

Leddy & Pepper's

Conceptual Bases *of* Professional Nursing

SEVENTH EDITION

Lucy J. Hood



Wolters Kluwer
Health

Lippincott
Williams & Wilkins

thePoint 

Contents

SECTION I	Exploring Professional Nursing	1
CHAPTER 1	The Professional Nurse	2
	Characteristics of Professional Nursing Practice: The Hood Professional Nurse Contributions Model	3
	The Multiple Roles of the Professional Nurse	5
	Challenges to the Returning Professional Nursing Student	5
	Socialization and Resocialization into the Nursing Profession	10
	Development of a Professional Self-Concept	12
	Characteristics of a Profession	15
	Summary and Significance to Practice	30
CHAPTER 2	The History Behind the Development of Professional Nursing	34
	Nursing in Ancient Civilizations (Before AD 1)	35
	Nursing in the Early Christian Era (AD 1–500)	38
	Nursing in the Middle Ages (500–1500)	39
	Nursing in the Renaissance and Colonial America (1500–1860)	40
	The Movement of Nursing to a Respectable Profession (1820–1917)	41
	Nursing During the Early 20th Century, the World Wars, and the Post-World War II Era (1890–1960)	45
	Nursing in the Modern Era (1960–1999)	47
	Nursing in the Postmodern Era (2000–Beyond)	55
	Summary and Significance to Practice	56
CHAPTER 3	Contextual, Philosophical, and Ethical Elements of Professional Nursing	59
	Contextual Basis of Nursing Practice	60
	Philosophy	64
	Morality and Ethics in Nursing Practice	67
	Ethical Decision-Making Process	69
	Major Contextual Elements Affecting Nursing Practice	73
	Summary and Significance to Practice	77

CHAPTER 4	Establishing Helping and Healing Relationships	80
	Communication as Interaction	81
	Helping Relationships: The Nurse as Helper	90
	Healing Relationships: The Nurse's Role in Healing	105
	Helping and Healing Relationships with Colleagues and Other Health Team Members	107
	Summary and Significance to Practice	108
CHAPTER 5	Patterns of Knowing and Nursing Science	111
	The Evolution of Scientific Thought	112
	Philosophy of Knowledge	115
	Patterns of Nursing Knowledge	117
	The Development of Nursing Science	121
	Summary and Significance to Practice	124
CHAPTER 6	Nursing Models and Theories	126
	Models and Theories for Professional Nursing	127
	Nursing Models	127
	The Stability Model of Change	129
	The Growth Model of Change	136
	Nursing Models in Research and Practice	150
	Summary and Significance to Practice	152
CHAPTER 7	Professional Nursing Processes	158
	Critical Thinking	160
	Cognitive Nursing Processes	160
	Interpersonal Processes	176
	Psychomotor Processes	177
	Patterning Nursing Processes	178
	Summary and Significance to Practice	180
CHAPTER 8	The Health Process and Self-Care of the Nurse	183
	World Views of Health	184
	Health Protection and Promotion	187
	Health Patterning	197
	Implications of the Nurse's View of Health for Role Performance	199
	Self-Care of the Nurse	200
	Summary and Significance to Practice	208

SECTION II	The Changing Health Care Context	213
CHAPTER 9	Health Care Delivery Systems	214
	Challenges of Health Care Delivery in the 21st Century	215
	Selected Current Health Care Delivery Systems	218
	Health Care Delivery Settings	229
	The Interdisciplinary Health Care Team	233
	Nursing Care Delivery Models	233
	Nursing Challenges Related to Health Care Delivery Systems	240
	Summary and Significance to Practice	243
CHAPTER 10	Developing and Using Nursing Knowledge Through Research	246
	Research Processes in Nursing	248
	Utilization of Nursing Research	256
	Evidence-Based Practice	266
	Creating a Public Image of the Nurse as Scholar	269
	Summary and Significance to Practice	270
CHAPTER 11	Multicultural Issues in Professional Practice	273
	Diversity and Assimilation in a Shrinking World	274
	Establishing Cultural Competence	277
	Strategies for Multicultural Nursing Practice	289
	Creating a Multicultural Profession of Nursing	292
	Summary and Significance to Practice	298
CHAPTER 12	Professional Nurse Accountability	301
	Definition of Accountability and Related Concepts	302
	Professional Accountability	306
	Accountability in an Era of Cost Containment	317
	Accountability in the Future	318
	Checklist for Accountability	319
	Summary and Significance to Practice	320
CHAPTER 13	Environmental and Global Health	324
	The Global Environment	325
	The Community Environment	334
	The Work Environment	338
	The Home Environment	344
	Comprehensive Environmental Health Assessment	346
	Summary and Significance to Practice	347

CHAPTER 14	Community Health	351
	Key Concepts of Community Health	352
	Conceptual Models for Community Health Nursing	355
	Community-Level Nursing Interventions	359
	Career Opportunities in Community Health Nursing	361
	Community Mental Health Nursing	363
	Summary and Significance to Practice	376
CHAPTER 15	Informatics and Technology in Nursing Practice	381
	Informatics and Health Care	382
	<i>Clinical Informatics</i>	386
	Consumer Health Informatics	387
	Educational Informatics	389
	Public Health Informatics	390
	Technology in Direct Client Care	391
	<i>The Informatics Nurse Specialist</i>	394
	Technological Changes Affecting Nursing Practice and Health Care	398
	Challenges Managing Health-Related Informatics and Technology	400
	Summary and Significance to Practice	406
SECTION III	Professional Nursing Roles	409
CHAPTER 16	Nursing Approaches to Client Systems	410
	The Individual as Client	412
	Family as Client	412
	The Community as Client	425
	Summary and Significance to Practice	430
CHAPTER 17	The Professional Nurse's Role in Teaching and Learning	435
	Philosophical Assumptions about Teaching and Learning	437
	Teaching–Learning Process Approaches	441
	Teaching–Learning as a Responsibility of the Advocate	443
	Learning Theories	444
	Implications of Change Theory on Teaching–Learning	446
	<i>Strategies for Effective Teaching and Learning</i>	448
	Specific Client Education Activities	450
	Client Education as an Interdisciplinary Process	452
	Summary and Significance to Practice	453

CHAPTER 18	Leadership and Management in Professional Nursing	456
	Conceptual and Theoretical Approaches to Nursing Leadership and Management	457
	Leadership Development	463
	Key Leadership and Management Skills for Nurses	467
	Professional Nurses as Leaders	467
	Leadership Effectiveness	485
	Evaluating Leadership Effectiveness	487
	Summary and Significance to Practice	489
CHAPTER 19	Quality Improvement and Professional Nursing	493
	History of Quality Improvement in Health Care	495
	Quality Improvement Approaches	496
	Celebrating Successes in Continuous Quality Improvement/Total Quality Management	502
	Key Concepts of Total Quality Improvement and Other Quality Management Approaches	504
	TQM/CQI Processes in Health Care	504
	Professional Nursing Roles in Quality Improvement	507
	An Integrated Approach to Quality Improvement and Safety in Health Care	512
	Summary and Significance to Practice	516
CHAPTER 20	The Professional Nurse's Role in Public Policy	520
	The Kingdon Model for Political Processes	521
	The Nurse's Role in Influencing Public Policy	522
	Current Political and Legislative Issues Affecting Professional Nursing Practice and Health Care	533
	Examples of Nurses Influencing Public Policy	536
	Opportunities to Learn the Art of Influencing Public Policy	537
	Summary and Significance to Practice	538
SECTION IV	Glimpsing the Future of Professional Nursing	543
CHAPTER 21	Career Options for Professional Nurses	544
	Universal Job Skills	545
	Levels of Nursing Practice	545
	General Nursing Career Opportunities	546
	Advanced Nursing Practice Career Options	553
	Summary and Significance to Practice	560

CHAPTER 22 Development of a Professional Nursing Career 563

- Values and Career Goals 564
- Discovering Your Passion in Nursing 564
- Envisioning Your Nursing Career 566
- Networking 566
- Mentoring 567
- Career Development Strategies 568
- Making a Nursing Career Change 570
- Summary and Significance to Practice 578

CHAPTER 23 Shaping the Future of Nursing 582

- A Conceptual Approach to the Future 583
- Future Scenarios for Society and Health Care 584
- Future Scenarios for Health Care Delivery 591
- Evolving Health Care Needs and Health Care Delivery 593
- The Future of Professional Nursing Practice 595
- The Future of Nursing Education 598
- The Future of Nursing Scholarship 601
- Summary and Significance to Practice 601

Index 607