

'The carbon reduction bible. Accept no imitations!' Mark Lynas

# how to live a low-carbon life

SECOND EDITION  
*fully updated*



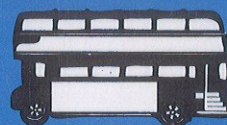
**1.2**  
tonnes



**0.1**  
tonnes



**2.1**  
tonnes



**0.1**  
tonnes

**1.2**  
tonnes



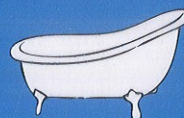
**1.2**  
tonnes



**0.1**  
tonnes



**0.3**  
tonnes



**Chris Goodall**



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