

CONTENTS

Preface	iv
Acknowledgments	vi
Introduction	vii
NIOSH Recommendations	vii
How to Use This Pocket Guide	viii
Table 1 – NIOSH Manual of Analytical Methods	xvii
Table 2 – Personal Protection and Sanitation Codes	xviii
Table 3 – Symbols, Code Components, and Codes Used for Respirator Selection	xx
Table 4 – Selection of N-, R-, or P-Series Particulate Respirators	xxv
Table 5 – Abbreviations for Exposure Routes, Symptoms, and Target Organs	xxvi
Table 6 – Codes for First Aid Data	xxviii
Chemical Listing	1
Appendices	341
Appendix A – NIOSH Potential Occupational Carcinogens	342
Appendix B – Thirteen OSHA-Regulated Carcinogens	344
Appendix C – Supplementary Exposure Limits	345
Appendix D – Substances with No Established RELs	350
Appendix E – OSHA Respirator Requirements for Selected Chemicals	351
Appendix F – Miscellaneous Notes	361
Appendix G – Vacated 1989 OSHA PELs	362
Indices	373
CAS Number Index	374
DOT ID Number Index	379
Chemical, Synonym, and Trade Name Index	383