

Contents

PART I. HEALTH PSYCHOLOGY IN THE CONTEXT OF MEDICINE AND THEORY

- 1. The Great Debate on the Contribution of Behavioral Interventions** 3
Robert M. Kaplan and Karina W. Davidson
- 2. The Biopsychosocial Model and the Use of Theory in Health Psychology** 15
Jerry M. Suls, Tana Luger, and René Martin

PART II. PSYCHOLOGICAL FOUNDATIONS OF HEALTH PSYCHOLOGY

- 3. Emotions and Stress** 31
William R. Lovallo
- 4. Cognitive and Affective Influences on Health Decisions** 49
Angela Fagerlin, Ellen Peters, Alan Schwartz, and Brian J. Zikmund-Fisher
- 5. Specifying the Determinants of People's Health Beliefs and Health Behavior: How a Social Psychological Perspective Can Inform Initiatives to Promote Health** 64
Marc T. Kiviniemi and Alexander J. Rothman
- 6. Clinical Psychology and Health Psychology: Toward an Integrated Perspective on Health** 84
Perry M. Nicassio, Melanie A. Greenberg, and Sarosh J. Motivala
- 7. Contributions of Personality to Health Psychology** 102
Howard S. Friedman and Margaret L. Kern
- 8. Anger, Anger Expression, and Health** 120
Padmini Iyer, Maya Rom Korin, Laura Higginbotham, and Karina W. Davidson

Contents

9. Developmental Influences in Understanding Child and Adolescent Health Behaviors Dawn K. Wilson, Sara M. St. George, and Nicole Zarrett	133
10. Adult Development, Aging, and Gerontology Ilene C. Siegler, Karen Hooker, Hayden B. Bosworth, Merrill F. Elias, and Avron Spiro	147
11. Animal Models in Health Psychology Research Daniel A. Nation, Neil Schneiderman, and Philip M. McCabe	163
12. All Roads Lead to Psychoneuroimmunology Christopher L. Coe	182

PART III. CONTRIBUTIONS OF OTHER SCIENCES TO HEALTH PSYCHOLOGY

13. Behavioral Epidemiology Robert M. Kaplan	203
14. Depression and Illness Madeline Li and Gary Rodin	217
15. Self-Direction toward Health: Overriding the Default American Lifestyle John Mirowsky and Catherine E. Ross	235
16. How Genetics Will Change Medicine and Health Psychology Jeanne M. McCaffery	251
17. Nursing Science and Psychological Phenomena Diane Lauver, Rebecca West, and Jean E. Johnson	260
18. Medical Anthropology William W. Dressler	277
19. Health Psychology Meets Health Economics Yaniv Hanoch and Thomas Rice	290
20. The Evidence-Based Movement in Health Psychology Maya Rom Korin, Robert M. Kaplan, and Karina W. Davidson	303

PART IV. HEALTH PSYCHOLOGY, PUBLIC HEALTH, AND PREVENTION

21. Impacts of Being Uninsured Dylan Habeeb Roby	315
22. Health Services Research Alison K. Herrmann	326
23. Primary Care and Prevention JoEllen Patterson, Joseph E. Scherger, and Ann Marie Smith	340
24. Prevention of Coronary Heart Disease Gerdi Weidner and Friederike Kendel	354

Contents

- | | | |
|------------|---|------------|
| 25. | The Role of Behavior in Cancer Prevention | 370 |
| | Deborah Bowen and Ulrike Boehmer | |
| 26. | Community HIV Preventive Interventions | 381 |
| | María Luisa Zúñiga, Steffanie A. Strathdee, Estela Blanco, Jose L. Burgos,
and Thomas L. Patterson | |
| 27. | The Contribution of Health Psychology to the Advancement
of Global Health | 397 |
| | Brian Oldenburg, Maximilian de Courten, and Emma Freen | |

PART V. HEALTH PSYCHOLOGY AND THE MEDICAL SPECIALTIES

- | | | |
|------------|--|------------|
| 28. | Cardiology | 411 |
| | Manjunath Harlapur, Dennis Abraham, and Daichi Shimbo | |
| 29. | The Management of Diabetes | 426 |
| | Ian M. Kronish and Devin Mann | |
| 30. | Sleep Medicine | 442 |
| | Amy M. Sawyer and Terri E. Weaver | |
| 31. | Psychosocial Interventions for Patients with Cancer | 462 |
| | Michael A. Diefenbach, Nihal E. Mohamed, Gina Turner, and Catherine S. Diefenbach | |
| 32. | Pain and Painful Syndromes (Including Rheumatoid Arthritis
and Fibromyalgia) | 476 |
| | David A. Williams | |
| 33. | Coping with Chronic Illness | 494 |
| | Austin S. Baldwin, Quinn D. Kellerman, and Alan J. Christensen | |
| 34. | Managing the Obesity Epidemic | 508 |
| | Lucy F. Faulconbridge and Thomas A. Wadden | |
| 35. | Pharmacology and Behavior: The Case of Tobacco Dependence | 527 |
| | Kenneth A. Perkins | |
| 36. | Theory-Based Behavioral Interventions for Smoking Cessation:
Efficacy, Processes, and Future Directions | 544 |
| | Jonathan B. Bricker | |
| | Author Index | 567 |
| | Subject Index | 593 |