

Contents

New to This Edition.....	ix
Introduction.....	xiii
Preface.....	xvii
Acknowledgments	xix
About the Authors.....	xxiii
Chapter 1 History and Scope of Epidemiology.....	1
Introduction	2
Epidemiology Defined	8
Foundations of Epidemiology.....	15
Historical Antecedents of Epidemiology	23
Recent Applications of Epidemiology	41
Conclusion	48
Study Questions and Exercises.....	49
References.....	51
Chapter 2 Practical Applications of Epidemiology	55
Introduction	56
Applications for the Assessment of the Health Status of Populations and Delivery of Health Services	59
Applications Relevant to Disease Etiology.....	83
Conclusion	101
Study Questions and Exercises.....	101
References.....	104

Chapter 3	Measures of Morbidity and Mortality Used in Epidemiology.....	107
	Introduction	108
	Definitions of Count, Ratio, Proportion, and Rate	108
	Risk Versus Rate; Cumulative Incidence	121
	Interrelationship Between Prevalence and Incidence	124
	Applications of Incidence Data	126
	Crude Rates	126
	Specific Rates and Proportional Mortality Ratio	138
	Adjusted Rates	144
	Conclusion	151
	Study Questions and Exercises.....	152
	References.....	155
Chapter 4	Descriptive Epidemiology: Person, Place, Time.....	157
	Introduction	158
	Characteristics of Persons.....	163
	Characteristics of Place	203
	Characteristics of Time.....	217
	Conclusion	223
	Study Questions and Exercises.....	223
	References.....	225
	Appendix 4—Project: Descriptive Epidemiology of a Selected Health Problem	233
Chapter 5	Sources of Data for Use in Epidemiology.....	235
	Introduction	236
	Criteria for the Quality and Utility of Epidemiologic Data	239
	Online Sources of Epidemiologic Data	241
	Confidentiality, Sharing of Data, and Record Linkage....	244
	Statistics Derived from the Vital Registration System	247
	Reportable Disease Statistics	254
	Screening Surveys	259
	Disease Registries.....	260
	Morbidity Surveys of the General Population	262
	Insurance Data.....	267
	Clinical Data Sources.....	267
	Absenteeism Data	271
	School Health Programs	272

Morbidity in the Armed Forces: Data on Active Personnel and Veterans	272
Other Sources: Census Data	273
Conclusion	274
Study Questions and Exercises.....	274
References.....	276
Chapter 6 Study Designs: Ecologic, Cross-Sectional, Case-Control.....	279
Introduction	280
Observational Versus Experimental Approaches in Epidemiology	281
Overview of Study Designs Used in Epidemiology	282
Ecologic Studies.....	287
Cross-Sectional Studies.....	294
Case-Control Studies.....	303
Conclusion	317
Study Questions and Exercises.....	317
References.....	319
Chapter 7 Study Designs: Cohort Studies.....	323
Introduction	324
Cohort Studies Defined	325
Sampling and Cohort Formation Options.....	335
Temporal Differences in Cohort Designs.....	341
Practical Considerations.....	344
Measures of Effect: Their Interpretation and Examples...	347
Summary of Cohort Studies.....	358
Conclusion	359
Study Questions and Exercises.....	362
References.....	363
Chapter 8 Experimental Study Designs	367
Introduction	368
Hierarchy of Study Designs	371
Intervention Studies.....	373
Clinical Trials	374
Community Trials	392
Conclusion	404
Study Questions and Exercises	405
References.....	406

Chapter 9	Measures of Effect	409
Introduction	410	
Absolute Effects	410	
Relative Effects	414	
Statistical Measures of Effect.....	420	
Evaluating Epidemiologic Associations	423	
Models of Causal Relationships	425	
Conclusion	430	
Study Questions and Exercises.....	431	
References.....	432	
Appendix 9—Cohort Study Data for Coffee Use and Anxiety.....	433	
Chapter 10	Data Interpretation Issues.....	435
Introduction	436	
Validity of Study Designs	437	
Sources of Error in Epidemiologic Research.....	440	
Techniques to Reduce Bias	449	
Methods to Control Confounding.....	450	
Bias in Analysis and Publication.....	454	
Conclusion	456	
Study Questions and Exercises.....	456	
References.....	458	
Chapter 11	Screening for Disease in the Community.....	461
Introduction	462	
Screening for Disease	464	
Appropriate Situations for Screening Tests and Programs.....	468	
Characteristics of a Good Screening Test.....	471	
Evaluation of Screening Tests	471	
Sources of Unreliability and Invalidity	476	
Measures of the Validity of Screening Tests	476	
Effects of Prevalence of Disease on Screening Test Results.....	479	
Relationship Between Sensitivity and Specificity.....	482	
Evaluation of Screening Programs.....	483	
Issues in the Classification of Morbidity and Mortality...	485	
Conclusion	486	
Study Questions and Exercises.....	487	
References.....	488	
Appendix 11—Data for Problem 6.....	490	

Chapter 12 Epidemiology of Infectious Diseases	491
Introduction	492
Agents of Infectious Disease.....	493
Characteristics of Infectious Disease Agents	496
Host	497
The Environment	499
Means of Transmission: Directly or Indirectly from Reservoir	500
Measures of Disease Outbreaks.....	506
Procedures Used in the Investigation of Infectious Disease Outbreaks.....	511
Epidemiologically Significant Infectious Diseases in the Community	513
Conclusion	539
Study Questions and Exercises.....	539
References.....	542
Appendix 12—Data from a Foodborne Illness Outbreak in a College Cafeteria	545
Chapter 13 Epidemiologic Aspects of Work and the Environment.....	547
Introduction	548
Health Effects Associated with Environmental Hazards..	550
Study Designs Used in Environmental Epidemiology	550
Toxicologic Concepts Related to Environmental Epidemiology	555
Types of Agents	557
Environmental Hazards Found in the Work Setting.....	571
Noteworthy Community Environmental Health Hazards.....	575
Conclusion	588
Study Questions and Exercises.....	591
References.....	592
Chapter 14 Molecular and Genetic Epidemiology	599
Introduction	600
Definitions and Distinctions: Molecular Versus Genetic Epidemiology	605
Epidemiologic Evidence for Genetic Factors.....	609
Causes of Familial Aggregation	610
Shared Family Environment and Familial Aggregation ...	612
Gene Mapping: Segregation and Linkage Analysis	616

Genome-Wide Association Studies (GWAS)	626
Linkage Disequilibrium Revisited: Haplotypes	628
Application of Genes in Epidemiologic Designs.....	631
Genetics and Public Health	638
Conclusion	642
Study Questions and Exercises.....	642
References.....	643
Chapter 15 Social, Behavioral, and Psychosocial Epidemiology... 649	
Introduction	650
Research Designs Used in Psychosocial, Behavioral, and Social Epidemiology.....	655
The Social Context of Health	657
Independent Variables	660
Moderating Variables.....	669
Dependent (Outcome) Variables: Physical and Mental Health.....	684
Conclusion	691
Study Questions and Exercises.....	692
References.....	694
Chapter 16 Epidemiology as a Profession..... 701	
Introduction	702
Specializations within Epidemiology.....	703
Career Roles for Epidemiologists	705
Epidemiology Associations and Journals	708
Competencies Required of Epidemiologists	711
Resources for Education and Employment	712
Professional Ethics in Epidemiology	714
Conclusion	719
Study Questions and Exercises.....	720
References.....	721
Appendix A—Guide to the Critical Appraisal of an Epidemiologic/Public Health Research Article..... 723	
Appendix B—Answers to Selected Study Questions... 727	
Glossary.....	737
Index	759