Creative Approaches to Physical Education

Helping children to achieve their true potential



Edited by Jim Lavin

Contents

	List of illustrations	viii
	List of contributors	X
	Acknowledgements	xii
	Foreword	xiii
	Preface	xiv
1	The creative agenda and its relationship to physical education	1
	The nature of creativity in school 3	
	The relationship of physical education to creativity 4	
	Physical education teachers' understanding of creativity 4	
	Teaching styles appropriate to the creativity agenda 5	
	The distinction between creative teachers and creative learners in the physical education context 7	
	Do pupils need prior learning in order to be creative? 7	
	Alternative approaches to learning 8	
	The acceptance of creative approaches 10	
2	Creative games at Key Stages 2 and 3: moving the goal posts JIM LAVIN	12
	Part 1: the teaching for creativity approach 12	
	Part 2: creative teaching in physical education in Key Stages 2 and 3 22	
	Conclusion 27	
3	Teaching dance: a framework for creativity	29
	GLENN SWINDLEHURST AND ALISON CHAPMAN	
	Introduction 29	
	What is dance and why teach it? 29	
	Dance at Key Stage 2 (Glenn Swindlehurst) 30	
	The development of dance in the curriculum 30	

Dance and movement 30	
The creative dance process 31	
Using professional dance works to teach dance at Key Stage 3 (Alison Chapman) 41	ı
Dance and the Key Stage 3 Programme of Study 42	
Being creative through dance 43	
Using professional dance performances as a framework to study dance at Key Stage 3 43	ce e
A few guidelines to help you use recorded dance effectively 45 Professional dance and the National Curriculum 46	
Creativity and gymnastics	55
LAWRY PRICE	
Values and principles 55	
Developing a rationale for gymnastics teaching 57	
National Curriculum physical education – gymnastic activities 59	
Teaching strategies for gymnastic activities - help and hindrances to progressive learning 63	
First gymnastics lessons with new classes 64	
Extracurricular work – the school gym club 68	
Ideas for promoting a gymnastics movement vocabulary and teaching through themes 69	g
Assessment criteria - applicable at Key Stages 2 and 3 75	
Keeping records 75	
Equipment 77	
Creative approaches to promoting healthy, active lifestyles JO HARRIS	79
Introduction 79	
Creative teaching and learning 79	
A whole-school approach to the promotion of healthy, active lifestyles 81	
The contribution of the physical education curriculum to the promotion of healthy, active lifestyles 84	
Cross-curricular links and thematic approaches 85	
Conclusion 90	
Information and communications technology in physical education:	an
innovative teaching and learning approach	92
NIGEL CLARKE	
Introduction 92	
Reasons for employing the use of ICT in PE 92	

	Examples of current ICT use to support teaching and learning in PE 94	
	An opportunity to change the way we teach? 99	
	Recommendations 106	
	Five top tips 106	
7	Creativity and outdoor education: how dare you RICHARD LEMMEY	108
	Preparation for planning 110 Problem-solving 113 Metaphorical planning 115	
8	Cross-curricular Key Stage 2 physical education: moving to learn GLENN SWINDLEHURST	118
	Introduction 118 Dance activities, narrative writing and theme-based planning 119 ICT – writing for different audiences 128 Science: QCA Unit 4A – Moving and growing 129 Personal, social and health education: Managing my feelings 129 Art: QCA Unit 4A – Viewpoints 129 Design and technology: QCA Unit 3C – Moving monsters 130 Games activities and non-fiction writing 130 Gymnastic activities and ICT 133 Outdoor adventurous activities and science 136 Athletics activities in mathematics and ICT 140	
9	Creativity matters PATRICK SMITH	142
	Index	149