Elizabeth M. Varcarolis Margaret Jordan Halter

Essentials of Psychiatric Mental Health Nursing

A Communication Approach to Evidence-Based Care





CONTENTS

UNIT ONE ESSENTIAL THEORETICAL CONCEPTS FOR PRACTICE

Practicing the Science and Art of Psychiatric Nursing, 2

Elizabeth M. Varcarolis

THE SCIENCE OF NURSING: FINDING THE EVIDENCE FOR THE PRACTICE, 3

The Research-Practice Gap, 6

THE ART OF NURSING: DEVELOPING THE SKILLS FOR THE PRACTICE, 6

Caring, 6 Attending, 8 Patient Advocacy, 8

2 Mental Health and Mental Illness, 11

Elizabeth M. Varcarolis
[ulius Trubowitz]

CONCEPTS OF MENTAL HEALTH AND ILLNESS,

EPIDEMIOLOGY AND PREVALENCE OF MENTAL DISORDERS, 13

MENTAL ILLNESS AND POLICY ISSUES, 14

MEDICAL DIAGNOSIS AND NURSING DIAGNOSIS OF MENTAL ILLNESS, 16

Medical Diagnoses and the *DSM-IV-TR*, 16 Nursing Diagnoses and NANDA International, 18

INTRODUCTION TO CULTURE AND MENTAL ILLNESS, 20

3 Theories and Therapies, 24

Margaret Jordan Halter

PROMINENT THEORIES AND THERAPEUTIC MODELS, 25

Psychoanalytic Theory, 25 Interpersonal Theory, 26 Behavioral Theories, 29 Cognitive Theory, 30

OTHER MAJOR THEORIES, 31

Cognitive Development, 31
Theory of Psychosocial Development, 32

Humanistic Theory, 32 Theory of Object Relations, 34 Theories of Moral Development, 34 Ethics of Care Theory, 35

MODELS, THEORIES, AND THERAPIES IN CURRENT PRACTICE, 35

Biological Model, 35 Nursing Model, 36 Historical Influences, 37 Therapies for Specific Populations, 37

4 Biological Basis for Understanding Psychopharmacology, 45

Dorothy A. Varchol John Raynor

BRAIN STRUCTURES AND FUNCTIONS, 46

Cerebrum, 46 Thalamus, 48 Hypothalamus, 48 Brainstem, 49 Cerebellum, 50

NEUROIMAGING OF BRAIN STRUCTURE AND FUNCTION, 50

CELLULAR COMPOSITION OF THE BRAIN, 52

Neurons, 52 Neurotransmitters, 53

HOW THE PSYCHOTROPICS WORK, 55

Interaction of Neurons, Neurotransmitters, and Receptors, 55

ANTIPSYCHOTIC DRUGS, 57

Standard Antipsychotics, 57 Atypical Antipsychotics, 59

MOOD STABILIZERS, 60

Lithium, 60 Anticonvulsants, 60

ANTIDEPRESSANT DRUGS, 61

Monoamine Oxidase Inhibitors, 61 Tricyclic Antidepressants (TCAs), 62 Selective Serotonin Reuptake Inhibitors (SSRIs), 62

Atypical or Novel Antidepressants, 63

ANTIDEPRESSION TREATMENT OF CONDITIONS ASSOCIATED WITH

ANXIETY, 63

ANTIANXIETY OR ANXIOLYTIC DRUGS, 63

PHARMACOGENOMICS AND PHARMACOGENETICS, 64

Cultural Considerations, 64

UNIT TWO TOOLS FOR PRACTICE OF THE ART

Nursing Process: The Foundation for Safe and Effective Care, 70

Elizabeth M. Varcarolis

STANDARD 1: ASSESSMENT, 71

Age Considerations, 71

Psychiatric Nursing Assessment, 73

STANDARD 2: DIAGNOSIS, 77

Formulating a Nursing Diagnosis, 77

STANDARD 3: OUTCOMES IDENTIFICATION, 78

Determining Outcomes, 78

STANDARD 4: PLANNING, 80

Interventions Planning, 81

STANDARD 5: IMPLEMENTATION, 81

Basic Level and Advanced Practice Interventions, 82

Advanced Practice Interventions Only, 82

STANDARD 6: EVALUATION, 82 DOCUMENTATION, 83

6 Communication Skills: Medium for All Nursing Practice, 87

Elizabeth M. Varcarolis

COMMUNICATION, 88

The Communication Process, 88
Verbal Communication, 90
Nonverbal Communication, 90
Interaction of Verbal and Nonverbal
Communication, 90

EFFECTIVE COMMUNICATION SKILLS FOR NURSES, 91

Use of Silence, 92 Active Listening, 92 Clarifying Techniques, 93

NONTHERAPEUTIC TECHNIQUES, 94

Asking Excessive Questions, 94
Giving Approval or Disapproval, 94
Advising, 98
Asking "Why" Questions, 98

COMMUNICATION AND CULTURE: NEGOTIATING BARRIERS, 99

Communication Styles, 99 Eye Contact, 99 Touch, 100

Cultural Filters, 100

EVALUATION OF CLINICAL SKILLS, 100

7 Therapeutic Relationships and the Clinical Interview, 104

Elizabeth M. Varcarolis

NURSE-PATIENT RELATIONSHIPS, 105

Therapeutic Versus Other Types of Relationships, 105 Establishing Relationship Boundaries, 107 Phases of the Nurse-Patient Relationship, 108

What Hinders and What Helps, 114 Factors That Enhance Growth, 115

THE CLINICAL INTERVIEW, 117

Preparing for the Interview, 117
Introductions, 117
Initiating the Interview, 117
Tactics to Avoid, 118
Helpful Guidelines, 118
Attending Behaviors: The Foundation of
Interviewing, 118
Clinical Supervision and Process Recordings,
119

VALUES, CULTURAL INFLUENCES, AND THE THERAPEUTIC RELATIONSHIP, 120

UNIT THREE CARING FOR PATIENTS WITH PSYCHOBIOLOGICAL DISORDERS

8 Anxiety and Anxiety Disorders, 126

Elizabeth M. Varcarolis

ANXIETY, 127

LEVELS OF ANXIETY, 128

Mild Anxiety, 128 Moderate Anxiety, 129 Severe Anxiety, 130 Panic Level of Anxiety, 130

INTERVENTIONS, 130

Mild to Moderate Levels of Anxiety, 130 Severe to Panic Levels of Anxiety, 130

DEFENSE MECHANISMS, 131

Healthy Defenses, 133 Intermediate Defenses, 133 Immature Defenses, 134

ANXIETY DISORDERS, 135

PREVALENCE AND COMORBIDITY, 135 THEORY, 135 CULTURAL CONSIDERATIONS, 137 CLINICAL PICTURE, 137 Panic Disorders, 137
Panic Disorder with Agoraphobia, 137
Phobias, 138
Obsessive-Compulsive Disorder (OCD), 139
Generalized Anxiety Disorder, 139
Posttraumatic Stress Disorder, 140
Acute Stress Disorder, 140
Anxiety Caused by Medical Conditions, 140

APPLICATION OF THE NURSING PROCESS, 141 ASSESSMENT, 141

Defenses Used in Anxiety Disorders, 141
DIAGNOSIS, 142
OUTCOMES IDENTIFICATION, 142
PLANNING, 142

Symptoms of Anxiety, 141

IMPLEMENTATION, 143

Communication Guidelines, 143
Health Teaching and Health Promotion, 143
Milieu Therapy, 146
Pharmacological, Biological, and Integrative

EVALUATION, 149

9 Somatoform and Dissociative Disorders, 152

Therapies, 146

Elizabeth M. Varcarolis
Helene (Kay) Charron

SOMATOFORM DISORDERS, 153 PREVALENCE AND COMORBIDITY, 153 THEORY, 155

Genetic and Familial Factors, 155 Learning and Sociocultural Factors, 155 Psychodynamic Theory, 155 Interpersonal Model, 155

CULTURAL CONSIDERATIONS, 155 CLINICAL PICTURE, 156

Somatization Disorder, 157 Hypochondriasis, 157 Pain Disorder, 157 Body Dysmorphic Disorder, 157 Conversion Disorder, 157

APPLICATION OF THE NURSING PROCESS, 158 ASSESSMENT, 158

Symptoms and Unmet Needs, 158
Voluntary Control of Symptoms, 158
Secondary Gains, 158
Cognitive Style, 159
Ability to Communicate Feelings and
Emotional Needs, 159
Dependence on Medication, 159

DIAGNOSIS, 159 OUTCOMES IDENTIFICATION, 159 PLANNING, 159 IMPLEMENTATION, 160

Communication Guidelines, 160
Health Teaching and Health Promotion, 160
Case Management, 161

Pharmacological, Biological, and Integrative Therapies, 162

EVALUATION, 162

DISSOCIATIVE DISORDERS, 162

PREVALENCE AND COMORBIDITY, 163 THEORY, 163

Biological Factors, 163 Genetic Factors, 163 Psychosocial Factors, 163

CULTURAL CONSIDERATIONS, 163 CLINICAL PICTURE, 164

Depersonalization Disorder, 164 Dissociative Amnesia, 164 Dissociative Fugue, 165 Dissociative Identity Disorder, 165

APPLICATION OF THE NURSING PROCESS, 167 ASSESSMENT, 167

Medical Workup, 167 Identity and Memory, 167 Patient History, 167 Mood, 167 Use of Alcohol and Other Drugs, 167 Effect on Patient and Family, 167 Suicide Risk, 168

DIAGNOSIS, 168

OUTCOMES IDENTIFICATION, 168 PLANNING, 168

IMPLEMENTATION, 168

Communication Guidelines, 169
Health Teaching and Health Promotion, 169
Milieu Therapy, 169
Pharmacological, Biological, and Integrative
Therapies, 173

EVALUATION, 173

10 Personality Disorders, 177

Elizabeth M. Varcarolis

PREVALENCE AND COMORBIDITY, 178

Co-occurring Disorders, 179

THEORY, 179

Genetic Factors, 179 Neurobiological Factors, 179 Psychological Influences, 179 Cultural Considerations, 179

CLINICAL PICTURE, 179

DSM-IV-TR Cluster A Disorders-Odd or

Eccentric Behavior, 179

DSM-IV-TR Cluster B Disorders-Dramatic,

Emotional, or Erratic, 181

DSM-IV-TR Cluster C Disorders-Anxious or

Fearful Behaviors, 184

APPLICATION OF THE NURSING PROCESS, 185 **ASSESSMENT, 185**

Primitive Defenses, 185 Assessment Tools, 186

DIAGNOSIS, 187

OUTCOMES IDENTIFICATION, 188

PLANNING, 188

IMPLEMENTATION, 188

Communication Guidelines, 188

Milieu Therapy, 188

Pharmacological, Biological, and Integrative

Therapies, 192

EVALUATION, 192

11 Eating Disorders, 195

Kathleen Ibrahim

PREVALENCE AND COMORBIDITY, 196 THEORY, 196

Neurobiological and Neuroendocrine

Models, 196

Genetic Models, 197

Psychological Models, 197

CULTURAL CONSIDERATIONS, 197

CLINICAL PICTURE, 197

APPLICATION OF THE NURSING PROCESS:

ANOREXIA NERVOSA, 197

ASSESSMENT, 197

DIAGNOSIS, 200

OUTCOMES IDENTIFICATION, 201

PLANNING, 201

IMPLEMENTATION, 201

Acute Care, 201

Communication Guidelines, 201

Health Teaching and Health Promotion, 202

Milieu Therapy, 204

Psychotherapy, 204

Pharmacological, Biological, and Integrative

Therapies, 205

Long-Term Treatment, 205

EVALUATION. 205

APPLICATION OF THE NURSING PROCESS:

BULIMIA NERVOSA, 205

ASSESSMENT, 205

DIAGNOSIS, 206

OUTCOMES IDENTIFICATION, 206

PLANNING, 206

IMPLEMENTATION, 206

Acute Care, 206

Communication Guidelines, 207

Milieu Therapy, 207

Health Teaching and Health Promotion, 207

Psychotherapy, 208

Pharmacological, Biological, and Integrative

Therapies, 208

EVALUATION, 208

BINGE EATING DISORDER, 208

12 Mood Disorders: Depression, 212

Elizabeth M. Varcarolis

PREVALENCE AND COMORBIDITY, 213

Children and Adolescents, 213

Older Adults, 213

THEORY, 213

Biological Theories, 214

Psychodynamic Influences and Life Events,

216

Cognitive Theory, 217

Learned Helplessness, 217

CULTURAL CONSIDERATIONS, 217

CLINICAL PICTURE, 217

Major Depressive Disorder, 217

Dysthymia, 220

APPLICATION OF THE NURSING PROCESS, 220

ASSESSMENT, 220

Assessment Tools, 220

Assessment of Suicide Potential, 221

Areas to Assess, 221

DIAGNOSIS, 223

OUTCOMES IDENTIFICATION, 223

PLANNING, 223

IMPLEMENTATION, 223

Communication Guidelines, 223

Health Teaching and Health Promotion, 225

Milieu Therapy, 225

Psychotherapy, 228

Group Therapy, 228

Pharmacological, Biological, and Integrative

Therapies, 228

EVALUATION, 240

13 Mood Disorders: Bipolar, 245

Elizabeth M. Varcarolis

PREVALENCE AND COMORBIDITY, 246

THEORY, 246

Biological Theories, 246 Neurobiological Factors, 247 Psychological Influences, 247

CULTURAL CONSIDERATIONS, 247

CLINICAL PICTURE, 247

APPLICATION OF THE NURSING PROCESS, 248 **ASSESSMENT, 248**

Level of Mood, 250 Behavior, 250 Thought Processes, 252 Cognitive Function, 253

DIAGNOSIS, 254

OUTCOMES IDENTIFICATION, 254

Phase I: Acute Phase (Acute Mania), 254 Phase II: Continuation of Treatment Phase.

Phase III: Maintenance Treatment Phase,

255

PLANNING, 255

Acute Phase, 256 Continuation Phase, 256 Maintenance Phase, 256

IMPLEMENTATION>256

Acute Phase, 256 Pharmacological, Biological, and Integrative Therapies, 259 Continuation Phase, 265 Maintenance Phase, 266

EVALUATION, 267

14 The Schizophrenias, 270

Elizabeth M. Varcarolis

PREVALENCE AND COMORBIDITY, 271 THEORY, 272

Neurobiological Factors, 272 Genetic Factors, 273 Neuroanatomical Factors, 274 Nongenetic Risk Factors, 274

CULTURAL CONSIDERATIONS. 274 CLINICAL PICTURE, 274 APPLICATION OF THE NURSING PROCESS, 274 **ASSESSMENT, 274**

Subtypes of Schizophrenia, 274 Course of the Disease, 277 Treatment-Relevant Dimensions of Schizophrenia, 278

DIAGNOSIS, 284

OUTCOMES IDENTIFICATION, 284

Phase I (Acute), 284 Phase II (Maintenance) and Phase III (Stabilization), 284

PLANNING, 284

Phase I (Acute), 284 Phase II (Maintenance) and Phase III (Stabilization), 285

IMPLEMENTATION, 286

Phase I (Acute), 286

Phase II (Maintenance) and Phase III (Stabilization), 286

Communication Guidelines, 287

Health Teaching and Health Promotion, 289

Milieu Therapy, 291

Psychotherapy, 292

Pharmacological, Biological, and Integrative Therapies, 292

EVALUATION, 297

15 Cognitive Disorders, 302

Elizabeth M. Varcarolis

PREVALENCE AND COMORBIDITY, 303 THEORY, 303

Alzheimer's Disease, 303

CULTURAL CONSIDERATIONS, 303 CLINICAL PICTURE, 304

Delirium, 304 Dementia, 306

APPLICATION OF THE NURSING PROCESS:

DELIRIUM, 308 **ASSESSMENT, 308**

Cognitive and Perceptual Disturbances, 308

Physical Needs, 308

Moods and Physical Behaviors, 309

DIAGNOSIS, 309

OUTCOMES IDENTIFICATION, 310

IMPLEMENTATION, 311

EVALUATION, 311

APPLICATION OF THE NURSING PROCESS:

DEMENTIA, 311

ASSESSMENT, 311

Assessment for Stage of the Disease, 313 Diagnostic Tests for Dementia, 315

DIAGNOSIS, 316

OUTCOMES IDENTIFICATION, 316

PLANNING, 316

IMPLEMENTATION, 317

Communication Guidelines, 318 Health Teaching and Health Promotion, 319

Milieu Therapy, 321

Pharmacological, Biological, and Integrative Therapies, 321

EVALUATION, 325

16 Addictive Disorders, 328

Elizabeth M. Varcarolis

Kathleen Smith-DiJulio

PREVALENCE AND COMORBIDITY, 329

Prevalence of Substance Abuse, 329 Psychiatry Comorbidity, 331 Medical Comorbidity, 332

THEORY, 332

Biological Theories, 334 Psychological Theories, 335

CULTURAL CONSIDERATIONS, 335

Special Populations, 335

CLINICAL PICTURE, 336

Tolerance and Withdrawal, 337

Flashbacks, 337 Codependence, 337 Synergistic Effects, 338 Antagonistic Effects, 338

APPLICATION OF THE NURSING PROCESS, 338 ASSESSMENT, 338

Initial Interview Guidelines, 340 Further Initial Assessment, 340 Psychological Changes, 340

Signs of Intoxication and Withdrawal, 341

DIAGNOSIS, 347 OUTCOMES IDENTIFICATION, 347 PLANNING, 347 IMPLEMENTATION, 348

Communication Guidelines, 349
Health Teaching and Health Promotion, 349
Psychotherapy and Therapeutic Modalities,
353

Pharmacological, Biological, and Integrative Therapies, 354

EVALUATION, 354

UNIT FOUR

COMMUNICATING WITH AND PLANNING CARE FOR PATIENTS EXPERIENCING PSYCHIATRIC EMERGENCIES

17 Crisis and Disaster, 362

Elizabeth M. Varcarolis

PREVALENCE AND COMORBIDITY, 363 THEORY, 363 CLINICAL PICTURE, 366 Types of Crisis, 366 Phases of Crisis, 367

APPLICATION OF THE NURSING PROCESS, 368 ASSESSMENT, 368

Assessing the Patient's Perception of the Precipitating Event, 368

Assessing the Patient's Situational Supports, 368

Assessing the Patient's Personal Coping Skills, 369

DIAGNOSIS, 369

OUTCOMES IDENTIFICATION, 370

PLANNING, 370

IMPLEMENTATION, 371

Levels of Nursing Care, 372

EVALUATION, 376

18 Child, Partner, and Elder Abuse, 379

Elizabeth M. Varcarolis

THEORY, 380

Social Learning Theory, 380 Societal and Cultural Factors, 380 Psychological Factors, 381

CHILD ABUSE, 381

APPLICATION OF THE NURSING PROCESS, 383 ASSESSMENT, 383

Child, 383

Parent or Caregiver, 383

DIAGNOSIS AND OUTCOMES IDENTIFICATION, 384

IMPLEMENTATION, 384

Follow-up Care, 384 Primary Prevention, 384

INTIMATE PARTNER VIOLENCE, 385

CHARACTERISTICS OF INTIMATE PARTNER VIOLENCE, 386

The Battered Partner, 386

The Batterer, 386

Cycle of Violence, 386

Why Abused Partners Stay, 387

APPLICATION OF THE NURSING PROCESS, 387 ASSESSMENT, 387

DIAGNOSIS AND OUTCOMES IDENTIFICATION, 393

IMPLEMENTATION, 394

ELDER ABUSE, 394

CHARACTERISTICS OF ELDER ABUSE, 394

The Abused Elder, 394

The Abuser, 395

APPLICATION OF THE NURSING PROCESS, 395 ASSESSMENT, 395

DIAGNOSIS AND OUTCOMES IDENTIFICATION, 395

IMPLEMENTATION, 395 EVALUATION, 396

19 Sexual Assault, 399

Elizabeth M. Varcarolis

PREVALENCE AND COMORBIDITY, 400 CULTURAL CONSIDERATIONS, 400 THEORY, 401

The Person Vulnerable to Sexual Assault,

The Perpetrator of Sexual Assault, 402

APPLICATION OF THE NURSING PROCESS, 402 ASSESSMENT, 402

DIAGNOSIS, 403

Rape-Trauma Syndrome, 403

OUTCOMES IDENTIFICATION, 404

Short-Term Goals, 404 Long-Term Goals, 404

IMPLEMENTATION, 404

Pharmacological, Biological, and Integrative Therapies, 406 Psychotherapy, 408

EVALUATION, 408

20 Suicidal Thoughts and Behaviors, 411

Elizabeth M. Varcarolis

PREVALENCE AND COMORBIDITY, 412 THEORY, 412

Risk Factors for Suicide, 413

CULTURAL CONSIDERATIONS, 415
APPLICATION OF THE NURSING PROCESS, 415
ASSESSMENT, 415

Verbal Clues, 415 Behavioral Clues, 415 Lethality of Plan, 416

DIAGNOSIS, 416

OUTCOMES IDENTIFICATION AND PLANNING, 416

IMPLEMENTATION, 416

Communication Guidelines, 417 Psychotherapy, 417 Postvention, 417

21 Anger and Aggression, 424

Elizabeth M. Varcarolis

Carrol Alverez

PREVALENCE AND COMORBIDITY, 425 THEORY, 425

Neurobiological Factors, 425 Genetic Factors, 427 Cultural Considerations, 427

APPLICATION OF THE NURSING PROCESS, 427 ASSESSMENT, 427 DIAGNOSIS, 428 OUTCOMES IDENTIFICATION, 429 PLANNING, 429

IMPLEMENTATION, 429

Ensuring Safety, 429
Staging of the Violence Cycle, 430
Critical Incident Debriefing, 435

Documentation of a Violent Episode, 435
Anticipating Increased Anxiety and Anger in

Hospital Settings, 436

Anxiety Reduction Techniques, 437 Interventions for Patients with Cognitive Deficits, 437

Psychotherapy, 438

Pharmacological, Biological, and Integrative Therapies, 439

EVALUATION, 439

22 Grief and Loss, 442

Elizabeth M. Varcarolis

DISENFRANCHISED GRIEF, 444 GRIEF ENGENDERED BY PUBLIC TRAGEDY, 444 THEORY, 444

Shock and Disbelief, 445 Development of Awareness, 445 Restitution, 446

APPLICATION OF THE NURSING PROCESS, 446 ASSESSMENT, 446 DIAGNOSIS, 448

Grieving, 448

Complicated Grieving or Risk for Complicated Grieving, 448

OUTCOMES IDENTIFICATION, 449 PLANNING, 450

IMPLEMENTATION, 450

Communication Guidelines, 450 Psychotherapy, 451

EVALUATION, 451

UNIT FIVE

COMMUNICATING WITH AND PLANNING CARE FOR CLIENTS WITH DISCRETE NEEDS

23 Children and Adolescents, 460

Cherrill W. Colson

PREVALENCE AND COMORBIDITY, 461 THEORY, 461

Genetic Factors, 461 Biochemical Factors, 461 Environmental Factors, 461

RESILIENCY, 461

MENTAL HEALTH ASSESSMENT, 462

MENTAL RETARDATION, 463

DIAGNOSIS, 463

PERVASIVE DEVELOPMENTAL DISORDERS, 463

AUTISTIC DISORDER, 464 ASPERGER'S SYNDROME, 464

ASSESSMENT, 464 DIAGNOSIS, 464

IMPLEMENTATION, 464

ANXIETY DISORDERS, 465

SEPARATION ANXIETY DISORDER, 465 POSTTRAUMATIC STRESS DISORDER, 465

ASSESSMENT, 466 DIAGNOSIS, 466

IMPLEMENTATION, 466

MOOD DISORDERS, 466

ASSESSMENT, 467

DIAGNOSIS, 467

IMPLEMENTATION, 467

ATTENTION DEFICIT HYPERACTIVITY **DISORDER AND DISRUPTIVE BEHAVIOR**

DISORDERS, 467

ATTENTION DEFICIT HYPERACTIVITY

DISORDER, 467

DISRUPTIVE BEHAVIOR DISORDERS, 468

Oppositional Defiant Disorder, 468

Conduct Disorder, 468

ASSESSMENT, 468

DIAGNOSIS, 469

IMPLEMENTATION, 469

TOURETTE'S DISORDER, 470

ASSESSMENT, 470

IMPLEMENTATION, 470

THERAPEUTIC MODALITIES FOR CHILD AND

ADOLESCENT DISORDERS, 470

24 Adults, 475

Edward A. Herzog

SEVERE AND PERSISTENT MENTAL

ILLNESS, 476

UNDERSTANDING SEVERE AND PERSISTENT MENTAL ILLNESS, 476

Extent of the Problem, 476

Issues Facing Those with Severe and

Persistent Mental Illness, 477

Issues Affecting Society and the Individual, 478

APPLICATION OF THE NURSING PROCESS. 479

ASSESSMENT, 479

DIAGNOSIS, 479

OUTCOMES IDENTIFICATION, 479

IMPLEMENTATION, 479

Pharmacological, Biological, and Integrative Therapies, 481

IMPULSE CONTROL DISORDERS, 482

THEORY, 482

Biological Factors, 482

Genetic Factors, 482

Psychological Factors, 482

CLINICAL PICTURE, 483

Effect on Individuals, Families, and Society,

APPLICATION OF THE NURSING PROCESS. 484

ASSESSMENT, 484

DIAGNOSIS, 484

OUTCOMES IDENTIFICATION, 484

IMPLEMENTATION, 484

Pharmacological, Biological, and Integrative Therapies, 484

SEXUAL DISORDERS, 485

THEORY, 486

Biological Factors, 486

Psychological Factors, 486

CLINICAL PICTURE, 486

Effect on Individuals, Families, and Society,

APPLICATION OF THE NURSING PROCESS, 488

ASSESSMENT, 488

DIAGNOSIS, 488

OUTCOMES IDENTIFICATION, 488

IMPLEMENTATION, 488

Pharmacological, Biological, and Integrative Therapies, 488

ADULT ATTENTION DEFICIT HYPERACTIVITY DISORDER, 490

PREVALENCE AND COMORBIDITY, 490 THEORY, 491

Genetic Factors, 491 Biological Factors, 491 Psychological Factors, 491

CLINICAL PICTURE, 491

Effect on Individuals, Families, and Society, 491

APPLICATION OF THE NURSING PROCESS, 492
ASSESSMENT, 492
DIAGNOSIS, 492
OUTCOMES IDENTIFICATION, 492
IMPLEMENTATION, 492

Pharmacological, Biological, and Integrative Therapies, 492

25 Older Adults, 497

Elizabeth M. Varcarolis
Sally K. Holzapfel

AGEISM, 498

Ageism Among Health Care Workers, 498

ASSESSMENT AND COMMUNICATION STRATEGIES, 499

PSYCHIATRIC DISORDERS IN OLDER ADULTS, 501

DEPRESSION, 502

Antidepressant Therapy, 503 Psychotherapy, 504

SUICIDE, 504

Assessment of Suicide Risk, 505 Right to Die, 506

ALCOHOLISM AND SUBSTANCE ABUSE, 506

Alcoholism, 506

Substance Abuse, 509

ACQUIRED IMMUNODEFICIENCY SYNDROME AND AIDS-RELATED DEMENTIA, 509

LEGAL AND ETHICAL ISSUES THAT AFFECT THE MENTAL HEALTH OF OLDER ADULTS, 510

USE OF RESTRAINTS, 510

Physical Restraints, 510 Chemical Restraints, 511

CONTROL OF THE DECISION-MAKING PROCESS, 511

Patient Self-Determination Act, 511 Nursing Role in the Decision-Making Process, 512

UNIT SIX

CARING FOR PATIENTS WITHIN THE CONTEXT OF THE MENTAL HEALTH CARE SYSTEM

26 Legal and Ethical Basis for Practice, 518

Penny Simpson Brooke

LEGAL AND ETHICAL CONCEPTS, 519 MENTAL HEALTH LAWS, 519

Civil Rights, 520

ADMISSION AND DISCHARGE PROCEDURES, 520

Due Process in Civil Commitment, 520 Admission to the Hospital, 520 Discharge from the Hospital, 521

PATIENTS' RIGHTS UNDER THE LAW, 522

Right to Treatment, 522
Right to Refuse Treatment, 522
Right to Informed Consent, 522
Right Surrounding Involuntary Commitment
and Psychiatric Advance Directives, 523
Rights Regarding Restraint and Seclusion,
524

MAINTENANCE OF PATIENT CONFIDENTIALITY, 524

Ethical Considerations, 524 Legal Considerations, 525

TORT LAW APPLIED TO PSYCHIATRIC SETTINGS, 527

Common Liability Issues, 527 Violence, 527 Negligence/Malpractice, 529

DETERMINATION OF A STANDARD OF CARE, 529

Guidelines for Nurses Who Suspect Negligence, 530 Duty to Intervene and Duty to Report, 530 Unethical or Illegal Practices, 531

DOCUMENTATION OF CARE, 531

Purpose of Medical Records, 531
Facility Use of Medical Records, 531
Medical Records as Evidence, 531
Nursing Guidelines for Computerized
Charting, 532

FORENSIC NURSING. 532

CONTENTS # ® •

27 Settings for Psychiatric Care, 535

Margaret Jordan Halter

BACKGROUND, 536 OUTPATIENT CARE SETTINGS, 537

Role of Nurses in Outpatient Care Settings, 538

INPATIENT CARE SETTINGS, 539

State Acute Care System, 541 General Hospital Psychiatric Units and Private Psychiatric Hospital Acute Care, 542

Role of Psychiatric Nurses in Inpatient Care Settings, 542

SPECIALTY TREATMENT SETTINGS, 542

Pediatric Psychiatric Care, 542
Geriatric Psychiatric Care, 543
Veterans Administration Centers, 543
Forensic Psychiatric Care, 543
Alcohol and Orug Abuse Treatment, 543
Self-Help Options, 543

PAYING FOR MENTAL HEALTH CARE, 543 A VISION FOR MENTAL HEALTH CARE IN AMERICA, 544

APPENDICES

- A DSM-IV-TR Classification, 547
- B NANDA-International-Approved Nursing Diagnoses, 557
- C Answers to Chapter Review Questions, 560

GLOSSARY, 562

INDEX, 577