

# CONTENTS

## UNIT I

### Nursing and the Health Care Environment

---

- 1 Nursing Today, 1**  
*Anne Griffin Perry, RN, MSN, EdD, FAAN*
- 2 The Health Care Delivery System, 14**  
*Patricia A. Stockert, RN, BSN, MS, PhD*
- 3 Community-Based Nursing Practice, 31**  
*Anne Griffin Perry, RN, MSN, EdD, FAAN*
- 4 Theoretical Foundations of Nursing Practice, 41**  
*Beverly J. Reynolds, RN, EdD, CNE*
- 5 Evidence-Based Practice, 52**  
*Amy M. Hall, RN, BSN, MS, PhD, CNE*

## UNIT II

### Caring Throughout the Life Span

---

- 6 Health and Wellness, 65**  
*Patricia A. Stockert, RN, BSN, MS, PhD*
- 7 Caring in Nursing Practice, 79**  
*Anne Griffin Perry, RN, MSN, EdD, FAAN*
- 8 Caring for the Cancer Survivor, 90**  
*Kay E. Gaehle, PhD, MSN, BSN*
- 9 Cultural Awareness, 101**  
*Brenda Battle, RN, BSN, MBA*  
*Jelena Todic, MSW, LCSW*
- 10 Caring for Families, 117**  
*Anne Griffin Perry, RN, MSN, EdD, FAAN*
- 11 Developmental Theories, 132**  
*Tara Hulsey, PhD, RN, CNE, FAAN*
- 12 Conception Through Adolescence, 141**  
*Jerrilee LaMar, PhD, RN, CNE*
- 13 Young and Middle Adults, 159**  
*Patsy L. Ruchala, DNSc, RN*
- 14 Older Adults, 173**  
*Gayle L. Kruse, RN, ACHPN, GCNS-BC*

## UNIT III

### Critical Thinking in Nursing Practice

---

- 15 Critical Thinking in Nursing Practice, 195**  
*Patricia A. Potter, RN, MSN, PhD, FAAN*
- 16 Nursing Assessment, 209**  
*Patricia A. Potter, RN, MSN, PhD, FAAN*

- 17 Nursing Diagnosis, 225**  
*Patricia A. Potter, RN, MSN, PhD, FAAN*

- 18 Planning Nursing Care, 240**  
*Patricia A. Potter, RN, MSN, PhD, FAAN*

- 19 Implementing Nursing Care, 257**  
*Patricia A. Potter, RN, MSN, PhD, FAAN*

- 20 Evaluation, 270**  
*Patricia A. Potter, RN, MSN, PhD, FAAN*

- 21 Managing Patient Care, 279**  
*Patricia A. Stockert, RN, BSN, MS, PhD*

## UNIT IV

### Professional Standards in Nursing Practice

---

- 22 Ethics and Values, 292**  
*Margaret Ecker, RN, MS*

- 23 Legal Implications in Nursing Practice, 302**  
*Alice E. Dupler, JD, APRN-ANP, Esq.*

- 24 Communication, 316**  
*Cheryl A. Crowe, RN, MS*

- 25 Patient Education, 336**  
*Katherine N. Ayzengart, MSN, RN*

- 26 Documentation and Informatics, 356**  
*Noël Kerr, PhD, RN, CMSRN*

## UNIT V

### Foundations for Nursing Practice

---

- 27 Patient Safety and Quality, 373**  
*Michelle Aebersold, PhD, RN*

- 28 Immobility, 407**  
*Judith A. McCutchan, RN, ASN, BSN, MSN, PhD*

- 29 Infection Prevention and Control, 442**  
*Lorri A. Graham, RN*

- 30 Vital Signs, 486**  
*Susan Fetzer, RN, GSWN, MSN, MBA, PhD*

- 31 Health Assessment and Physical Examination, 533**  
*Patricia A. Stockert, RN, BSN, MS, PhD*

- 32 Medication Administration, 609**  
*Amy M. Hall, RN, BSN, MS, PhD, CNE*  
*Wendy R. Ostendorf, RN, MS, EdD, CNE*

- 33 Complementary and Alternative Therapies, 688**  
*Mary Koithan, PhD, RN, CNS-BC, FAAN*



# 164/25  
5040-

## UNIT VI

### Psychosocial Basis for Nursing Practice

---

- 34 Self-Concept, 701**  
*Victoria N. Folse, PhD, APN, PMHCNS-BC, LCPC*
- 35 Sexuality, 716**  
*Kathryn Lever, MSN, WHNP-BC*
- 36 Spiritual Health, 733**  
*Patricia A. Potter, RN, MSN, PhD, FAAN*
- 37 The Experience of Loss, Death, and Grief, 750**  
*Emily L. McClung, MSN, RN, PhD(c)*
- 38 Stress and Coping, 771**  
*Matthew R. Sorenson, PhD, APN, ANP-C*

## UNIT VII

### Physiological Basis for Nursing Practice

---

- 39 Activity and Exercise, 787**  
*Judith A. McCutchan, RN, ASN, BSN, MSN, PhD*
- 40 Hygiene, 821**  
*Patricia A. O'Connor, RN, MSN, CNE*
- 41 Oxygenation, 871**  
*Erin H. McCalley, RN, BSN, MS, CCRN, CCNS*

- 42 Fluid, Electrolyte, and Acid-Base Balance, 934**  
*Linda Felver, PhD, RN*

- 43 Sleep, 992**  
*Patricia A. Stockert, RN, BSN, MS, PhD*

- 44 Pain Management, 1014**  
*Maureen F. Cooney, DNP, FNP-BC*

- 45 Nutrition, 1053**  
*Kristine Rose, BSN, MSN*

- 46 Urinary Elimination, 1101**  
*Donna L. Thompson, MSN, CRNP, FNP-BC, CCCN-AP*

- 47 Bowel Elimination, 1149**  
*Jane Fellows, MSN, CWOCN*

- 48 Skin Integrity and Wound Care, 1184**  
*Janice C. Colwell, RN, MS, CWOCN, FAAN*

- 49 Sensory Alterations, 1241**  
*Jill Parsons, PhD, RN*

- 50 Care of Surgical Patients, 1261**  
*Antoinette Falker, DNP, RN, CMSRN, CBN, GCNS-BC*

Glossary, 1307