responses to Pregnancy 434 Age-Related Variations 435 Sociocultural Variations 436 Religious Variations 441 Physiologic Changes in Pregnancy 443 Weight 443 Cardiovascular System 444 Respiratory System 445 Gastrointestinal System 445 Integumentary System 445 |
| Current Legal and Political Climate 310 The United States 310 Canada 310 Nursing Perspectives, Roles, and Responsibilities 310 Decision-Making Process 311 Methods of Pregnancy Termination 312 Aftercare 316 CHAPTER 10 Fertility (hallenges 321 Historical Perspectives 322 Religious and Cultural Perspectives 323 Jewish Perspectives 323 Muslim Perspectives 323 | Process of Pregnancy 433 Variations in Responses to Pregnancy 434 Age-Related Variations 435 Sociocultural Variations 436 Religious Variations 441 Physiologic Changes in Pregnancy 443 Weight 443 Cardiovascular System 444 Respiratory System 444 Respiratory System 445 Gastrointestinal System 445 Integumentary System 445 Endocrine System 446 |
| Current Legal and Political Climate The United States 310 Canada 310 Nursing Perspectives, Roles, and Responsibilities Decision-Making Process 311 Methods of Pregnancy Termination 312 Aftercare 316 CHAPTER 10 Fertility (hallenges 321 Historical Perspectives 322 Religious and Cultural Perspectives 323 Jewish Perspectives 323 Muslim Perspectives 323 Catholic Perspectives 323 Myths, Facts, and Resources 323 Causes of Infertility 326 | Process of Pregnancy 433 Variations in Responses to Pregnancy 434 Age-Related Variations 435 Sociocultural Variations 436 Religious Variations 441 Physiologic Changes in Pregnancy 443 Weight 443 Cardiovascular System 444 Respiratory System 445 Gastrointestinal System 445 Integumentary System 446 Reproductive System 446 Urinary System 448 Musculoskeletal System 449 |
| Current Legal and Political Climate 310 The United States 310 Canada 310 Nursing Perspectives, Roles, and Responsibilities 310 Decision-Making Process 311 Methods of Pregnancy Termination 312 Aftercare 316 CHAPTER 10 Fertility (hallenges 321 Historical Perspectives 322 Religious and Cultural Perspectives 323 Jewish Perspectives 323 Muslim Perspectives 323 Catholic Perspectives 323 Myths, Facts, and Resources 323 Causes of Infertility 326 Biologic Factors 326 | Variations in Responses to Pregnancy 434 Age-Related Variations 435 Sociocultural Variations 436 Religious Variations 441 Physiologic Changes in Pregnancy 443 Weight 443 Cardiovascular System 444 Respiratory System 445 Gastrointestinal System 445 Integumentary System 445 Endocrine System 446 Reproductive System 448 Musculoskeletal System 449 Physiologic Differences Related to Age and |
| Current Legal and Political Climate 310 The United States 310 Canada 310 Nursing Perspectives, Roles, and Responsibilities 310 Decision-Making Process 311 Methods of Pregnancy Termination 312 Aftercare 316 CHAPTER 10 Fertility (hallenges 321 Historical Perspectives 322 Religious and Cultural Perspectives 323 Jewish Perspectives 323 Muslim Perspectives 323 Catholic Perspectives 323 Myths, Facts, and Resources 323 Causes of Infertility 326 Biologic Factors 326 Environmental Factors 327 | Variations in Responses to Pregnancy 434 Age-Related Variations 435 Sociocultural Variations 436 Religious Variations 441 Physiologic Changes in Pregnancy 443 Weight 443 Cardiovascular System 444 Respiratory System 445 Gastrointestinal System 445 Integumentary System 445 Endocrine System 446 Reproductive System 446 Urinary System 448 Musculoskeletal System 449 Physiologic Differences Related to Age and Race/Ethnicity 449 |
| Current Legal and Political Climate 310 The United States 310 Canada 310 Nursing Perspectives, Roles, and Responsibilities Decision-Making Process 311 Methods of Pregnancy Termination 312 Aftercare 316 CHAPTER 10 Fertility (hallenges 321 Historical Perspectives 322 Religious and Cultural Perspectives 323 Jewish Perspectives 323 Muslim Perspectives 323 Catholic Perspectives 323 Myths, Facts, and Resources 323 Causes of Infertility 326 Biologic Factors 326 Environmental Factors 327 Lifestyle Factors 327 | Variations in Responses to Pregnancy 434 Age-Related Variations 435 Sociocultural Variations 436 Religious Variations 441 Physiologic Changes in Pregnancy 443 Weight 443 Cardiovascular System 444 Respiratory System 445 Gastrointestinal System 445 Integumentary System 445 Endocrine System 446 Reproductive System 446 Reproductive System 448 Musculoskeletal System 449 Physiologic Differences Related to Age and Race/Ethnicity 449 Psychological and Emotional Changes |
| Current Legal and Political Climate 310 The United States 310 Canada 310 Nursing Perspectives, Roles, and Responsibilities Decision-Making Process 311 Methods of Pregnancy Termination 312 Aftercare 316 CHAPTER 10 Fertility (hallenges 321 Historical Perspectives 322 Religious and Cultural Perspectives 323 Jewish Perspectives 323 Muslim Perspectives 323 Catholic Perspectives 323 Myths, Facts, and Resources 323 Causes of Infertility 326 Biologic Factors 326 Environmental Factors 327 Lifestyle Factors 327 Physical Factors and Classification 328 | Process of Pregnancy 433 Variations in Responses to Pregnancy 434 Age-Related Variations 435 Sociocultural Variations 436 Religious Variations 441 Physiologic Changes in Pregnancy 443 Weight 443 Cardiovascular System 444 Respiratory System 445 Gastrointestinal System 445 Integumentary System 445 Endocrine System 446 Reproductive System 446 Reproductive System 448 Musculoskeletal System 449 Physiologic Differences Related to Age and Race/Ethnicity 449 Psychological and Emotional Changes in Pregnancy 451 |
| Current Legal and Political Climate The United States 310 Canada 310 Nursing Perspectives, Roles, and Responsibilities Decision-Making Process 311 Methods of Pregnancy Termination 312 Aftercare 316 CHAPTER 10 Fertility (hallenges 321 Historical Perspectives 322 Religious and Cultural Perspectives 323 Jewish Perspectives 323 Muslim Perspectives 323 Catholic Perspectives 323 Myths, Facts, and Resources 323 Causes of Infertility 326 Biologic Factors 326 Environmental Factors 327 Physical Factors and Classification 328 Other Causes of Infertility 331 | Variations in Responses to Pregnancy 434 Age-Related Variations 435 Sociocultural Variations 436 Religious Variations 441 Physiologic Changes in Pregnancy 443 Weight 443 Cardiovascular System 444 Respiratory System 445 Gastrointestinal System 445 Integumentary System 446 Reproductive System 446 Reproductive System 448 Musculoskeletal System 449 Physiologic Differences Related to Age and Race/Ethnicity 449 Psychological and Emotional Changes in Pregnancy 451 Reactions of Woman and Partner 451 |
| Current Legal and Political Climate The United States 310 Canada 310 Nursing Perspectives, Roles, and Responsibilities Decision-Making Process 311 Methods of Pregnancy Termination 312 Aftercare 316 CHAPTER 10 Fertility (hallenges 321 Historical Perspectives 322 Religious and Cultural Perspectives 323 Jewish Perspectives 323 Muslim Perspectives 323 Catholic Perspectives 323 Myths, Facts, and Resources 323 Causes of Infertility 326 Biologic Factors 326 Environmental Factors 327 Physical Factors and Classification 328 Other Causes of Infertility 331 Infertility of Unknown Cause 331 | Variations in Responses to Pregnancy 434 Age-Related Variations 435 Sociocultural Variations 436 Religious Variations 441 Physiologic Changes in Pregnancy 443 Weight 443 Cardiovascular System 444 Respiratory System 445 Gastrointestinal System 445 Integumentary System 446 Reproductive System 446 Reproductive System 448 Musculoskeletal System 449 Physiologic Differences Related to Age and Race/Ethnicity 449 Psychological and Emotional Changes in Pregnancy 451 Reactions of Grandparents-to-Be 451 |
| Current Legal and Political Climate The United States 310 Canada 310 Nursing Perspectives, Roles, and Responsibilities Decision-Making Process 311 Methods of Pregnancy Termination 312 Aftercare 316 CHAPTER 10 Fertility (hallenges 321 Historical Perspectives 322 Religious and Cultural Perspectives 323 Jewish Perspectives 323 Muslim Perspectives 323 Catholic Perspectives 323 Myths, Facts, and Resources 323 Causes of Infertility 326 Biologic Factors 326 Environmental Factors 327 Lifestyle Factors 327 Physical Factors and Classification 328 Other Causes of Infertility 331 Infertility of Unknown Cause 331 CHAPTER 11 | Variations in Responses to Pregnancy 434 Age-Related Variations 435 Sociocultural Variations 436 Religious Variations 441 Physiologic Changes in Pregnancy 443 Weight 443 Cardiovascular System 444 Respiratory System 445 Gastrointestinal System 445 Integumentary System 446 Reproductive System 446 Reproductive System 448 Musculoskeletal System 449 Physiologic Differences Related to Age and Race/Ethnicity 449 Psychological and Emotional Changes in Pregnancy 451 Reactions of Grandparents-to-Be 451 Reactions of Other Children 451 |
| Current Legal and Political Climate The United States 310 Canada 310 Nursing Perspectives, Roles, and Responsibilities Decision-Making Process 311 Methods of Pregnancy Termination 312 Aftercare 316 CHAPTER 10 Fertility (hallenges 321 Historical Perspectives 322 Religious and Cultural Perspectives 323 Jewish Perspectives 323 Muslim Perspectives 323 Catholic Perspectives 323 Myths, Facts, and Resources 323 Causes of Infertility 326 Biologic Factors 326 Environmental Factors 327 Physical Factors and Classification 328 Other Causes of Infertility 331 Infertility of Unknown Cause 331 | Variations in Responses to Pregnancy 434 Age-Related Variations 435 Sociocultural Variations 436 Religious Variations 441 Physiologic Changes in Pregnancy 443 Weight 443 Cardiovascular System 444 Respiratory System 445 Gastrointestinal System 445 Integumentary System 446 Reproductive System 446 Reproductive System 448 Musculoskeletal System 449 Physiologic Differences Related to Age and Race/Ethnicity 449 Psychological and Emotional Changes in Pregnancy 451 Reactions of Grandparents-to-Be 451 Reactions of Other Children 451 Signs of Pregnancy 452 |
| Current Legal and Political Climate The United States 310 Canada 310 Nursing Perspectives, Roles, and Responsibilities Decision-Making Process 311 Methods of Pregnancy Termination 312 Aftercare 316 CHAPTER 10 Fertility (hallenges 321 Historical Perspectives 322 Religious and Cultural Perspectives 323 Jewish Perspectives 323 Muslim Perspectives 323 Catholic Perspectives 323 Myths, Facts, and Resources 323 Causes of Infertility 326 Biologic Factors 326 Environmental Factors 327 Lifestyle Factors 327 Physical Factors and Classification 328 Other Causes of Infertility 331 Infertility of Unknown Cause 331 CHAPTER 11 | Variations in Responses to Pregnancy 434 Age-Related Variations 435 Sociocultural Variations 436 Religious Variations 441 Physiologic Changes in Pregnancy 443 Weight 443 Cardiovascular System 444 Hematologic System 444 Respiratory System 445 Gastrointestinal System 445 Integumentary System 446 Reproductive System 446 Reproductive System 448 Musculoskeletal System 449 Physiologic Differences Related to Age and Race/Ethnicity 449 Psychological and Emotional Changes in Pregnancy 451 Reactions of Grandparents-to-Be 451 Reactions of Other Children 451 Signs of Pregnancy 452 Presumptive Signs 452 |
| Current Legal and Political Climate The United States 310 Canada 310 Nursing Perspectives, Roles, and Responsibilities Decision-Making Process 311 Methods of Pregnancy Termination 312 Aftercare 316 CHAPTER 10 Fertility (hallenges 321 Historical Perspectives 322 Religious and Cultural Perspectives 323 Jewish Perspectives 323 Muslim Perspectives 323 Catholic Perspectives 323 Myths, Facts, and Resources 323 Causes of Infertility 326 Biologic Factors 326 Environmental Factors 327 Lifestyle Factors 327 Physical Factors and Classification 328 Other Causes of Infertility 331 Infertility of Unknown Cause 331 CHAPTER 11 Genetics, Embryology, and Preconceptual/ | Variations in Responses to Pregnancy 434 Age-Related Variations 435 Sociocultural Variations 436 Religious Variations 441 Physiologic Changes in Pregnancy 443 Weight 443 Cardiovascular System 444 Respiratory System 445 Gastrointestinal System 445 Integumentary System 446 Reproductive System 446 Reproductive System 448 Musculoskeletal System 449 Physiologic Differences Related to Age and Race/Ethnicity 449 Psychological and Emotional Changes in Pregnancy 451 Reactions of Grandparents-to-Be 451 Reactions of Other Children 451 Signs of Pregnancy 452 |

| Initial Prenatal Maternal Health Assessment 455 Follow-Up Maternal Assessments 466 Assessment of Fetal Activity and Well-Being 466 Anticipatory Guidance Related to Pregnancy 476 | C H A P T E R 14 Educational Preparation for Pregnancy, Childbirth, and Parenthood 551 |
|---|--|
| Anticipated J | Childbirth Education 552 |
| Urinary Frequency 477 | Historical Perspectives 554 |
| Fatigue and Sleep Problems 479 | Modern Approaches to Childbirth 555 |
| Breast Sensitivity and Other Discomforts 479 | Common Themes in Childbirth Education |
| Gastrointestinal Problems 480 | and Preparation 556 |
| Vascular Problems 480 | Pain Assessment 557 |
| Dyspnea 480 | Research Investigations 557 |
| Leukorrhea and Vaginal Problems 480 | Variations in Childbirth Education 559 |
| Round Ligament Pain 481 | Childbirth Education Programs, Providers, |
| Carpal Tunnel Syndrome 481 | and Approaches 559 |
| Supine Hypotension Syndrome 481 | Media, Internet, and Other Resources 563 |
| Backache 481 | Access to Childbirth Education 563 |
| Bathing 481 | |
| Working 482 | Continuity of Health Promotion 563 |
| Travel 482 | |
| Exercise 482 | 1 |
| Dental Care 482 | UNIT |
| Sexual Concerns 483 | |
| Clothing 483 | LABOR AND CHILDBIRTH580 |
| Nutrition 484 | ENDORAND CHIEDDININ THE PROPERTY OF THE PROPER |
| Pets 484 | CHAPTER 15 |
| Teratogens 484 | Labor and Childbirth 583 |
| Community and Home Concerns 485 | Prelabor 585 |
| | Signs of Approaching Labor 585 |
| CHAPTER 13 | True Versus "False" Labor 587 |
| High-Risk Pregnancy 491 | Emotional Experience of Impending Labor 587 |
| Pregnancy Risk Assessment 493 | Sociocultural Aspects Related to Impending Labor |
| Psychosocial Risk Factors 493 | and Birth 587 |
| Economic Risk Factors 493 | Collaborative Management 588 |
| Nutrition-Related Risk Factors 494 | Labor and Birth 588 |
| Family-Related Considerations 495 | Etiology of Labor 588 |
| Common Interventions in High-Risk Pregnancy 496 | Processes of Labor and Birth 591 |
| Fetal Health Surveillance 496 | Mechanisms of Labor 594 |
| Bedrest 496 | Maternal Responses to Labor 596 |
| Health Complications in Pregnancy 497 | Fetal Responses to Labor 598 |
| Asthma 498 | Stages and Phases of Labor 602 |
| Cystic Fibrosis 500 | |
| Cardiovascular Disease 500 | CHAPTER 16 |
| Anemia 503 | High-Risk Labor and Childbirth 629 |
| Autoimmune Diseases 504 | Risk Assessment and Identification 631 |
| Infections 505 | Dysfunctional Labor (Dystocia) 632 |
| Renal and Urinary Problems 510 | Problems With the Powers 632 |
| Diabetes Mellitus 511 | Hypertonic Uterine Contractions 632 |
| Psychosocial Disorders and Problems 517 | Hypotonic Uterine Contractions 633 |
| Obesity 520 | Pathologic Retraction and Constriction Rings 633 |
| Common Gestational Complications 521 | Inadequate Voluntary Expulsive Forces 634 |
| Hyperemesis Gravidarum 522 | Precipitous Labor 634 |
| Hypertensive Problems 523 | Problems With the Passenger 634 |
| HELLP Syndrome 529 | Breech Presentation 635 |
| Preterm Premature Rupture of Membranes 531 | Other Malpresentations 637 |
| Cervical Insufficiency/Incompetence 532 | Occipitoposterior Position 638 |
| Disseminated Intravascular Coagulopathy (DIC) 533 | Shoulder Dystocia 639 |
| Placental Alterations 534 | Excessive Fetal Size or Fetal Abnormalities 641 |
| Adolescent Pregnancy 538 | Problems With the Passageway 643 |
| Multiple Pregnancy 539 | Pelvic Shape Problems 643 |
| Perinatal Loss 541 | Contracted Pelvis 643 |

| Preterm Labor 643 | Psychological Changes and Maternal |
|--|---|
| Etiology and Risk Factors 643 | Adjustment 715 |
| Assessment Findings 644 | Immediate Reactions 716 |
| Postterm Pregnancy and Labor 646 | Theories of Change 716 |
| Hemorrhagic Problems 647 | Sleep Deprivation and Exhaustion 716 |
| Placental Problems 647 | Emotional State 717 |
| Placenta Previa 647 | CHAPTER 19 |
| Placental Abruption 647 | The High-Risk Postpartum Woman 745 |
| Other Placental Anomalies 648 | |
| Uterine Rupture 648 Prolapsed Umbilical Cord 648 | Focused Assessments for Clients With |
| Prolapsed Umbilical Cord 648 Amniotic Fluid Embolism 650 | Postpartum Complications 747 Bleeding Complications 747 |
| Multiple Pregnancy & 650 | 6 1 |
| Maternal Obesity 651 | Early Postpartum Hemorrhage 748 Late Postpartum Hemorrhage 755 |
| Female Circumcision 652 | Postpartum Infections 756 |
| Birth-Related Procedures Common in High-Risk | Infection of the Uterus and Surrounding Tissues 757 |
| Labor and Birth 653 | Other Genital Tract Infections 759 |
| Cervical Ripening and Labor Induction 653 | Septic Pelvic Thrombophlebitis 760 |
| Amnioinfusion 659 | Wound Infections 760 |
| Forceps-Assisted Birth 659 | Urinary Tract Infection 762 |
| Vacuum-Assisted Birth 660 | Mastitis 765 |
| Cesarean Birth 662 | Thromboembolic Complications 766 |
| Vaginal Birth After Cesarean 666 | Peripartum Cardiomyopathy 768 |
| CHARTER 17 | Reproductive Anatomic Complications 769 |
| CHAPTER 17 | Pelvic Problems 769 |
| Pharmacologic Pain Management of Labor 671 | Uterine Alterations 770 |
| Physiology of Labor Pain 672 | Cystocele and Rectocele 771 |
| Pain Terminology 673 | Psychological Complications 773 |
| Variations in Labor Pain 673 | Postpartum Blues 774 |
| Psychology of Pain 674 | Postpartum Depression 776 |
| Theories of Pain 676 | Postpartum Panic Disorder 778 |
| Gate Control Theory 676 | Postpartum Psychosis 779 |
| Chemical Pain Control Theory 676 | CHAPTER 20 |
| Influences on Pain and Pain Management 677 Cultural Considerations 677 | The Healthy Newborn 785 |
| Legal and Ethical Perspectives 678 | From Fetus to Newborn 787 |
| Drug Pharmacokinetics 679 | Review of Fetal Circulation 787 |
| Types of Pharmacologic Pain Management 679 | Respiratory and Circulatory Transitions at Birth 787 |
| Sedative Hypnotics 679 | Immediate Nursing Management of the Newborn 79 |
| Analgesic Compounds 680 | Prenatal and Intrapartal History 790 |
| Anesthesia 682 | Preparedness for Resuscitation 790 |
| | Assessment During the First Moments After Birth 79 |
| <u></u> | Apgar Scoring 793 |
| | Early Newborn Care Procedures 795 |
| | Identification 797 |
| POSTPARTUM PERIOD AND NEWBORN CARE706 | Weight 797 |
| TO STEAM FOR LEADON AIRD MEM DOWN CARE | Measurements 797 |
| CHAPTER 18 | Gestational Age Assessment 798 |
| Fourth Stage of Labor and Postpartum Period 709 | Infant Classification 800 The First Bath 803 |
| Physiologic Changes 710 | The First Bath 803 Medication Administration 806 |
| Weight 710 | Full Physical Examination 809 |
| Cardiovascular System 711 | The Newborn Transitional Period 811 |
| Hematologic System 711 | Behavioral Changes 811 |
| Respiratory System 712 | Behavioral States 811 |
| Gastrointestinal System 712 | |
| Integumentary System 712 | Behavioral Cues 820 |
| integumentary System 712 | Behavioral Cues 820 Neonatal Sensory Abilities 820 |
| Endocrine System 712 | |
| | Neonatal Sensory Abilities 820 |

| Basic Care of the Healthy Newborn 836 | Stools 903 |
|--|--|
| Cultural Aspects 841 | Weight Gain and Growth 904 |
| Care of the Newborn Following Home Birth 841 | Problems Related to Feeding 904 |
| Infant Security 841 | Jaundice 904 |
| Temperature Assessment 844 | Thrush 904 |
| Use of the Bulb Syringe 844 | Gastroesophageal Reflux 905 |
| Voiding and Stooling 845 | Colic 905 |
| Diapering 845 | Water Intoxication 906 |
| Diap | Water Intoxication 700 |
| | CHAPTER 22 |
| 3.1 | The High–Risk Newborn 911 |
| TTAMES O | • |
| Holding 847 | Newborn Risk Identification 913 |
| Comforting 847 | Problems Related to Size and Gestational Age 913 |
| Parental Stress 849 | SGA Newborn 915 |
| Sleep Positioning and Sudden Infant Death | LGA Newborns 917 |
| Syndrome 849 | Preterm Newborn 918 |
| Bathing the Newborn 850 | Postterm Newborns 924 |
| Additional Parent Education 850 | Hyperbilirubinemia 943 |
| Circumcision 850 | Fetal Alcohol Syndrome 948 |
| Immunizations 851 | Congenital Anomalies 948 |
| Signs of Newborn Illness 856 | Congenital Heart Disease 950 |
| Car Seats 856 | Congenital Diaphragmatic Hernia 956 |
| Siblings 858 | Neural Tube Defects 958 |
| Pet Safety 858 | Congenital Defects of the Abdominal Wall 960 |
| Dangers of Secondhand Smoke 858 | |
| Household Safety 859 | |
| Readiness for Hospital Discharge 859 | Esophageal and Tracheal Defects 966 |
| Newborn Metabolic Screening 861 | Imperforate Anus 969 |
| Auditory Screening 861 | Skeletal Anomalies 970 |
| Postdischarge Follow-Up 865 | Developmental Dysplasia of the Hip 971 Genitourinary Anomalies 973 |
| CHAPTER 21 Newborn Nutrition 871 | |
| The Feeding Decision 872 | UNIT |
| Practical Considerations 873 | |
| Sexual and Emotional Considerations 875 | MENOPAUSE AND BEYOND98 |
| Racial, Ethnic, and Cultural Influences 876 | LITITOL MADE WILD DESCRIP |
| Client Teaching and Collaborative Interventions 876 | CHAPTER 23 |
| Breastfeeding 877 | The Menopausal Experience 983 |
| Benefits of Breastfeeding 877 | 1 1 |
| Contraindications to Breastfeeding and Conditions | Physiologic Basis of Naturally Occurring |
| Requiring Adjustments 879 | Perimenopause and Menopause 984 |
| Physiology of Milk Production 880 | Potential Changes Related to Perimenopause |
| Composition 880 | and Menopause 985 |
| Medicinal Supplementation for Breastfed Infants 882 | Menstrual Cycle 985 |
| Donor Human Milk 882 | Vasomotor Symptoms 987 |
| Formula Feeding 894 | Genitourinary Symptoms 987 |
| Composition 894 | Fertility 987 |
| 1 | Mental Health Changes 987 |
| Considerations Related to Formula Type 894 Additives 897 | Cardiovascular Disease 988 |
| | Osteopenia and Osteoporosis 988 |
| | Breast Cancer 988 |
| Other Feeding Delivery Strategies 901 | Other Alterations 988 |
| Parenteral and Enteral Nutrition 901 | |
| Cup Feeding 901 | CHAPTER 24 |
| Finger Feeding 902 | The Older Postmenopausal Woman 1007 |
| Nursing Supplementer 902 | |
| Syringe Feeding 902 | |
| Measures of Successful Feeding 903 | 6 |
| Fluid Intake 903 | Obtaining a Health History 1010 |
| Wet Diapers 903 | Addressing Barriers to Communication 1011 |

xxii 🏶 Contents

| Comprehensive Assessment for the Older Woman 1011 Lifestyle 1012 Nutrition 1012 Medications 1013 Function 1015 Social Aspects 1016 • Sexuality 1016 | Musculoskeletal System 1025 Aging Pharmacology 1025 Common Conditions Found in Older Women 1026 Urinary Incontinence 1026 Falls and Fractures 1028 Delirium 1032 Dementia: Alzheimer's Disease 1033 Depression 1038 |
|---|--|
| Prevention and Screening 1017 Sleep 1019 Long-Term Health Care Wishes 1020 Age-Associated Physiologic Changes in Older Women 1 1020 | Pain 1039 Nursing Care of the Homebound Woman 1041 Nursing Care of the Older Woman in Other Environments 1043 |
| General Appearance 1020 Gait Changes 1020 Vital Signs 1021 Cardiovascular System 1021 Respiratory System 1022 Gastrointestinal System 1023 Genitourinary System 1023 Peripheral Vascular System 1024 Neurologic System 1024 | Appendix A 1049 Appendix B 1061 Appendix C 1071 Appendix D 1084 Glossary 1085 Index 1099 |