

# Contents

Preface to the Third Edition .....	xvii
Acknowledgments.....	xix
About the Authors.....	xxi
<b>Chapter 1</b> Introduction .....	1
1.1    Study of Environmental Toxicology.....	1
1.2    Importance of Environmental Toxicology as an Area of Science .....	1
1.3    Introduction to This Book .....	1
<b>Chapter 2</b> Environmental Changes and Health.....	7
2.1    Our Changing Environment .....	7
2.1.1    Introduction .....	7
2.1.2    World Population.....	7
2.1.3    Global Climate Changes: Global Warming .....	8
2.1.3.1    Impact on Plants .....	10
2.1.3.2    Impact on Birds and Animals.....	10
2.1.3.3    Impact on Tropical Species.....	12
2.1.3.4    Impact on Freshwater Fish.....	12
2.1.4    Impact on Marine Oxygen .....	12
2.1.5    Rising Acidity of Seawater.....	13
2.1.6    Rise in Diseases .....	15
2.2    Air Pollution .....	15
2.2.1    Introduction .....	15
2.2.2    Air Pollution and Developing Economies.....	16
2.3    Indoor Air Pollution .....	19
2.4    Water Pollution .....	19
2.5    Soil Pollution .....	23
2.6    The Changing Diseases .....	24
2.6.1    Cancer .....	24
2.6.2    Birth Defects and Child Mortality .....	30
2.6.3    Reproductive Damages.....	30
2.6.4    Respiratory Diseases .....	31
2.6.5    Endocrine Disruption .....	33
2.6.6    Diseases Induced by Metals .....	33
2.6.7    Foodborne Illnesses .....	34
Review Questions .....	35
References .....	36

<b>Chapter 3</b>	Occurrence of Toxicants.....	39
3.1	Introduction .....	39
3.2	Visible Smoke or Smog .....	39
3.3	Offensive Odors.....	40
3.4	Agricultural Damage.....	40
3.5	Intoxication of Animals.....	41
3.6	Injuries to Humans .....	41
3.7	Chronic and Acute Effects .....	42
3.7.1	Chronic Effects.....	43
3.7.2	Acute Effects .....	43
3.7.2.1	Donora, Pennsylvania, United States, 1948 .....	44
3.7.2.2	Poza Rica, Mexico, 1950 .....	44
3.7.2.3	London, England, 1952.....	44
3.7.2.4	New York, United States, 1953 .....	45
3.7.2.5	Los Angeles, California, United States, 1954 .....	45
3.7.2.6	New Orleans, Louisiana, United States, 1955 .....	45
3.7.2.7	Worldwide Episode, 1962 .....	45
3.7.2.8	Tokyo, Japan, 1970.....	45
3.7.2.9	Bhopal, India, 1984.....	45
3.7.2.10	Chernobyl, Soviet Union, 1986.....	46
3.7.2.11	Gas Leak on the Platform in the North Sea, 1988.....	47
3.7.2.12	Oil Spill in Alaska's Prince William Sound, 1989 .....	47
3.7.2.13	Coal Mine Explosion in Western Virginia, United States, 2010.....	48
3.7.2.14	Gulf of Mexico Oil Spill, United States, 2010 .....	48
3.7.2.15	Raspadskaya Coal Mine Explosion in Russia, 2010.....	49
3.7.2.16	Gas Explosion and Chemical Leak in Nanjing, China, 2010 .....	49
3.7.2.17	Toxic-Sludge Spill in Hungary, 2010 .....	49
3.7.2.18	Gas Explosion in Henan, China, 2010 .....	50
3.7.2.19	Fukushima Nuclear Power Plant, Japan, 2011.....	50
References .....	52	
<b>Chapter 4</b>	Toxic Action of Pollutants .....	53
4.1	Introduction .....	53
4.2	Effects on Plants .....	53
4.2.1	Source of Pollutants .....	53

## Contents

4.2.2	Uptake of Pollutants .....	53
4.2.3	Transport of Toxicant .....	55
4.2.4	Plant Injury .....	55
4.3	Mammalian Organisms .....	56
4.3.1	Exposure.....	56
4.3.2	Uptake .....	57
4.3.3	Transport .....	58
4.3.4	Storage.....	58
4.3.5	Metabolism.....	59
4.3.6	Excretion .....	59
4.4	Mechanism of Toxic Action .....	59
4.4.1	Disruption or Destruction of Cellular Structure .....	60
4.4.2	Direct Chemical Combination with a Cell Constituent.....	60
4.4.3	Effect on Enzymes .....	61
4.4.3.1	Enzyme Inhibition by Inactivation of Cofactor .....	62
4.4.3.2	Enzyme Inhibition by Competition with the Cofactor .....	62
4.4.3.3	Enzyme Inhibition by Binding to the Active Site.....	63
4.4.3.4	Inhibition of Enzyme Activity by Toxic Metabolite .....	64
4.4.4	Secondary Action as a Result of the Presence of a Pollutant.....	64
4.4.4.1	Allergic Response to Pollen.....	65
4.4.4.2	Carbon Tetrachloride .....	65
4.4.4.3	Chelation.....	65
4.4.4.4	Metal Shift.....	66
4.4.5	Free-Radical-Mediated Reactions.....	66
4.4.6	Endocrine Disruption .....	68
	Review Questions .....	69
	References .....	70
<b>Chapter 5</b>	<b>Factors Affecting Xenobiotic Action .....</b>	<b>73</b>
5.1	Introduction .....	73
5.2	Physiological Properties .....	73
5.3	Dose or Concentration.....	73
5.4	Duration and Mode of Exposure .....	74
5.5	Environmental Factors .....	75
5.5.1	Temperature.....	75
5.5.2	pH.....	76
5.5.3	Humidity .....	76
5.6	Interaction.....	76
5.6.1	Additive, Synergism, and Potentiation Effects.....	76

5.6.2	Antagonism .....	77
5.7	Biological Factors .....	78
5.7.1	Plants .....	78
5.7.2	Animals and Humans.....	78
5.7.2.1	Genetic Factors .....	78
5.7.2.2	Developmental Factors .....	79
5.7.2.3	Diseases .....	79
5.7.2.4	Behavioral Factors .....	79
5.7.2.5	Gender.....	80
5.8	Nutritional Factors.....	80
5.8.1	Introduction .....	80
5.8.2	Fasting and Starvation.....	80
5.8.3	Proteins.....	81
5.8.4	Carbohydrates.....	81
5.8.5	Lipids.....	83
5.8.6	Vitamin A.....	84
5.8.7	Vitamin D.....	84
5.8.8	Vitamin E ( $\alpha$ -Tocopherol) .....	85
5.8.9	Vitamin C .....	86
5.8.10	Minerals .....	88
	Review Questions.....	89
	References .....	90
<b>Chapter 6</b>	<b>Biotransformation: Metabolism of Xenobiotics .....</b>	<b>93</b>
6.1	Introduction .....	93
6.2	Types of Biotransformation .....	93
6.3	Mechanism of Biotransformation.....	94
6.4	Characteristics of Biotransformation .....	94
6.5	Consequence of Biotransformation .....	97
6.5.1	Biotransformation of Endogenous Substances .....	97
6.5.2	Activation of Xenobiotics .....	98
6.6	Factors Affecting Biotransformation.....	100
6.7	Characteristics of the Cytochrome P450s .....	101
6.7.1	Induction.....	102
6.7.2	Genetic Polymorphisms .....	103
	Review Questions.....	103
	References .....	104
<b>Chapter 7</b>	<b>Responses to Environmental Toxicants.....</b>	<b>105</b>
7.1	Introduction .....	105
7.2	Responses of Plants .....	105
7.3	Responses of Humans and Animals.....	106
7.3.1	The Respiratory Tract.....	106
7.3.1.1	Nasopharynx.....	106

## Contents

7.3.1.2	Tracheobronchial Areas.....	106
7.3.1.3	Alveoli .....	107
7.3.2	Membranes .....	108
7.3.3	Liver .....	110
7.3.4	Kidneys.....	111
Review Questions .....		113
References .....		114
<b>Chapter 8</b>	Air Pollution: Inorganic Gases .....	115
8.1	Introduction .....	115
8.2	Sulfur Dioxide .....	115
8.2.1	Sources of SO <sub>2</sub> .....	115
8.2.2	Characteristics of SO <sub>2</sub> .....	116
8.2.3	Effects on Plants.....	116
8.2.4	Effects on Animals.....	120
8.2.5	Health Effects.....	120
8.3	Nitrogen Dioxide .....	122
8.3.1	Forms and Formation of Nitrogen Oxides .....	122
8.3.2	Major Reactive Nitrogen Species in the Troposphere .....	122
8.3.3	Effects on Plants.....	123
8.3.4	Health Effects.....	124
8.3.5	Biological Effects .....	124
8.3.6	N <sub>2</sub> O and Stratospheric O <sub>3</sub> Layer Depletion .....	125
8.4	Ozone.....	128
8.4.1	Sources of Ozone.....	128
8.4.2	Photochemical Smog.....	129
8.4.3	Effects on Plants.....	129
8.4.4	Effects on Animals and Humans .....	131
8.4.5	Biological Effects .....	132
8.5	Carbon Monoxide.....	134
8.5.1	Introduction .....	134
8.5.2	Formation .....	134
8.5.3	Human Exposure.....	135
8.5.4	Health Effects.....	135
Review Questions .....		138
References .....		139
<b>Chapter 9</b>	Air Pollution: Particulate Matter.....	143
9.1	Introduction .....	143
9.2	Characteristics of Particulate Matter.....	143
9.3	Formation of Particulates .....	144
9.3.1	Physical Processes.....	144
9.3.2	Chemical Processes.....	144

9.4	Health Effects .....	145
9.5	Silica .....	147
9.5.1	Silicosis .....	147
9.5.2	Pathogenesis .....	147
9.6	Beryllium .....	148
9.6.1	Sources of Exposure to Beryllium .....	148
9.6.2	Health Effects .....	150
9.6.3	Biological Effects .....	150
9.6.4	Therapy .....	151
9.7	Asbestos .....	151
9.7.1	Chemical and Physical Properties .....	152
9.7.2	Use .....	152
9.7.3	Exposure .....	152
9.7.4	Health Effects .....	153
9.8	Lead .....	154
9.8.1	Sources of Lead .....	154
9.8.2	National Lead Emissions .....	154
9.8.3	Lead Air Quality Standards .....	155
9.8.4	Effect of Lead on Health .....	155
	Review Questions .....	155
	References .....	156

<b>Chapter 10</b>	<b>Environmental Fluoride .....</b>	<b>159</b>
10.1	Introduction .....	159
10.2	Occurrence and Forms of Fluoride .....	159
10.2.1	Introduction .....	159
10.2.2	Airborne Fluoride .....	159
10.2.3	Natural Waters .....	160
10.2.4	Minerals and Soils .....	160
10.2.5	Foods and Water .....	160
10.3	Industrial Sources of Fluoride Pollution .....	161
10.3.1	Introduction .....	161
10.3.2	Manufacture of Phosphate Fertilizers .....	162
10.3.3	Manufacture of Aluminum .....	163
10.3.4	Manufacture of Steel .....	163
10.3.5	Combustion of Coal .....	163
10.3.6	Other Sources .....	164
10.4	Effects on Plants .....	164
10.5	Effects on Animals .....	166
10.5.1	Introduction .....	166
10.5.2	Acute Effects .....	167
10.5.3	Chronic Effects .....	167
10.6	Effects on Humans .....	170
10.6.1	Daily Intake of F .....	170
10.6.2	Absorption .....	170

## Contents

10.6.3 Acute Effects .....	171
10.6.4 Chronic Effects.....	171
10.7 Biochemical Effect of Fluoride .....	172
10.7.1 In Plants.....	172
10.7.2 In Animals and Humans .....	175
10.8 Nutrition and Fluoride Toxicity .....	177
Review Questions .....	178
References .....	179
<b>Chapter 11</b> Volatile Organic Compounds .....	181
11.1 Introduction .....	181
11.2 Sources .....	181
11.3 Petroleum Hydrocarbons .....	181
11.3.1 Alkanes.....	182
11.3.1.1 Health Effect.....	183
11.3.2 Alkenes.....	184
11.3.2.1 Health Effects .....	184
11.3.3 Aromatic Hydrocarbons.....	184
11.3.3.1 Benzene.....	185
11.3.3.2 Toluene.....	187
11.3.3.3 Xylenes.....	187
11.4 Polycyclic Aromatic Hydrocarbons.....	188
11.4.1 Sources .....	189
11.4.2 Physical and Chemical Properties.....	189
11.4.3 Transport .....	189
11.4.4 Exposure.....	189
11.4.5 Metabolism and Toxicity .....	191
Review Questions .....	193
References .....	193
<b>Chapter 12</b> Soil and Water Pollution: Environmental Metals and Metalloids .....	195
12.1 Introduction .....	195
12.2 Lead .....	196
12.2.1 Characteristics and Use .....	196
12.2.2 Sources of Lead Exposure.....	196
12.2.2.1 Airborne Lead .....	196
12.2.2.2 Waterborne Lead .....	197
12.2.2.3 Lead in Food .....	198
12.2.2.4 Lead in Soils .....	198
12.2.3 Lead Toxicity.....	198
12.2.3.1 Lead Toxicity to Plants .....	198
12.2.3.2 Lead Poisoning in Animals and Fish.....	199
12.2.3.3 Health Effects of Lead in Humans .....	199

12.2.4	Biological Effects of Lead.....	202
12.2.5	Lead Toxicity and Nutrition .....	203
12.3	Cadmium.....	204
12.3.1	Introduction .....	204
12.3.2	Characteristics and Use of Cadmium.....	205
12.3.3	Exposure to Cadmium.....	205
12.3.3.1	Airborne Cadmium.....	205
12.3.3.2	Waterborne Cadmium.....	206
12.3.3.3	Cadmium Pollution of Soils.....	206
12.3.3.4	Cadmium in Food .....	206
12.3.4	Metabolism of Cadmium.....	207
12.3.5	Cadmium Toxicity .....	208
12.3.5.1	Toxic Effects on Plants .....	208
12.3.5.2	Effects of Cadmium on Animals.....	209
12.3.5.3	Effects of Cadmium on Humans .....	210
12.3.6	Cadmium and Nutrition .....	212
12.4	Mercury .....	213
12.4.1	Introduction .....	213
12.4.2	Extraction and Uses of Mercury .....	213
12.4.3	Sources of Mercury Pollution.....	214
12.4.4	Biotransformation of Mercury .....	214
12.4.4.1	Biomethylation of Mercury.....	215
12.4.4.2	Demethylation of Methylmercury .....	215
12.4.4.3	Methylmercury Biosynthesis and Diffusion into Cells .....	215
12.4.5	Toxicity of Mercury.....	216
12.4.5.1	Effects of Mercury on Algae .....	216
12.4.5.2	Effects of Mercury on Plants .....	216
12.4.5.3	Effects of Mercury on Animals.....	216
12.4.5.4	Effects of Mercury on Human Health .....	217
12.4.6	Biological Effects .....	219
12.4.7	Mercury and Nutrition.....	221
12.5	Nickel.....	222
12.5.1	Introduction .....	222
12.5.2	Sources of Environmental Nickel Pollution.....	223
12.5.3	Health Effect .....	223
12.6	Arsenic.....	225
12.6.1	Occurrence and Properties .....	225
12.6.2	Uses of Arsenic .....	225
12.6.3	Sources of Exposure to Arsenic .....	226
12.6.4	Human Exposure to Arsenic .....	226
12.6.5	Animal Exposure to Arsenic.....	227
12.6.6	Distribution of Arsenic in the Body .....	227
12.6.7	Toxicity of Arsenic .....	227
12.6.7.1	Toxicity to Plants .....	227

## Contents

12.6.7.2	Toxicity of Arsenic to Animals and Humans .....	228
12.6.8	Biological Effects of Arsenic .....	229
Review Questions .....	.....	231
References .....	.....	232
<b>Chapter 13</b>	Pesticides and Related Materials.....	237
13.1	Introduction .....	237
13.2	Insecticides .....	237
13.2.1	Introduction .....	237
13.2.2	Chlorinated Hydrocarbons .....	237
13.2.2.1	Introduction .....	237
13.2.2.2	DDT .....	238
13.2.3	Organophosphorus Compounds .....	243
13.2.3.1	Introduction .....	243
13.2.3.2	Toxicity of Organophosphorus Compounds .....	244
13.2.3.3	Action of Acetylcholinesterase and Organophosphates.....	244
13.2.4	Carbamates.....	246
13.3	Herbicide .....	246
13.3.1	2,4-D and 2,4,5-T .....	246
13.3.2	Atrazine .....	248
13.4	Polychlorinated Biphenyls .....	249
13.4.1	Introduction .....	249
13.4.2	Properties of PCBs .....	249
13.4.3	Uses of PCBs.....	250
13.4.4	Environmental Contamination of PCBs.....	250
13.4.4.1	Wildlife Exposure to PCBs .....	251
13.4.4.2	Human Exposure to PCBs .....	252
13.4.5	Metabolism of PCBs .....	253
13.4.6	Toxicity of PCBs .....	253
13.4.7	Biological Effects of PCBs.....	254
13.5	Polybrominated Biphenyls.....	255
13.5.1	Introduction .....	255
13.5.2	Chemistry of PBBs.....	255
13.5.3	Toxicity of PBBs.....	256
13.5.4	Biological Effects of PBBs .....	256
13.6	Dioxin .....	256
13.6.1	Introduction .....	256
13.6.2	Exposure to PCDDs .....	257
13.6.3	Toxicity of Dioxins.....	257
13.6.3.1	Toxicity of Dioxins in Animals .....	257
13.6.3.2	Toxicity of Dioxins in Birds .....	258
13.6.3.3	Toxicity of Dioxins in Humans.....	259

13.6.4	Gene Regulation by Dioxins .....	260
13.6.5	Environmental Degradation of TCDD .....	261
Review Questions .....		261
References .....		262
<b>Chapter 14</b>	<b>Occupational Toxicology.....</b>	<b>265</b>
14.1	Introduction .....	265
14.1.1	Antiquity to Middle Ages: Diseases among Miners.....	265
14.1.2	After the Industrial Revolution: Metal Diseases.....	265
14.1.3	After the Nineteenth Century: Organic Compounds, Organic Metals, and Gases .....	267
14.1.4	Modern Era: Toxicology and Preventive Medicine.....	268
14.2	Changing Workplace Environment .....	269
14.3	Threshold Limit Values .....	270
14.4	Biological Exposure Indices.....	270
14.5	Respiratory Toxicity .....	271
14.5.1	Irritation of Airways and Edema.....	272
14.5.2	Occupational Respiratory Diseases.....	273
14.6	Other Occupational Diseases Caused by Toxic Substances .....	274
14.6.1	Metal Fume Fever .....	274
14.6.2	Fluorosis .....	275
14.6.3	Diseases Caused by Sensitizers.....	275
14.7	Recent Chemicals of Concern .....	276
14.7.1	Nanoparticles.....	276
14.7.2	Rare Metals .....	277
Review Questions .....		277
References .....		278
<b>Chapter 15</b>	<b>Endocrine Disruption .....</b>	<b>281</b>
15.1	Introduction .....	281
15.2	Review of Hormonal Function .....	281
15.3	Characteristics of Endocrine Disruptors .....	282
15.4	Mode of Action.....	285
15.5	Examples of Endocrine Disruption .....	287
15.5.1	Induction of Developmental Toxicity .....	288
15.5.2	Estrogen Mimics .....	288
15.5.3	Induction of Sterility .....	288
15.5.4	Antiandrogens .....	289
15.5.5	Induction of Imposex.....	290
15.5.6	Hypothyroidism.....	290
15.5.7	Changing Behavior.....	290

## Contents

15.6 Hormonal Cancers.....	290
15.6.1 Introduction .....	290
15.6.2 Hormonal Cancers in Farmers .....	291
15.6.3 The Toxic Substance Control Act.....	292
15.7 Testing Estrogenicity .....	292
Review Questions .....	293
References .....	294
<b>Chapter 16</b> Mutagenic Pollutants .....	297
16.1 Introduction .....	297
16.2 Types of Mutation.....	297
16.2.1 Chromosomal Aberrations .....	298
16.2.2 Gene Mutations .....	299
16.3 Effects of Mutation.....	299
16.4 Induction of Mutation .....	300
16.4.1 UV Light .....	300
16.4.2 Ionizing Radiations .....	301
16.4.3 Chemical Mutagens.....	302
16.4.3.1 Alkylating Agents.....	302
16.4.3.2 Intercalating Agents.....	304
16.4.3.3 Metals .....	304
Review Questions .....	305
References .....	305
<b>Chapter 17</b> Environmental Cancer.....	307
17.1 Introduction .....	307
17.2 Causes of Cancer .....	307
17.3 Three Stages in the Development of Cancer .....	309
17.4 Metastasis .....	311
17.5 Classification of Carcinogens .....	311
17.5.1 Radiation .....	312
17.5.2 Chemical Carcinogens .....	312
17.6 Metabolism of Chemical Carcinogens .....	313
17.6.1 Free Radicals.....	314
17.6.2 DDT.....	315
17.6.3 Formaldehyde .....	315
17.6.4 Vinyl Chloride .....	315
17.6.5 Alkylating Agents .....	316
17.6.6 Trichloroethylene (TCE) .....	317
17.6.7 Polycyclic Aromatic Hydrocarbons.....	317
17.6.7.1 Benzo(a)pyrene .....	318
17.6.7.2 Halogenated Aromatic Hydrocarbons .....	320
17.7 Respiratory Cancer Death Rates .....	320
17.8 DNA Repair.....	321
17.8.1 DNA Damage .....	321

## Contents

17.8.2 Sources of Damage.....	321
17.8.3 Types of Damage.....	322
17.8.4 DNA Repair.....	322
17.8.4.1 Introduction .....	322
17.8.4.2 Direct Reversal .....	323
17.8.4.3 Single-Strand Damage .....	323
Review Questions .....	324
References .....	324
<b>Appendix 1: Ecological Risk Assessment .....</b>	<b>327</b>
<b>Appendix 2: 11th Report on Carcinogens.....</b>	<b>335</b>
<b>Appendix 3: List of Cigarette Smoke Carcinogens.....</b>	<b>341</b>
<b>Appendix 4: Polychlorinated Biphenyl (PCB) Nomenclature.....</b>	<b>343</b>
<b>Index.....</b>	<b>349</b>