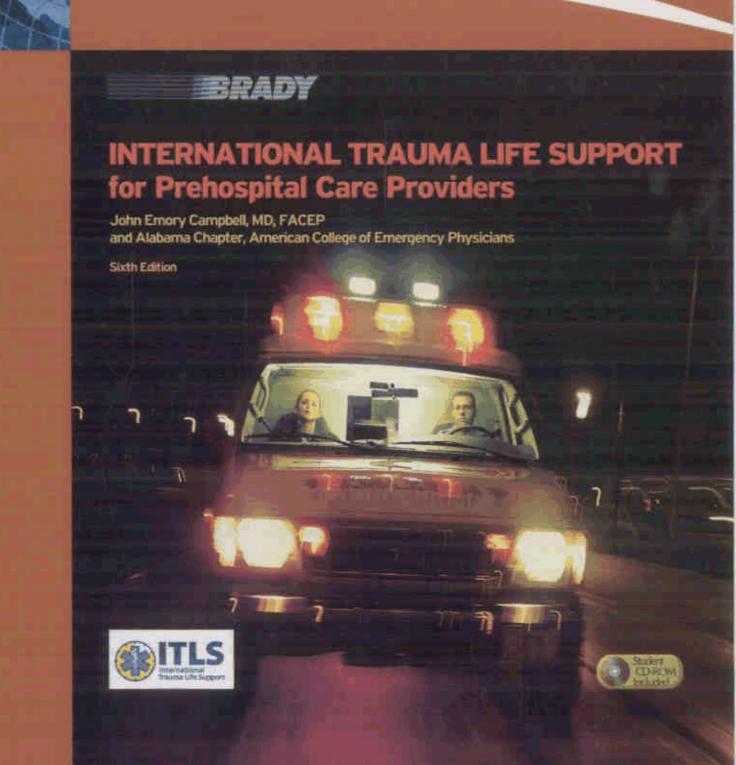


## Pearson International Edition



# Contents

ABOUT THE EDITOR xii	Chapter 2 Assessment and Initial
AUTHORS xiii	Management of the Trauma Patient 27
WHAT'S NEW IN THIS EDITION XV	Objectives • Case Study
ACKNOWLEDGMENTS xviii	Introduction 28
ABOUT ITLS xix	Patient Assessment 29
ITLS COURSE DESCRIPTIONS xxii	ITLS Primary Survey 29
ENROLLING IN AN ITLS COURSE xxiii	ITLS Secondary Survey 38
ENROLLING IN AN ITES COURSE XXIII	Procedure: Performing a Secondary Survey 38 ITLS Ongoing Exam 41
	Procedure: Performing an Ongoing Exam 41
Chapter 1 Scene Size-up 1	Case Study (continued) • Case Study Wrap-up •
Objectives • Case Study	Summary • Bibliography
Introduction 2	
Philosophy of Assessment and Management	Day to a second cities are
of the Trauma Patient 2	Chapter 3 Patient Assessment Skills 45
Scene Size-up 4	Objectives
Standard Precautions 4	Procedure: ITLS Primary Survey—Critical
Scene Safety 4	Information 46
Total Number of Patients 5	Procedure: ITLS Secondary Survey—Critical
Essential Equipment and Additional	Information 50
Resources 6 Mechanism of Injury 6	Procedure: ITLS Ongoing Exam—Critical Information 53
Motor-Vehicle Collisions 8	Procedure: Patient Assessment and
Head-on Collision 10	Management 54
T-Bone or Lateral-Impact Collision 12	Management 54
Rear-Impact Collision 13	
Rollaver Callision 14	Chapter 4 Initial Airway
Rotational Collision 15	
Occupant Restraint Systems 15	Management 58
Tractor Accidents 17	Objectives • Case Study
Small-Vehicle Crashes 18	Introduction 59
Pedestrian Injuries 19	Anatomy and Physiology 60
Falls 19	Nasopharynx 60
Penetrating Injuries 20	Oropharynx 60
Wound Ballistics 20	Hypopharynx 60
Blast Injuries 22	Larynx 61
Case Study (continued) • Case Study Wrap-up •	Trachea and Bronchi 62
Summary • Bibliography	The Lungs 64

The Patent Airway 64	Pathophysiology 96
Observation 65	Emergency Care of Chest Injuries 97
Suction 66	Airway Obstruction 97
Airway Adjuncts 67	Open Pneumothorax 97
Supplemental Oxygen 70	Procedure: Management of Open
Ventilation 71	Pneumothorax 99
Normal Ventilation 71	Flail Chest 99
Positive Pressure (Artificial) Ventilation 71	Procedure: Management of Flail
Compliance 72	Chest 101
Ventilation Techniques 73	Tension Pneumothorax 103
Airway Equipment 74	Procedure: Management of Tension
	Pneumothorax 104
Case Study (continued) • Case Study Wrap-up •	Massive Hemothorax 104
Summary • Bioliography	
	Procedure: Management of Massive Hemothorax 105
Chapter 5 Airway Management	Cardiac Tamponade 106
	Procedure: Management of Cardiac
Skills 78	
Objectives	Traumatic Aortic Rupture 107
Basic Airway Management 79	Procedure: Management of Potential Aortic
Procedure: Suctioning the Airway 79	Tears 108
Procedure: Inserting the Nasopharyngeal	Tracheal or Bronchial Tree Injury 108
Airway (NPA) 79	Myocardial Contusion 108
Procedure: Inserting the Oropharyngeal	Diaphragmatic Tears 109
Airway (OPA) 79	Procedure: Management of Diaphragmatic
Procedure: Using a Pocket Mask with	Rupture 109
Supplemental Oxygen 80	Pulmonary Contusion 109
Procedure: Using the Bag-Valve Mask 80	Other Chest Injuries 110
The Pulse Oximeter 80	Case Study (continued) • Case Study Wrap-up •
Advanced Airway Management 81	Summary • Bibliography
Preparations 81	
Laryngoscopic Orotracheal Intubation 82	
Procedure: Laryngoscopic Orotracheal	Chapter 7 Thoracic Trauma Skills 114
Intubation 83	
Nasotracheal Intubation 87	Objectives
Procedure: Nasotracheal Intubation 87	Chest Decompression 115
Immediate Confirmation of Tube	Indications 115
Placement 88	Complications 115
Procedure: Immediate Confirmation of Tube	Procedure: Performing a Chest
Placement 89	Decompression 115
Procedure: Reconfirming ET Tube	Bibliography
Position 90	
Procedure: Confirming and Monitoring ET	
Tube Placement with Capnography 92	Chapter 8 Shock Evaluation
Anchoring the Tube 93	——————————————————————————————————————
	and Management 118
	Objectives • Case Study
	Introduction 119
Chapter 6 Thoracic Trauma 94	<sup>1</sup> Basic Pathophysiology 119
Objectives • Case Study	Assessment and Shock 120
Introduction 95	Compensated and Decompensated
Anatomy of the Chest 95	Shock 121

Evaluation of Tachycardia 122 Capnography 123 The Shock Syndromes 123 Management and Treatment 128 General Management of Post-Traumatic Shock States 128 Treatment of Post-Traumatic Hemorrhage 129 Procedure: Managing Shock When Bleeding Has Been Controlled 129 Procedure: Managing Shock Due to Exsanguinating External Hemorrhage	Evaluation of the Head-Trauma Patient 150 ITLS Primary Survey 150 ITLS Secondary Survey 155 ITLS Ongoing Exam 155 Management of the Head-Trauma Patient 155 Procedure: Managing the Head-Trauma Patient 155 Case Study (continued) • Case Study Wrap-up • Summary • Bibliography
That You Cannot Control 130	
Procedure: Managing Shock Due to Internal	Chapter 11 Spinal Trauma 160
Hemorrhage 131	Objectives • Case Study
Special Situations in Hypovolemic	Introduction 161 The Normal Spinal Column and Cord 161
Shock 132	Spinal Column 161
Treatment of Nonhemorrhagic Shock Syndromes 133	Spinal Cord 162
-	Spinal Injury 164
Case Study (continued) • Case Study Wrap-up • Summary • Bibliography	Mechanisms of Blunt Spinal-Column
	Injury 164
	Mechanisms of Blunt Spinal-Cord
Chapter 9 Fluid Resuscitation Skills 136	Injury 164
Objectives	Neurogenic Shock 166
Cannulation of the External Jugular	Assessment and Management of the Trauma Patient 166
Vein 137	Assessing for Possible Spine Injury 166
Procedure: Performing External Jugular	Managing the Trauma Patient 167
Cannulation 137	Airway Intervention 175
Intraosseous Infusion 137	Special SMR Situations 175
Indications 137	Case Study (continued) • Case Study Wrap-up •
Potential Complications 138 Procedure: Performing Intraosseous Infusion	Summary • Bibliography
in a Child 138	
Length-Based Resuscitation Tapes 139	
Procedure: Estimating a Child's Weight with	Chapter 12 Spine Management
a Length-Based Resuscitation Tape 140	Skills 183
· ·	Objectives
	Essential Components of an SMR
Chapter 10 Head Trauma 141	System 184
Objectives • Case Study	Applying Spinal Motion Restrictions
Introduction 142	(SMR) 184
Anatomy of the Head 143	Patients Requiring SMR 184
Pathophysiology of Head Trauma 144	SMR with a Short Backboard 184
Primary and Secondary Brain Injuries 144	Procedure: Applying a Short
Intracranial Pressure 145	Backboard 184
Cerebral Herniation Syndrome 146	Emergency Rescue and Rapid Extrication 190
Head Injuries 147 Scalp Wounds 147	Procedure: Performing a Rapid
Skull Injuries 147	Extrication 191
Brain Injuries 148	SMR Using the Long Backboard 191

Procedure: Log-Rolling the Supine Patient onto a Long Backboard 194  Procedure: Log-Rolling the Prone Patient with an Adequate Airway onto a Long Backboard 197  Securing the Patient to the Backboard 198  Procedure: Applying and Securing a Long Backboard to a Standing Patient 198  Helmet Management 199  Procedure: Removing a Motorcycle Helmet from a Trauma Patient 199  Procedure: Alternative Procedure for Removing a Helmet 201  Bibliography	Skills 229  Objectives Traction Splints 230 Procedure: Applying a Thomas Traction Splint (Half-Ring Splint) 230 Procedure: Applying a Hare Traction Splint 231 Procedure: Applying a Sager Traction Splint 234 Pelvic Stabilization Techniques 234 Procedure: Stabilizing the Pelvis with a Sheet or Blanket 236 Procedure: Stabilizing the Pelvis with a Commercial Device 236
Chapter 13 Abdominal Trauma 203 Objectives • Case Study Introduction 204 Anatomy of the Abdomen 204 Types of Injuries 205 Assessment and Stabilization 206 Scene Size-up 206 Patient Assessment 207 Stabilization 207 Case Study (continued) • Case Study Wrap-up • Summary • Bibliography	Chapter 16 Burns 237  Objectives • Case Study Introduction 238  Anatomy and Pathophysiology 238  The Skin 238  Classifying Burns by Depth 239  Determining the Severity of Burns 240  Patient Assessment and Management 242  Patient Assessment 243  Patient Management 245  Special Problems in Burn  Management 245  Procedure: Removing the Source of Chemical Burns 249
Chapter 14 Extremity Trauma 211  Objectives • Case Study Introduction 212 Injuries to Extremities 212 Fractures 212 Dislocations 213 Amputations 214 Open Wounds 215	Case Study (continued) • Case Study Wrap-up • Summary • Bibliography  Chapter 17 Trauma in Children 258 Objectives • Case Study Introduction 259
Neurovascular Injuries 215 Impaled Objects 215 Compartment Syndrome 215 Assessment and Management 216 Scene Size-up and History 216 Assessment 216 Management of Extremity Injuries 216 Procedure: Rules of Splinting 217 Management of Specific Injuries 220 Case Study (continued) • Case Study Wrap-up • Summary • Bibliography	Communicating with the Child and Family 259 Parental Consent 261 Assessment and Care 261 Pediatric Equipment 261 Common Mechanisms of Injury 261 Assessment of the Airway 264 Assessment of Breathing 266 Assessment of Circulation 268 Control of Bleeding 269 The Critical Trauma Situation 269 ITLS Secondary Survey 271

Head Injury 271 Chest Injury 272 Abdominal Injury 273	Cardiopulmonary Arrest 306 Objectives • Case Study
Spinal Injury 273 Child Restraint Seats 273	Introduction 307 The Unsalvageable Patient 307
Case Study (continued) • Case Study Wrap-up • Summary • Bibliography	Hypoxemia 308 Circulatory Problems 310 Approach to Trauma Patients in Cardiac Arrest 311
Chapter 18 Trauma in the Elderly 278 Objectives • Case Study	General Plan of Action 311 Procedure: Initial Assessment and Critical Actions 312
Introduction 279 Pathophysiology of Aging 280 The Aging Body 280 Medications 281	Case Study (continued) • Case Study Wrap-up • Summary • Bibliography
Assessment and Management 282	Chapter 22 Standard Precautions in the
ITLS Primary Survey 283 Critical Transport Decisions 284	Prehospital Setting 315
Packaging and Transport 285 ITLS Secondary Survey and Ongoing Exams 285 Case Study (continued) • Case Study Wrap-up • Summary • Bibliography Chapter 19 Trauma in Pregnancy 288	
Objectives • Case Study Introduction 289 Pregnancy 290 Fetal Development 290 Physiological Changes During Pregnancy 290 Responses to Hypovolemia 291 Assessment and Management 292 Special Considerations 292 Types of Trauma 294 Trauma Prevention in Pregnancy 296 Case Study (continued) • Case Study Wrap-up •	Infectious Agents 321 Procedure: General Considerations 321 Procedure: Personal Protection During Patient Exposures 323 Procedure: Handling and Cleaning of Items Exposed to Blood or OPIM 323 Procedure: Reporting Accidental Exposure to Blood or OPIM 323 Case Study (continued) • Case Study Wrap-up • Summary • Bibliography
Summary • Bibliography	Appendix A Optional Skills 327 Optional Skill 1: Digital Intubation 327
Chapter 20 Patients Under the	Optional Skill 2: Transillumination (Lighted
Influence of Alcohol or Drugs 299	Stylet) 330
Objectives • Case Study Introduction 300	Optional Skill 3: Translaryngeal Jet Ventilation 333
Assessment and Management 300	Optional Skill 4: Pharyngotracheal Lumen

Airway 336

Optional Skill 5: Esophageal Tracheal Combitube 339

Chapter 21 The Trauma

Potentially Life-Threatening Injuries 271

The Uncooperative Patient 302

Case Study (continued) • Case Study Wrap-up • Summary • Bibliography

Optional Skill 6: King LT-D Airway 341 Optional Skill 7: Laryngeal Mask Airway 345 Optional Skill 8: Adult Intraosseous Infusion 348 Optional Skill 9: Rapid Sequence Intubation 351		Appendix E Role of the Medical Helicopter Objectives 377 Medical Helicopter Services 377 The Medical Helicopter and the Trauma Patient 378 ITES and the Medical Helicopter 379 Bibliography 379	
Appendix B Communications with the Receiving Hospital Objectives 356 Communication Basics 356 Four-Phase Communications Policy 356 Bibliography 361	ne 356	Appendix F Trauma Scoring in the Prehospital Care Setting Objectives 380 Trauma Scoring Systems 380 Uses for Trauma Scoring 380 Bibliography 383	380
Appendix C Documentation: The  Patient Care Record  Objectives 362 Introduction 362 The Narrative Report 362 Improving Documentation Skills 368 Important Points About the Written Report 368 Bibliography 370	362	Appendix G Drowning, Barotrauma and Decompression Injury Objectives 384 Drowning 385 Barotrauma 385 Decompression Sickness 387 Management of Diving Injuries 389 Bibliography 390	a, 384
Appendix D Trauma Care in the  Cold Objectives 371 Introduction 371 Cold Weather Trauma Care 371 Notes for Wilderness Rescuers 375 Bibliography 376	371	Appendix H Injury Prevention and Role of the EMS Provider  Objectives 391 The Injury Epidemic 391 The Injury Process 392 Injury Prevention and Control 395 Bibliography 399	the 391

## Appendix i Multicasualty Incidents

and Triage

400

Objectives 400

Disasters and Multicasualty Incidents 400

Triage 403

ITLS Recommendations 407

Bibliography 407

### Appendix J Agricultural Rescue Course

Overview

408

Objectives 408

Rescue on the Farm 408

Rural Rescue 409

Farm Trauma Is Unique 409

Teamwork Training 409

Tractor and Machinery Incidents 410

Farm Confined Spaces 410

Agricultural Rescue—An Opportunity 411

Bibliography 411

### Appendix K ITLS Access

Overview 412

Objectives 412

Bibliography 413

#### Appendix L Tactical EMS 414

Objectives 414

Introduction 414

What Is Tactical EMS? 415

Tactical EMS Models 417

Specific TEMS Equipment and Tactics 419

Evidence Preservation 426
Toxic Material Hazards 426

Special Issues 426

Additional Resources for TEMS Training 427

Bibliography 428

GLOSSARY 429

INDEX 433