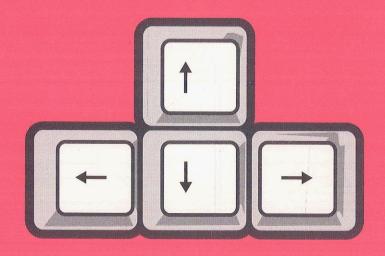
ONLINE COUNSELLING AND GUIDANCE SKILLS

A Practical Resource for Trainees and Practitioners



JANE EVANS



CONTENTS

Foreword Preface		v vii
A	cknowledgements	xii
Introduction		1
PA	ART I PRACTICAL SKILLS	11
1	The foundations: a framework for practice when using online counselling skills	13
2	Establishing an online presence and online relationship	30
3	Online expression	55
4	Online listening, attunement and attending to the client	76
5	Establishing and maintaining an open dialogue	99
PART II PROFESSIONAL CONSIDERATIONS		121
6	Online assessment and contracting	123
7	Professional considerations in online practice	143
8	Professional guidelines for online practice	159
Conclusion		177
Index		187