

CONTENTS

Preface	xi
Introduction	xii

Part I	Planning Phase	1
Chapter 1	Identifying a Research Topic	3
	<i>Research Defined</i>	<i>3</i>
	<i>Finding a Topic</i>	<i>4</i>
	<i>Idea Sources</i>	<i>7</i>
	<i>“Think Research”</i>	<i>8</i>
	<i>Transformative Research Topics</i>	<i>9</i>
	<i>Generating an Idea List</i>	<i>10</i>
	<i>Making a Final Selection.</i>	<i>10</i>
	<i>Conclusion.</i>	<i>11</i>
	<i>References</i>	<i>11</i>
Chapter 2	Reviewing the Literature	13
	<i>Searching the Literature</i>	<i>13</i>
	<i>Read Critically and Make Notes</i>	<i>16</i>
	<i>Writing the Review.</i>	<i>17</i>
	<i>Conclusion.</i>	<i>19</i>
	<i>References</i>	<i>19</i>
Chapter 3	Theory	21
	<i>Important Definitions</i>	<i>21</i>
	<i>Developmental Stages of Theories</i>	<i>23</i>
	<i>Using Research to Test Theory</i>	<i>23</i>

Using Theory to Inform Research	25
The Concept Tree	26
Concept Tree Example	31
Issues Related to Theory and Research	33
Conclusion	34
References	35
Part II Design Phase	39
Chapter 4 Quantitative or Qualitative Research?	41
Name Calling	42
Defining Quantitative and Qualitative Research	42
Quantitative and Qualitative Methods	45
Philosophical Underpinnings	48
The Quantitative Paradigm	49
The Qualitative Paradigm	52
Characteristics of Qualitative Research	54
Conclusion	56
References	56
Chapter 5 Experimental Research Designs	59
Experimental Design	59
Quasi-Experimental Designs	69
Conclusion	74
References	74
Chapter 6 Descriptive Research Designs, Mixed Methods, and Meta-Analysis	77
Simple Descriptive Designs	78
More Complex Descriptive Designs	81
Secondary Analysis	85
Big Data	86
Mixed Designs and Mixed Methods	87
Meta-Analysis	94
Conclusion	101
References	102
Chapter 7 Epidemiological and Longitudinal Designs	107
Epidemiological Designs	107
Longitudinal Studies	111

Using Theory to Inform Research	25
The Concept Tree	26
Concept Tree Example	31
Issues Related to Theory and Research	33
Conclusion	34
References	35

Part II	Design Phase	39
Chapter 4	Quantitative or Qualitative Research?	41
	Name Calling	42
	Defining Quantitative and Qualitative Research	42
	Quantitative and Qualitative Methods	45
	Philosophical Underpinnings	48
	The Quantitative Paradigm	49
	The Qualitative Paradigm	52
	Characteristics of Qualitative Research	54
	Conclusion	56
	References	56
Chapter 5	Experimental Research Designs	59
	Experimental Design	59
	Quasi-Experimental Designs	69
	Conclusion	74
	References	74
Chapter 6	Descriptive Research Designs, Mixed Methods, and Meta-Analysis	77
	Simple Descriptive Designs	78
	More Complex Descriptive Designs	81
	Secondary Analysis	85
	Big Data	86
	Mixed Designs and Mixed Methods	87
	Meta-Analysis	94
	Conclusion	101
	References	102
Chapter 7	Epidemiological and Longitudinal Designs	107
	Epidemiological Designs	107
	Longitudinal Studies	111



	<i>Conclusion</i>	115
	<i>References</i>	115
Chapter 8	Sampling	117
	<i>Probability Sampling</i>	118
	<i>Purposeful Sampling</i>	129
	<i>Complex Sampling Strategies</i>	134
	<i>Conclusion</i>	135
	<i>References</i>	135
Chapter 9	Reliability	139
	<i>What Is Reliability?</i>	139
	<i>When Is Reliability a Concern?</i>	140
	<i>Measurement</i>	140
	<i>Consistency</i>	143
	<i>Stability</i>	145
	<i>Homogeneity</i>	147
	<i>Reliability of Physical Measures</i>	148
	<i>Improving Reliability</i>	151
	<i>Conclusion</i>	153
	<i>References</i>	153
Chapter 10	Validity	155
	<i>Content Validity</i>	156
	<i>Construct Validity</i>	163
	<i>Criterion Validity</i>	165
	<i>Sensitivity and Specificity</i>	165
	<i>Conclusion</i>	168
	<i>References</i>	168
Chapter 11	Rigor in Qualitative Research	171
	<i>Example: Coming of Age in Samoa</i>	172
	<i>Credibility</i>	174
	<i>Transferability</i>	178
	<i>Dependability</i>	179
	<i>Confirmability</i>	180
	<i>Additional Criteria for Trustworthiness</i>	181
	<i>Conclusion</i>	185
	<i>References</i>	185

Part III	Implementation Phase	189
Chapter 12	Research Ethics	191
	<i>A Troubled Past</i>	191
	<i>Principles of Ethical Conduct in Research</i>	193
	<i>Application of the Principles</i>	195
	<i>Basic Elements of Informed Consent</i>	200
	<i>Issues Related to Ethical Research Conduct</i>	205
	<i>Ethical Conduct Related to Animal Model Research</i>	209
	<i>Conclusion</i>	210
	<i>References</i>	210
Chapter 13	Participant Recruitment	213
	<i>Recruitment</i>	213
	<i>Retention</i>	225
	<i>Conclusion</i>	228
	<i>References</i>	229
Chapter 14	Data Collection: Testing and Observation	231
	<i>Initial Preparation for Data Collection</i>	232
	<i>Tests of Function</i>	236
	<i>Physical Assessment Measures</i>	239
	<i>Biological Tests</i>	240
	<i>Observation</i>	243
	<i>Conclusion</i>	254
	<i>References</i>	254
Chapter 15	Data Collection: Interviewing Individuals and Groups	257
	<i>Structured and Semistructured Interviews</i>	258
	<i>Unstructured Interviews</i>	262
	<i>Focus Groups</i>	265
	<i>Conclusion</i>	269
	<i>References</i>	270
Chapter 16	Internet, Secondary Analysis, and Historical Research	273
	<i>Internet-Based Research</i>	273
	<i>Secondary Data Analysis</i>	280
	<i>Historical Research</i>	283
	<i>Conclusion</i>	290
	<i>References</i>	291

Chapter 17	Intervention	295
	<i>Interventions</i>	296
	<i>Preparing to Implement the Intervention</i>	301
	<i>Working with Facility Staff</i>	308
	<i>Implementation</i>	309
	<i>Conclusion</i>	311
	<i>References</i>	311
Part IV	Analysis and Interpretation Phase	315
Chapter 18	Quantitative Data Management	317
	<i>Managing the Data</i>	318
	<i>Selecting the Software for the Database</i>	322
	<i>Database Creation</i>	324
	<i>Conclusion</i>	329
	<i>References</i>	330
Chapter 19	Basic Quantitative Data Analysis	331
	<i>Data Cleaning</i>	332
	<i>Missing Data</i>	333
	<i>Visual Representations</i>	338
	<i>Basic Descriptive Statistics</i>	343
	<i>Bivariate Association</i>	348
	<i>Additional Measures of Association</i>	350
	<i>Conclusion</i>	351
	<i>References</i>	352
Chapter 20	Inferential Analysis	355
	<i>Analysis of Variance</i>	355
	<i>Important Terminology</i>	356
	<i>t-Tests</i>	357
	<i>ANOVA</i>	362
	<i>Regression Analysis</i>	371
	<i>Conclusion</i>	392
	<i>References</i>	392
Chapter 21	Analysis of Qualitative Data	395
	<i>Processing the Data</i>	395
	<i>Why Quantify?</i>	397

<i>Structured and Semistructured Analysis</i>	398
<i>Content Analysis</i>	402
<i>Analyzing the Text</i>	403
<i>Unstructured Analysis</i>	405
<i>Ethnographic Analysis</i>	414
<i>Grounded Theory</i>	418
<i>Phenomenological Analysis</i>	422
<i>Conclusion</i>	428
<i>References</i>	428

Part V **Reporting** 431

Chapter 22 <i>Presenting Your Research Findings</i>	433
<i>Selecting a Conference</i>	434
<i>Poster Presentations</i>	434
<i>Podium Presentations</i>	436
<i>Conclusion</i>	439
<i>References</i>	439
Chapter 23 <i>Publishing Your Research Results</i>	441
<i>Reporting to Funders</i>	441
<i>Reporting to the Public</i>	441
<i>Publishing in Professional Journals</i>	442
<i>Research Letters and Brief Reports</i>	445
<i>Special Considerations for Qualitative Research Manuscripts</i>	445
<i>After Publication</i>	447
<i>Conclusion</i>	447
<i>References</i>	448
<i>For Further Reading</i>	448
Chapter 24 <i>Preparing Research Proposals</i>	451
<i>Thesis and Dissertation Proposals</i>	451
<i>Guidance for Writing a Thesis or Dissertation Proposal</i>	453
<i>Proposals for Funding</i>	454
<i>Information Commonly Requested</i>	456
<i>Suggestions and Guidelines for Preparing Applications for Funding</i>	460
<i>Qualitative Proposals: Special Considerations</i>	464
<i>Conclusion</i>	464
<i>References</i>	465



CONTENTS

Chapter 25 Evidence-Based Practice 467

Why Evidence-Based Practice? 468

The Evolution of Evidence-Based Practice 469

Criteria for Evidence-Based Practice Recommendations 471

Content of the Reviews 478

Analyses Performed 479

From Evidence Review to Practice 481

Research Evidence and Healthcare Policy 481

The Contribution of Qualitative Research to Evidence-Based Practice 482

Conclusion 483

References 483

Chapter 26 Patient Safety and Quality Research 487

Research Study Versus Quality Improvement Project 488

Some Examples of Patient Safety Research 488

Design Challenges in Patient Safety Research 491

Ethical Research Considerations 494

Conclusion 496

References 497

Chapter 27 Developing a Program of Research 499

The Value of Building a Program of Research 500

Launching a Program of Research 500

A Fictional Example 503

References 505

Appendix A The Belmont Report 507

Appendix B The Nuremberg Code and the Declaration of Helsinki 521

Appendix C Framingham Heart Study Consent Forms 527

Index 551