

## **Brief Contents**

### **UNIT 1: Nursing's Perspective: Past, Present, and Future**

Chapter 1	Evolution of Nursing and Nursing Education	3
Chapter 2	Nursing Theory	23
Chapter 3	Research and Evidence-Based Practice	41
Chapter 4	Health Care Delivery, Quality, and the Continuum of Care	53

### **UNIT 2: Nursing Process: The Standard of Care**

Chapter 5	Critical Thinking, Decision Making, and the Nursing Process	75
Chapter 6	Assessment	89
Chapter 7	Nursing Diagnosis	109
Chapter 8	Planning and Outcome Identification	125
Chapter 9	Implementation	139
Chapter 10	Evaluation	153

### **UNIT 3: Professional Accountability**

Chapter 11	Leadership, Delegation, and Power	165
Chapter 12	Legal and Ethical Responsibilities	187
Chapter 13	Documentation and Informatics	213

### **UNIT 4: Promoting Client Health**

Chapter 14	Nursing, Healing, and Caring	245
Chapter 15	Communication	261
Chapter 16	Health and Wellness Promotion	281
Chapter 17	Family and Community Health	297
Chapter 18	The Life Cycle	309
Chapter 19	The Older Client	357
Chapter 20	Cultural Diversity	379
Chapter 21	Client Education	401

### **UNIT 5: Responding to Basic Psychosocial Needs**

Chapter 22	Self-Concept	423
Chapter 23	Stress, Anxiety, Adaptation, and Change	439
Chapter 24	Spirituality	463
Chapter 25	Loss and Grief	475

### **UNIT 6: Responding to Basic Physiological Needs**

Chapter 26	Vital Signs	501
Chapter 27	Physical Assessment	539
Chapter 28	Diagnostic Testing	601
Chapter 29	Safety, Infection Control, and Hygiene	653
Chapter 30	Medication Administration	749
Chapter 31	Complementary and Alternative Modalities	833
Chapter 32	Oxygenation	859
Chapter 33	Fluids and Electrolytes	919
Chapter 34	Nutrition	993
Chapter 35	Comfort and Sleep	1043
Chapter 36	Mobility	1087
Chapter 37	Skin Integrity and Wound Healing	1161
Chapter 38	Sensation, Perception, and Cognition	1207
Chapter 39	Elimination	1231
Chapter 40	Nursing Care of the Perioperative Client	1295

Glossary	1337
References	1363
Index	1383