Contents

Preface xv
Authors xvii

Chapter 1 Measuring Toxicity and Assessing Risk 1

Introduction 1
Chemistry of Toxicants 1
Toxicity Testing Methods 1
Testing in Animals 2
Human Data and Epidemiology 3
Factors to be Considered in Planning Toxicity Testing 3
Routes of Exposure 3
Determining the Responses to Varying Doses of a Substance 4
Timing of Exposure 5
The LD_{50} (Median Lethal Dose) Experiment 5
Testing 5
Analysis 6
Alternative Tests 8
Categories of Toxicity 9
No Observed Adverse Effect Levels 9
Mixtures 9
Toxicity, Hazard, and Risk 10
Toxicity and Hazard 10
The Role of Laboratory Testing in Estimation of Hazard 10
Epidemiological Data 11
Risk Assessment and Risk Management 12
Case Study: Risk, Perception, and Vaccination 13
Bibliography 14

Chapter 2 Toxicokinetics 15

Introduction 15
Pharmacokinetics and Toxicokinetics 15
Absorption 16
The Oral Route of Absorption 17
Respiratory Route of Absorption 18
Dermal Route of Absorption 18
Distribution 19
Elimination 20
Toxicokinetic Models 20
Mathematical Models of Elimination 20
Complicating Factors 23

Clearance 24
Absorption and Bioavailability 24
Contrasting Kinetics of Lipophilic Substances 25
Bibliography 27

Chapter 3 Biotransformation 29

Introduction 29
Primary Biotransformation (Phase I Reactions): Hydrolysis 30
Serine Hydrolases 31
Paraoxonases 34
Epoxide Hydrolase 35
Primary Biotransformation (Phase I Reactions): Oxidation 35
The Role of Cytochrome P450 35
Other Enzymes Carrying Out Oxidation 41
Primary Biotransformation (Phase I Reactions): Reduction 43
Secondary Metabolism (Phase II Reactions) 43
Glucuronidation 43
Glutathione Conjugation 45
Acetylation and Other Phase II Reactions 48
Factors That Influence Metabolism 48
The Role of Metabolism by Gut Flora 48
Bibliography 49

Chapter 4 Cellular Sites of Action 51

Introduction 51
Interaction of Toxicants with Proteins 52
Effects of Toxicants on Enzymes 53
Effects of Toxicants on Receptors and Ion Channels 59
Effects of Toxicants on Voltage-Activated Ion Channels 63
Effects of Toxicants on Transport Proteins 64
Effects of Toxicants on Proteins Involved in the Regulation of Gene Expression 65
Effects of Toxicants on Lipids 67
Effects of Toxicants on Nucleic Acids 68
Mechanisms of Cell Death 70
Apoptosis 70
Necrosis 71
Autophagy 72
Stress, Repair, and Recovery 73
Case Study: Cyclooxygenase Inhibitors 74
Bibliography 76

Chapter 5 Genomics and New Genetics in Toxicology 79

Introduction 79

The Human Genome Project 79
Sorting Out Genes 80
Model Organisms and Comparative Genomics 80
Toxicogenomics 83
Monitoring Transcription: Gene Expression and Microarrays 83
Other Roles for RNA 87
Single Nucleotide Polymorphisms 88
Metabolomics 90
Personalized Susceptibility and Tailored Therapeutics 92
Individual Variations in Metabolism and Pharmacogenomics 93
Race, Ethics, and Genomics 94
Systems Toxicology 96
Case Study: Using GenBank and Online Tools in Genomics 96
Bibliography 98

Chapter 6 Carcinogenesis 101

Cancer 101
The Epidemiology of Cancer 101
Environmental Factors in Cancer 102
Genetic Factors in Cancer 103
Carcinogenesis 103
The Mutational Theory of Carcinogenesis 103
Competing Theories 104
Oncogenes and Tumor Suppressor Genes 104
The Discovery of Oncogenes 104
An Example of an Oncogene: The Philadelphia Chromosome 105
The Role of Proto-Oncogenes in Cell Function 105
Examples of Proto-Oncogenes 106
Tumor Suppressor Genes 107
Single Nucleotide Polymorphisms and Cancer 108
Chemical Carcinogens: Initiation 109
Genetic Carcinogens 109
Consequences of Mutagenesis 111
Chemical Carcinogens: Promotion 112
Stimulation of Cell Growth and Division 113
Suppression of Cell Death 113
Stimulation of Cellular Production of Reactive Compounds 113
Hormones as Promoters 114
The Role of Cellular Energetics 114
Epigenetic Impacts on Genes and Gene Expression 114
Other Mechanisms of Promotion 115
Protection against the Development of Cancer 115
Testing Compounds for Carcinogenicity 116
Critiques of Strategies in Cancer Research 117
Carcinogenesis: A Complex Process 118

Case Study: Predicting Carcinogenesis Based upon Chemistry (QSAR) 118
Bibliography 120

Chapter 7 Reproductive Toxicology and Teratology 123

Introduction 123
Basic Processes in Reproduction and Development: Cell Division 123
The Cell Cycle and Mitosis 123
Meiosis 126
Cloning 127
The Male Reproductive System 128
The Female Reproductive System 129
The Effects of Toxicants on the Male and Female Reproductive Systems 131
Protective Mechanism: The Blood–Testis Barrier 131
Interference with Cell Division 131
Cytotoxicity and Infertility 132
Endocrine Disrupters and Interference with Hormonal Controls 133
The Process of Development 135
Embryogenesis and Developmental Genetics 137
Effects of Toxicants on Development: Teratogens and Teratogenesis 138
Effects of Dose or Exposure Level on Teratogenicity 139
Effects of Timing of Exposure on Teratogenicity 140
Examples of Teratogens 140
Mechanisms of Teratogenicity 142
Testing for Reproductive and Developmental Toxicity 143
Human Assessment 143
Testing of Laboratory Animals: General Principles 143
Testing *In Vitro* 144
Established Procedures for Testing 144
Case Study: Thalidomide 145
Bibliography 147

Chapter 8 Respiratory Toxicology 149

Function of the Respiratory System 149
Anatomy and Physiology of the Respiratory System 149
Respiratory Anatomy 149
Pulmonary Ventilation 151
Gas Exchange 153
Control of Respiration 154
Effects of Toxicants on the Respiratory System: General Principles 155
Defense Mechanisms of the Respiratory System 156

Exposure to Respiratory Toxicants 156
Measuring Exposure Levels 156
Deposition of Gases 157
Deposition of Particulates 157
Immediate Responses to Respiratory Toxicants: Mechanisms 158
The Irritant Response 158
Involvement of the Immune System 159
Free Radical-Induced Damage 159
Immediate Responses to Respiratory Toxicants: Effects on Upper and Lower Airways 160
Immediate Responses: Upper Airway Effects 160
Immediate Responses: Lower Airway Effects 160
Delayed and Cumulative Responses to Respiratory Toxicants 161
Asthma and Immune-Related Chronic Conditions 161
Chronic Obstructive Pulmonary Disease: Bronchitis and Emphysema 162
Fibrosis and Pneumoconioses 162
Lung Cancer 164
Inhalation Studies 165
Case Study: Nanoparticles 166
Bibliography 167

Chapter 9 Cardiovascular Toxicology 169

Function of the Cardiovascular System 169
Anatomy and Physiology of the Heart 169
Effects of Toxicants on the Heart 172
Arrhythmias 172
Cardiomyopathies and Other Effects on Cardiac Muscle 174
Myocardial Infarctions 176
The Vascular System 177
Effects of Toxicants on the Vascular System 178
Hemorrhage 178
Vascular Spasms and Blood Pressure 179
Atherosclerosis 180
Angiogenesis 181
The Blood 182
Effects of Toxicants on the Blood 183
Anemias, Hemolysis, and Related Disorders 183
Effects of Toxicants on Hemoglobin 184
Effects of Toxicants on Platelets and Coagulation 186
Bibliography 186

Chapter 10 Neurotoxicology 189

Function of the Nervous System 189
Anatomy and Physiology of the Nervous System 189

Effects of Toxicants on the Nervous System: General Principles.... 191
The Blood–Brain Barrier 191
Effects of Toxicants on the Nervous System: General Categories 193
Effects of Toxicants on Electrical Conduction 193
Effects of Toxicants on Synaptic Function 197
Acetylcholine 199
Biogenic Amines 203
Amino Acid Neurotransmitters 207
Neuroactive Peptides 207
Axonopathies 208
Axon Transport Systems 208
Proximal Axonopathies 210
Distal Axonopathies 210
Myelinopathies 212
Effects of Toxicants Directly on Neurons and Glial Cells 214
Excitotoxicity 215
Other Cytotoxic Compounds 216
Glial Cells 217
Other Neurotoxicants 218
Effects on Special Sensory Organs 219
Developmental Effects 219
Methods in Neurotoxicology 219
Case Study: Botulinum Toxin 221
Bibliography 223

Chapter 11 Hepatic Toxicology 225

Anatomy and Physiology of the Liver 225
Liver Structure 225
Function of the Liver 227
Types of Toxicant-Induced Liver Injury 229
Fatty Liver 229
Cholestasis 230
Liver Cell Death: Necrosis and Apoptosis 231
Fibrosis and Cirrhosis 234
Miscellaneous Effects 235
Response to Liver Injury 236
Evaluating Liver Injury and Treating Disease 236
Case Study: Reye's Syndrome 237
Bibliography 238

Chapter 12 Renal Toxicology 241

Function of the Kidneys 241
Anatomy and Physiology of the Kidneys 241
Effects of Toxicants on the Kidney: General Principles 243

Damage to the Glomerulus 243
Damage to the Proximal Tubule 245
The Remainder of the Tubule 250
Measurement of Kidney Function *In Vivo* 251
Measurement of Kidney Function *In Vitro* 252
Compensation Following Renal Damage 253
Bibliography 253

Chapter 13 Immunotoxicology 255

Function of the Immune System 255
Nonspecific Defense Mechanisms 255
The Skin and Mucus Membranes 255
Phagocytosis and Other Direct Attacks 256
The Complement System and Interferons 256
Fever 256
The Inflammatory Response 257
Specific Defense Mechanisms 258
Cellular Immunity 258
Humoral Immunity 259
Development of Immunity 261
Effects of Toxicants on the Immune System 261
Toxicant-Induced Allergies 261
Toxicant-Induced Autoimmunity 263
Toxicant-Induced Immunosuppression 263
AIDS and Antiviral Drugs 266
Methods for Studying Immunotoxicity 267
Bibliography 268

Chapter 14 Ecological Toxicology 269

Introduction 269
Effects of Toxicants at the Population Level 269
Population Genetics 269
Natural Selection 270
Natural Selection, Toxicants, and Resistance 271
Recombinant Organisms 272
Population Growth and Dynamics 273
Effects of Toxicants at the Community Level 274
Effects of Toxicants at the Ecosystem Level 276
Energy Flow in Ecosystems 276
Material Cycling in Ecosystems 277
Examples of Ecosystems and Vulnerability to Impact by Toxicants 279
Marine Ecosystems 279
Freshwater Ecosystems 280
Terrestrial Ecosystems 283

Climate Change and Ecotoxicology 284
Ecotoxicological Testing Methods 284
Single-Species Testing 284
Microcosms 285
Field Studies 286
Mathematical Modeling 286
Molecular and Cellular Ecotoxicology: A New Direction 286
Case Study: Plastic Debris in the Marine Environment 287
Bibliography 289

Chapter 15 Applications: Pharmacology and Toxicology 291

Basic Principles of Pharmacology 291
Pharmacokinetics and Drug Delivery 291
The Magic Bullet: Mechanisms of Action and Side Effects 293
Drug Development and the Role of Toxicology 294
Preclinical Studies 295
Clinical Studies 296
Generic Drugs 297
Toxicogenomics and Drug Safety 297
The Return of Natural Products: Regulatory Issues 298
Bibliography 298

Chapter 16 Applications: Forensic Toxicology 301

Analytical Toxicology 301
Thin-Layer Chromatography 302
Gas Chromatography–Mass Spectrometry 303
High-Performance Liquid Chromatography 304
Immunoassays 305
Forensic Toxicology and Alcohol Use 306
Forensic Toxicology and Illegal Drug Use 307
The Controlled Substances Act 307
Drug Identification 307
Major Categories of Illegal Drugs: Neuroactive Drugs 308
Anabolic Steroids 309
Criminal Poisonings 310
Bibliography 312

Chapter 17 Applications: Environmental Toxicology and Pollution 315

Air Pollution 315
Types and Sources of Air Pollutants 315
General Effects of Air Pollutants 316
Carbon Oxides 317
Sulfur Oxides and Nitrogen Oxides 319

Hydrocarbons and the Formation of Secondary Pollutants (Including Ozone) 320
Chlorofluorocarbons 321
Particulates 321
Airborne Toxicants 321
Indoor Air Pollution 322
Control of Air Pollution 323
Water Pollution 323
Water in the Ecosystem 324
Organic Wastes as Water Pollutants 325
Petroleum Products as Water Pollutants 325
Pesticides 328
Other Organic Compounds 332
Phosphorus and Nitrogen 333
Metals 334
Other Water Pollutants 335
Regulation and Control of Water Pollution 336
Toxic Wastes 336
Sources of Toxic Wastes 336
Categories of Waste 337
Love Canal and Hazardous Waste Legislation 338
Waste Management: Reduce, Recycle, Treat, Store 340
Case Study: Pharmaceuticals in the Water Supply 342
Bibliography 343

Chapter 18 Applications: Radiation 347

Basic Types of Radiation 347
Electromagnetic Radiation 347
Particulate Radiation 349
Measurement of Radioactivity 349
Interaction of Ionizing Radiation with Biological Tissues 350
Cellular Mechanisms 350
Calculation and Measurement of Radiation Dosages 350
Sources of Ionizing Radiation 351
Physiological Effects of Exposure to Ionizing Radiation 352
Acute Exposures: Acute Radiation Syndrome 352
Chronic Exposures and Delayed Effects of Acute Exposures 352
Nonionizing Radiation 353
Ultraviolet Radiation 353
Radiofrequency Electromagnetic Fields 354
Extremely Low-Frequency Electromagnetic Fields 355
Radiation Safety 355
Case Study: Three Mile Island, Chernobyl, and Fukushima 356
Bibliography 359

Chapter 19 Applications: Food Safety 361

Food Additives 361
Preservatives and Antioxidants 361
Sweeteners and Flavor Enhancers 363
Food Colors 364
Other Additives, Including Indirect Additives 365
Chemical Contaminants in Foods 366
Contaminants of Biological Origin 369
Transgenic Foods 369
Regulations and Regulatory Agencies 370
Testing 370
Carcinogenicity 371
The Importance of Labeling 372
Bibliography 372

Chapter 20 Applications: Toxins 375

Toxins 375
Bacterial Toxins 375
Botulinum and Tetanus Toxins 375
Cyanobacterial Toxins 377
Other Bacterial Toxins 378
Protist Toxins 378
Dinoflagellates and Paralytic Shellfish Toxins 379
Fungal Toxins 381
Plant Toxins 382
Plant Alkaloids 383
Plant Terpenes and Terpenoids 385
Plant Glycosides 385
Other Irritants 385
Poison Ivy and Allergic Contact Dermatitis 386
Animal Toxins 387
Cnidarians 387
Arthropods: Arachnids, Insects, and More 388
Mollusks 389
Amphibians 391
Reptiles 391
Fish, Birds, and Mammals 393
Bibliography 394

Appendix: List of Selected Toxicants 397

Index 413