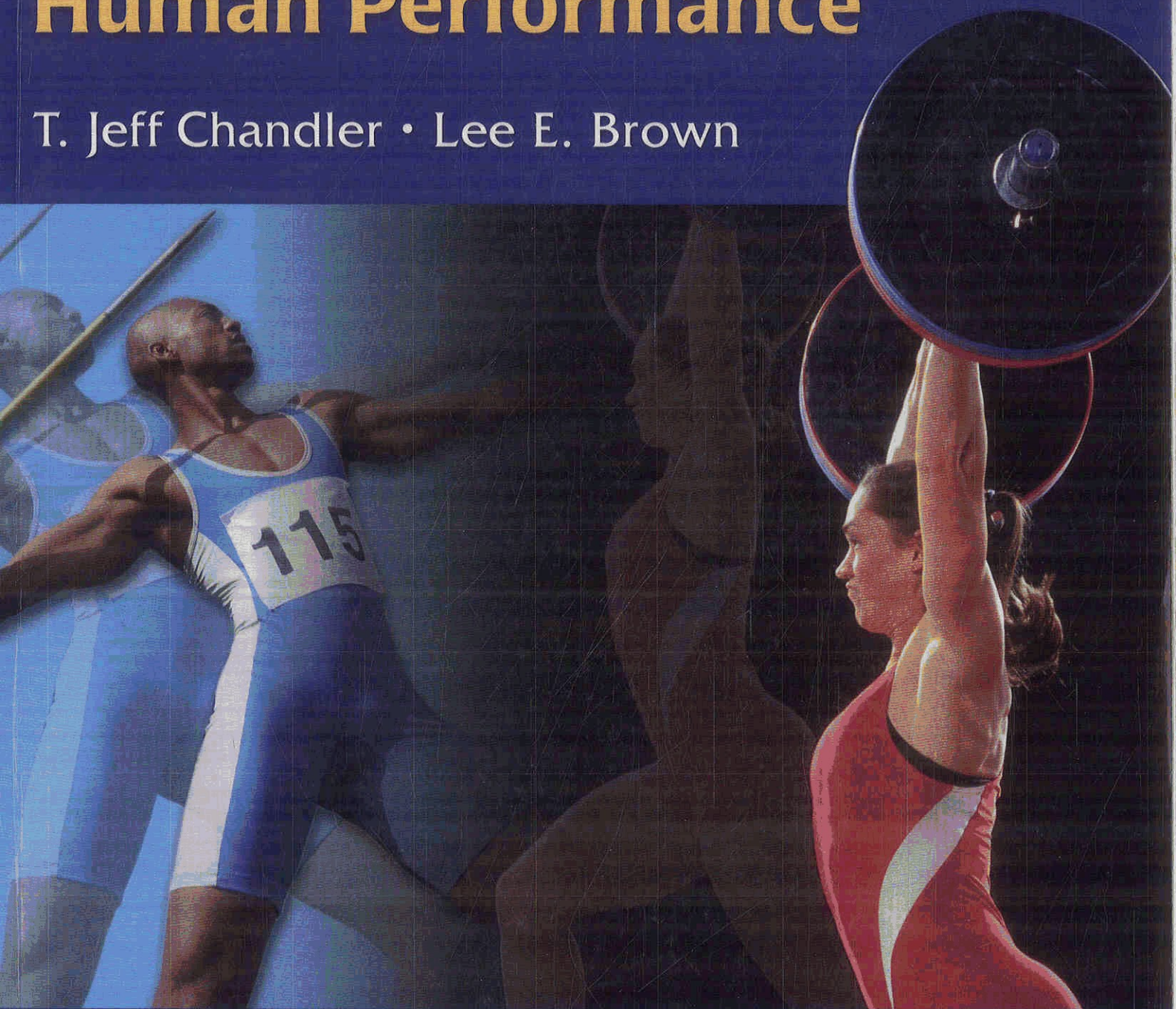
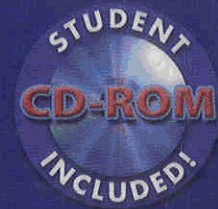


Conditioning for Strength and Human Performance

T. Jeff Chandler • Lee E. Brown



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