

# Contents

|  |            |
|--|------------|
| <b>Acknowledgements</b>                                    | <b>vii</b> |
| <b>Foreword</b>  | <b>ix</b>  |
| <b>1. Introduction and Background</b>                      | <b>1</b>   |
| <b>2. Aims and Principles of Organic Cattle Production</b> | <b>5</b>   |
| <b>3. Elements of Cattle Nutrition</b>                     | <b>29</b>  |
| <b>4. Ingredients for Organic Diets</b>                    | <b>62</b>  |
| <b>5. Breeds for Organic Production</b>                    | <b>212</b> |
| <b>6. Feeding Organic Cattle</b>                           | <b>232</b> |
| <b>7. Conclusions and Recommendations for the Future</b>   | <b>281</b> |
| <b>Index</b>   | <b>285</b> |