



THE TEXTBOOK OF
**NON-MEDICAL
PRESCRIBING**

EDITED BY DILYSE NUTTALL | JANE RUTT-HOWARD



 WILEY-BLACKWELL

Contents

Contributor list	ix
Acknowledgements	xi
Introduction	xiii
<i>Dilyse Nuttall and Jane Rutt-Howard</i>	
1 Prescribing in Context	1
<i>Dilyse Nuttall</i>	
The prescribing journey	1
Defining non-medical prescribing	2
The non-medical prescribing vision	3
Changes in clinical practice	6
The economic context	8
The private sector	9
The public health context	10
Need and expectations	11
Differentiating between prescribers	12
Nurse non-medical prescribers	21
Pharmacist non-medical prescribers	25
Allied health professional non-medical prescribers	26
Access to education programmes	30
Summary of the context of prescribing	31
References	33
2 Professional, Legal and Ethical Issues in Relation to Prescribing Practice	37
<i>Ruth Broadhead</i>	
PART 1: PROFESSIONAL ISSUES	38
The regulatory framework for prescribing	38
PART 2: LEGAL ISSUES	49
The UK legal system	49
Legal aspects of autonomy and gaining consent	61
The importance of consent	66

PART 3: ETHICAL ISSUES	84
Consequentialism	85
Deontology	85
Virtue ethics	85
Doctrine of double effect	88
Conclusion	90
Table of cases	90
References	91
Acts	94
3 Factors Influencing Prescribing	95
<i>Val Lawrenson</i>	
The prescriber	95
The patient	103
The product	110
Other professionals	117
References	119
4 Effective Consultation and ‘the Consultation Umbrella’	123
<i>Jane Rutt-Howard</i>	
Presenting the consultation umbrella	124
Consultation models in context	125
The value of therapeutic communication	129
The consultation umbrella - explained	137
Clinical decision-making	151
Conclusion	158
References	159
5 Essential Pharmacology, Therapeutics and Medicines Management for Non-medical Prescribers	162
<i>Anne Fittock, Jane Alder, Alison Astles, David Kelly, Joseph Quinn and Samir Vohra</i>	
Pharmacology as part of prescribing practice	163
Brief introduction to pharmacological terms	164
Guide through processes to build and develop one’s own formulary, with examples	175
BNF: practise using this essential resource	180
Prescribing in co-morbidity	181
Management and avoidance of drug interactions	183
Management and avoidance of adverse medicine reactions	185
Drugs with a narrow therapeutic index or range	190
Medicines management	193
Other resources to support your learning	194
References	195

6	The Multidisciplinary Prescribing Team	198
	<i>Dawn Eccleston</i>	
	Defining 'the multidisciplinary prescribing team'	198
	The benefits to prescribing	200
	Understanding roles	204
	Non-medical prescribing lead	210
	The multidisciplinary non-medical prescribing team	211
	Commissioning and the MDPT	214
	Education and learning	216
	Conclusion	217
	References	219
7	Clinical Skills	222
	<i>Gillian Armitage and Jane Rutt-Howard</i>	
	Vital signs	223
	Conscious level	223
	Respirations	225
	Temperature	227
	Pulse	229
	Blood pressure	230
	Additional vital signs	232
	Clinical examination	234
	Examination of body systems	236
	Numeracy skills	254
	Conclusion	257
	References	259
8	Prescribing for Specific Groups	261
	<i>Janice Davies and Dilyse Nuttall</i>	
	Prescribing in liver disease	261
	Prescribing in renal disease	267
	Prescribing in pregnancy	272
	Prescribing for older people	279
	Prescribing for children and young people	283
	Other groups	291
	References	295
9	Enhancing Non-medical Prescribing	298
	<i>Jean Taylor and Anne Lewis</i>	
	Current practice in prescribing	298
	UK history of prescribing	299
	Non-medical prescribing in other countries	302
	The impact of prescribing	302
	Issues emerging from the introduction of non-medical prescribing	305

Medicines management	320
Conclusion	321
References	322
Patient Case Studies	327
<i>Case study 1: Harold</i>	327
<i>Case study 2: Barbara</i>	328
<i>Case study 3: Clare</i>	328
<i>Case study 4: Julie</i>	329
<i>Case study 5: Annette</i>	329
<i>Case study 6: Yasmin</i>	329
<i>Case study 7: Amy</i>	330
<i>Case study 8: Louis</i>	330
<i>Case study 9: Callum (with CMP)</i>	330
Health Professional Case Studies	332
<i>Case study A: Debbie</i>	332
<i>Case study B: Mark</i>	333
<i>Case study C: Rebecca</i>	333
<i>Case study D: Gail</i>	334
<i>Case study E: David</i>	334
<i>Case study F: Andrew</i>	335
<i>Case study G: Andrea</i>	335
<i>Case study H: Lisa</i>	336
<i>Case study I: Christine</i>	336
<i>Case study J: Simon and Janice</i>	336
Index	337