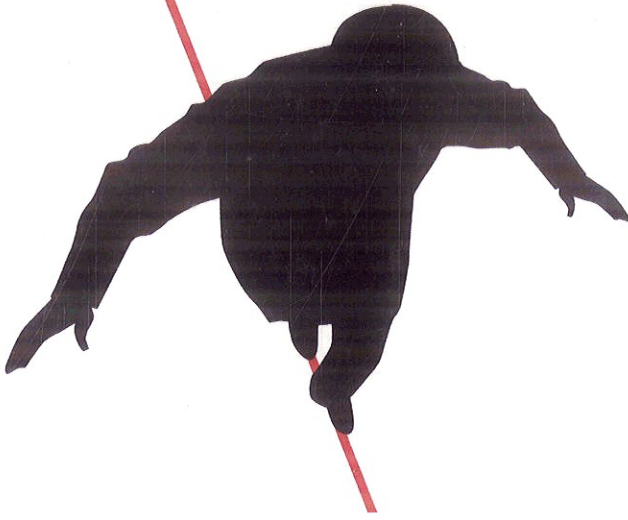


DAVID B. PETERSON



PSYCHOLOGICAL  
ASPECTS OF  
FUNCTIONING,  
DISABILITY, AND  
HEALTH

# Contents

*Prologue* xxi

*Foreword* xxv

*Preface* xxix

## **Part I THE INTERNATIONAL CLASSIFICATION OF FUNCTIONING, DISABILITY, AND HEALTH (ICF)**

<b>Chapter 1</b>	<b>Importance of the ICF</b>	<b>3</b>
	Preview Questions	3
	A Significant Development	3
	Disability Prevalence	4
	Prevalence of Mental Disorders	7
	Mood Disorders	8
	Schizophrenia	8
	Anxiety Disorders	8
	Implications of the Prevalence of Mental Disorders	9
	Purpose of the ICF	10
	Relevance of the ICF	11
	International Use	11
	The ICF Core Sets	12
	Core Sets in Germany	12
	Rehabilitation Core Sets in Italy	12
	Ongoing Core Set Development for Physical Disabilities	13
	ICF Core Sets for Depression	13
	Cross Walking to Existing Assessment Tools	14
	Developing New Assessment Tools	14
	Informing Scope of Practice	14
	Summary	15

<b>Chapter 2</b>	<b>Historical Context of the ICF</b>	17
	Preview Questions	17
	Models of Disability	17
	ICD-10 and -11	18
	Medical Model of Disability	19
	Social Model of Disability	21
	Biopsychosocial Model of Disability	22
	Disability Policy and the ICIDH and ICF	23
	Policy Developments Prior to the ICIDH	23
	Work Begins on the ICIDH	26
	Post-ICIDH Policy Developments	26
	Developing the ICIDH-2	27
	Establishing Evidence for Validity and Reliability	29
	A Major Concession	30
	ICF-Children/Youth (ICF-CY), Childhood Disability	31
	Summary	31
<b>Chapter 3</b>	<b>Overview of the ICF</b>	33
	Preview Questions	33
	Encouragement	33
	Model of Functioning and Disability	34
	Universe of Well-Being	34
	Health	35
	Functioning, Impairment, and Disability	36
	Dynamic Interaction and Intervention Targeting	36
	ICF Core Structure	37
	Body Functions and Body Structures	38
	Qualifiers	40
	Activities and Participation	41
	Activity and Participation	41
	Activity Limitation and Participation Restriction	41
	Capacity and Performance Qualifiers	42
	Contextual Factors	43
	Environmental Factors	43
	Qualifiers for Environmental Factors	44
	Personal Factors	44

Levels of Classification and Coding	45
One-Level Classification	45
Two-Level Classification	47
Detailed Classification	47
Hierarchical and Mutually Exclusive Codes	48
ICF Coding Example	48
Clinical Implementation of the ICF	49
Early Stages of the Manual's Development	50
Current Challenges in Clinical Implementation	50
Aspects of the ICF Applicable to Mental Disorders	51
One-Level Classification	51
Two-Level Classification	52

<b>Chapter 4</b>	<b>Collaborative Clinical Practice and Research</b>	<b>53</b>
	Preview Questions	53
	Ethical Issues	53
	Ethical Provisions of the ICF	54
	Respect and Confidentiality	55
	Clinical Use of ICF	55
	Social Use of ICF Information	55
	Kitchener's Ethical Principles	56
	Mental Health Parity	56
	Social Justice	58
	Advocacy	58
	Inclusion in the Classification Process	58
	Environmental Task Force	59
	Future Development Efforts	59
	Future Research Efforts	60
	Validity Studies	61
	Medical Informatics	61
	Future Cross-Walking Efforts	62
	Developing International Collaborations	63
	Refining Contextual and Personal Factors	63
	Civil Rights and Social Policy Development	64
	<b>Conclusion to Part I</b>	<b>65</b>

## Part II THE *DSM-IV-TR*

<b>Chapter 5</b>	<b>Introduction to the <i>DSM-IV-TR</i></b>	<b>73</b>
	Preview Questions	73
	The <i>DSM</i> and the <i>ICD-10</i>	73
	History of the <i>DSM</i> 's Development	74
	<i>DSM-I</i>	74
	<i>DSM-II</i>	75
	<i>DSM-III</i>	75
	<i>DSM-IV</i>	76
	<i>DSM-IV-TR</i> Revision Process	77
	Overview of the <i>DSM-IV-TR</i>	77
	Organization of the <i>DSM-IV-TR</i>	78
	Descriptive Text	78
	Organization of Disorders	78
	Appendixes	81
	Multiaxial Assessment	82
	Axis I	83
	Axis II	83
	Axis III	83
	Axis IV	84
	Axis V	85
	Mental Disorder in the <i>DSM</i>	86
	Exclusion Criteria	87
	Severity and Course Specifiers	88
	Severity	88
	Course	89
	Recurrence	89
	Diagnostic Uncertainty	90
	Not Otherwise Specified	90
	Provisional	90
	Critiques of the <i>DSM-IV-TR</i>	90
	Dimensional Versus Categorical Systems	90
	Difficult to Use?	91
	<i>ICD-11</i> and the <i>DSM</i>	92
	Summary	92

<b>Chapter 6</b>	<b><i>DSM-IV-TR: First Priority of Differential Diagnoses</i></b>	<b>93</b>
	Preview Questions	93
	Use of the <i>DSM-IV-TR</i> With This Section of the Text	93
	<i>DSM-IV-TR</i> Case Book	93
	A Guide to Treatments That Work	94
	Online Resource for Psychotropic Treatments	94
	What Makes a Diagnosis?	94
	Disorders Usually First Diagnosed in Infancy, Childhood, or Adolescence	95
	The <i>ICF-CY</i>	95
	Mental Retardation	95
	Learning Disorders	96
	Motor Skills Disorder	96
	Communication Disorders	97
	Pervasive Developmental Disorders	97
	Autistic Disorder	97
	Rett's Disorder	97
	Childhood Disintegrative Disorder	98
	Asperger's Disorder	98
	Attention-Deficit and Disruptive Behavior Disorders	98
	Attention-Deficit/Hyperactivity Disorder	98
	Conduct Disorder	99
	Oppositional Defiant Disorder	99
	Feeding and Eating Disorders of Infancy or Childhood	99
	Pica	99
	Rumination Disorder	100
	Feeding Disorder of Infancy or Early Childhood	100
	Tic Disorders	100
	Tourette's Disorder	100
	Chronic or Transient Tic Disorders	100

Elimination Disorders	101
Encopresis	101
Enuresis (Not Due to a General Medical Condition)	101
Other Disorders of Infancy, Childhood, or Adolescence	101
Delirium, Dementia, and Amnestic and Other Cognitive Disorders	101
Delirium	102
Dementia	102
Amnestic Disorder	102
Cognitive Disorder NOS	102
Mental Disorders Due to a General Medical Condition	102
Related Conditions Placed in Other Sections of the <i>DSM</i>	103
Catatonic Disorder Due to a General Medical Condition	103
Personality Change Due to a General Medical Condition	103
Substance-Related Disorders	104
Types of Substances	104
Substance Use Disorders	104
Substance Dependence	104
Course Specifiers in Substance Dependence	105
Substance Abuse	105
Substance-Induced Disorders	106

## **Chapter 7    Disorders With Shared Phenomenological Features: Part I**

Preview Questions	107
Schizophrenia and Other Psychotic Disorders	107
Schizophrenia	108
Schizophreniform Disorder	108
Schizoaffective Disorder	108
Delusional Disorder	109
Brief Psychotic Disorder	109

Shared Psychotic Disorder	109
Psychotic Disorder Due to a General Medical Condition and Substance-Induced Psychotic Disorder	109
Mood Disorders	109
Mood Episodes	110
Major Depressive Episode	110
Manic Episode	110
Mixed Episode	111
Hypomanic Episode	111
Major Depressive Disorder	111
Dysthymic Disorder	112
Depressive Disorder NOS	112
Bipolar I Disorder	112
Bipolar II Disorder	113
Cyclothymic Disorder	113
Bipolar Disorder NOS	113
Mood Disorder Due to a General Medical Condition; Substance-Induced Mood Disorder	113
Substance-Induced Mood Disorder	114
Mood Disorder NOS	114
Anxiety Disorders	114
Panic Attack	114
Agoraphobia	114
Panic Disorder Without or With Agoraphobia	115
Agoraphobia Without History of Panic Disorder	115
Specific Phobia	115
Social Phobia (Social Anxiety Disorder)	115
Obsessive-Compulsive Disorder	116
Posttraumatic Stress Disorder	116
Acute Stress Disorder	116
Generalized Anxiety Disorder	116
Anxiety Disorder Due to General Medical Condition/Substance-Induced Anxiety Disorder	117



Somatoform Disorders	117
Somatization Disorder	117
Undifferentiated Somatoform Disorder	117
Conversion Disorder	118
Pain Disorder	118
Hypochondriasis	119
Body Dysmorphic Disorder	119
Factitious Disorder	119
Dissociative Disorders	120
Dissociative Amnesia	120
Dissociative Fugue	120
Dissociative Identity Disorder	121
Depersonalization Disorder	121
Dissociative Disorder NOS	121

## **Chapter 8      Disorders With Shared Phenomenological Features: Part II    123**

Review Questions	123
Sexual and Gender Identity Disorders	123
Sexual Dysfunctions	123
Sexual Desire Disorders	124
Sexual Arousal Disorders	124
Orgasmic Disorders	124
Sexual Pain Disorders	124
Sexual Dysfunction Due to General Medical Condition, Substance Induced	124
Paraphilias	125
Exhibitionism	125
Fetishism	125
Frotteurism	125
Pedophilia	126
Sexual Masochism	126
Sexual Sadism	126
Transvestic Fetishism	126
Voyeurism	126
Gender Identity Disorder	127
Sexual Disorder NOS	127

Eating Disorders	127
Anorexia Nervosa	127
Bulimia Nervosa	128
Eating Disorder NOS	128
Sleep Disorders	128
Primary Sleep Disorders	128
Dyssomnias	129
Parasomnias	129
Sleep Disorder Related to Another Mental Disorder	130
Sleep Disorder Due to a General Medical Condition	131
Substance-Induced Sleep Disorder	131
Impulse Control Disorders Not Elsewhere Classified	131
Intermittent Explosive Disorder	131
Kleptomania	132
Pyromania	132
Pathological Gambling	132
Trichotillomania	132
Impulse-Control Disorder NOS	133
Adjustment Disorders	133
Personality Disorders	133
Clusters of Personality Disorders	133
Dimensional Models of Personality Disorders	134
Paranoid Personality Disorder	134
Schizoid Personality Disorder	135
Schizotypal Personality Disorder	135
Antisocial Personality Disorder	135
Borderline Personality Disorder	136
Histrionic Personality Disorder	136
Narcissistic Personality Disorder	136
Avoidant Personality Disorder	137
Dependent Personality Disorder	137
Obsessive-Compulsive Personality Disorder	137
Personality Disorder NOS	138

<b>Chapter 9</b>	<b>Other Conditions That May Be a Focus of Clinical Attention: Revision to the DSM-5</b>	<b>139</b>
	Preview Questions	139
	Psychological Factors Affecting Medical Conditions	140
	Specificity of the Psychological Factor	140
	Differential Diagnosis	141
	Medication-Induced Movement Disorders	141
	Other Medication-Induced Disorders	142
	Relational Problems	142
	Relational Problem Related to a Mental Disorder or General Medical Condition	143
	Parent–Child Relational Problem	143
	Partner Relational Problem	143
	Sibling Relational Problem	143
	Problems Related to Abuse or Neglect	143
	Additional Conditions That May Be a Focus of Clinical Attention	144
	Noncompliance With Treatment	144
	Malingering	144
	Adult Antisocial Behavior	144
	Child or Adolescent Antisocial Behavior	145
	Borderline Intellectual Functioning	145
	Age-Related Cognitive Decline	145
	Bereavement	145
	Academic Problem	145
	Occupational Problem	146
	Identity Problem	146
	Religious or Spiritual Problem	146
	Acculturation Problem	146
	Phase of Life Problem	146
	Revision to the DSM-5	146
	Work Group and Task Force Membership	147
	Areas of Potential Development for the DSM-5	148
	Conceptual Framework	148
	Dimensional Assessments	148

Overlap in Diagnoses	149
Binge Eating	149
Embitterment	149
Obesity	150
Parental Alienation	150
Temper Dysregulation Disorder With Dysphoria (TDD)	150
Addiction and Related Disorders	150
Suicide and Risk	151
Critics of the Revision Process	151
Controversy	151
Secrecy	151
Lack of Psychologist Involvement	152
APA Revision Efforts	152
<b>Conclusion to Part II</b>	<b>153</b>

### **Part III CROSS-WALKING THE *DSM* TO *ICF***

<b>Chapter 10</b>	<b>Conceptualizing and Classifying Psychological Functioning, Disability, and Health</b>	<b>159</b>
	Preview Questions	159
	Diagnosis and Treatment of Psychological Disability	160
	Diagnosis of Psychological Disability	160
	Diagnoses Are Not Enough	161
	Importance of Context	161
	Contextual Factors in the <i>ICF</i>	162
	<i>ICF</i> as the Missing Piece to the <i>DSM</i>	162
	Treatment of Psychological Disability	163
	Comparing <i>DSM</i> and <i>ICF</i> Conceptual Frameworks	164
	Shared Biopsychosocial Perspectives	164
	An Important Difference	165
	<i>ICF</i> Model of Disability and <i>DSM</i> Mental Disorders	166
	Body Functions and Structures	166
	<i>ICF</i> Chapters 2 and 3	166
	<i>ICF</i> Chapters 4 and 5	167

	ICF Chapters 6, 7, and 8	167
	ICF Chapter 1: Mental Functions	167
	A Clear Relationship	168
	Activities and Participation	168
	ICF Chapter 1	168
	ICF Chapter 2	168
	ICF Chapter 3	169
	ICF Chapters 4, 5, and 6	169
	ICF Chapter 7	169
	ICF Chapters 8 and 9	169
	Environmental Factors	170
	ICF Chapters 1 and 2	170
	ICF Chapters 3 and 4	170
	ICF Chapter 5	170
<b>Chapter 11</b>	<b>ICF Core Sets for Mental Disorders</b>	<b>171</b>
	Preview Questions	171
	Core Set for Depression	172
	Need for Effective Assessment and Treatment	172
	Method of Core Set Development	173
	Results	173
	Body Functions	178
	Activities and Participation	179
	Environmental Factors	179
	Discussion of the Results	179
	Body Structures	180
	Issue of Suicide	180
	Brief ICF Core Set for Depression	180
	Critique	180
	Core Set for Mood Disorders	182
<b>Chapter 12</b>	<b>The Promise of the ICF-2 and the DSM-5</b>	<b>183</b>
	Preview Questions	183
	Future Directions for the ICF	183
	Immediate Utility and Activity	183
	Clinical Implementation Manual for the ICF	184

Future Core Sets	185
Refinement of <i>ICF</i> Components	186
<i>ICF</i> and the <i>ICD</i>	186
<i>ICF-DSM</i> Nexus	187
Conclusion: <i>ICF</i>	188
Future Directions for the <i>DSM</i>	188
<i>DSM-5</i>	189
Conclusion: <i>DSM-5</i>	190
Future Directions for Mental-Health Professionals and the <i>ICF</i>	191
Treatments That Work	192
Psychotherapy and Behavior Change	193
You Can Make a Difference	194
An Invitation for Your Feedback	194
Appendix	195
References	207
Index	223