

CONTENTS

TOP 100 SECRETS 1

I DECISION MAKING IN EMERGENCY MEDICINE

- CHAPTER 1** DECISION MAKING IN EMERGENCY MEDICINE 7
Vincent J. Markovchick, MD, FAAEM
- CHAPTER 2** MANAGEMENT OF CARDIAC ARREST AND PRINCIPLES OF RESUSCITATION 11
Jason S. Haukoos, MD, MSc
- CHAPTER 3** AIRWAY MANAGEMENT 17
W. Gannon Sungar, DO, and Richard D. Zane, MD
- CHAPTER 4** SHOCK 24
Jason S. Haukoos, MD, MSc
- CHAPTER 5** EMERGENCY ULTRASOUND 29
Molly E.W. Thiessen, MD
- CHAPTER 6** GERIATRIC EMERGENCY MEDICINE 37
Thomas Kelly, MD, FACEP
- CHAPTER 7** PALLIATIVE CARE AND ADVANCE DIRECTIVES 42
Cara Bergamo, MD, and Jean Abbott, MD, MH
- CHAPTER 8** HOW TO CRITICALLY REVIEW EMERGENCY MEDICINE LITERATURE 48
Debra E. Houry, MD, MPH
- CHAPTER 9** EVIDENCE-BASED RATIONAL USE OF DIAGNOSTIC IMAGING 51
Ronald B. Townsend, MD, MA, FACR, and Stephen V. Cantrill, MD, FACEP
- CHAPTER 10** EMTALA, THE JOINT COMMISSION, AND HIPAA 58
Andrew J. French, MD, and Kendra L. Moldenhauer, BSN, RN, CPHQ
- CHAPTER 11** EMERGENCY MEDICINE OBSERVATION MEDICINE 70
Jennifer L. Wiler, MD, MBA
- CHAPTER 12** PERFORMANCE EVALUATION AND IMPROVEMENT IN EMERGENCY MEDICINE 74
Stephen V. Cantrill, MD, FACEP

II PRIMARY COMPLAINTS

- CHAPTER 13** ALTERED MENTAL STATUS AND COMA 79
Kenneth C. Jackimczyk, Jr., MD, FACEP
- CHAPTER 14** FEVER 84
Lori A. Montagna, MD

CHAPTER 15	CHEST PAIN	89
	<i>Lee S. Jacobson, MD, PhD, and Shamai A. Grossman, MD, MS</i>	
CHAPTER 16	ABDOMINAL PAIN, NAUSEA, AND VOMITING	96
	<i>Rick A. McPheeters, DO, FAAEM, and Juliana Karp, MD</i>	
CHAPTER 17	HEADACHE	104
	<i>Nicole M. Dubosh, MD, and Jonathan A. Edlow, MD, FACEP</i>	
CHAPTER 18	SYNCOPE, VERTIGO, AND DIZZINESS	113
	<i>Katherine M. Bakes, MD</i>	
CHAPTER 19	SEIZURES	119
	<i>Shawn M. Varney, MD, FACEP, FACMT</i>	
CHAPTER 20	ANAPHYLAXIS	125
	<i>Nadia S. Markovchick, MD, and Vincent J. Markovchick, MD, FAAEM</i>	
CHAPTER 21	LOW BACK PAIN	129
	<i>Ryan A. Pedigo, MD, and Robert S. Hockberger, MD</i>	

III NONTRAUMATIC ILLNESS

CHAPTER 22	NONTRAUMATIC OCULAR EMERGENCIES	134
	<i>Martin R. Huecker, MD, and Daniel F. Danzl, MD</i>	
CHAPTER 23	NONTRAUMATIC EAR, NOSE, AND THROAT EMERGENCIES	140
	<i>Dowin Boatright, MD, MBA, and Christopher Davis, MD</i>	
CHAPTER 24	DENTAL AND ORAL SURGICAL EMERGENCIES	150
	<i>Colin T. Galbraith, DMD, and Mark J. Glasgow, DDS</i>	

IV CENTRAL NERVOUS SYSTEM

CHAPTER 25	TRANSIENT ISCHEMIC ATTACK AND CEREBROVASCULAR ACCIDENT	158
	<i>Richard Bynny, MD, MSc</i>	
CHAPTER 26	MENINGITIS	166
	<i>Maria E. Moreira, MD</i>	

V RESPIRATORY SYSTEM

CHAPTER 27	BREATHING AND VENTILATION	171
	<i>Jeffrey Sankoff, MD, and David B. Richards, MD, FACEP</i>	
CHAPTER 28	ASTHMA, CHRONIC OBSTRUCTIVE PULMONARY DISEASE, AND PNEUMONIA	177
	<i>Scott Felten, MD, FACEP, and Rita K. Cydulka, MD, MS</i>	
CHAPTER 29	VENOUS THROMBOEMBOLISM	190
	<i>Stephen J. Wolf, MD</i>	

VI CARDIOVASCULAR SYSTEM

CHAPTER 30	CONGESTIVE HEART FAILURE AND ACUTE PULMONARY EDEMA	196
	<i>Jeffrey Sankoff, MD</i>	
CHAPTER 31	ISCHEMIC HEART DISEASE	201
	<i>Danya Khoujah, MBBS, and Amal Mattu, MD</i>	

- CHAPTER 32** **CARDIAC DYSRHYTHMIAS, PACEMAKERS, AND IMPLANTABLE DEFIBRILLATORS** 211
Christopher B. Colwell, MD, and Karl Marzec, MD
- CHAPTER 33** **HYPERTENSION, HYPERTENSIVE CRISIS, AORTIC DISSECTION, AND AORTIC ANEURYSMS** 221
Madonna Fernández-Frackelton, MD, FACEP
- CHAPTER 34** **PERICARDITIS AND MYOCARDITIS** 232
Christopher B. Colwell, MD

VII GASTROINTESTINAL TRACT

- CHAPTER 35** **ESOPHAGUS AND STOMACH DISORDERS** 237
Rakesh Talati, MD, MBA, and Gillian McCafferty, MD
- CHAPTER 36** **BOWEL DISORDERS** 243
Vikhyat S. Bebarta, MD; Lt Col. USAF, MC
- CHAPTER 37** **LIVER AND BILIARY TRACT DISEASE** 250
Molly E.W. Thiessen, MD

VIII GENITOURINARY TRACT

- CHAPTER 38** **RENAL COLIC AND SCROTAL PAIN** 255
Christopher M.B. Fernandes, MD
- CHAPTER 39** **ACUTE URINARY RETENTION** 262
John P. Marshall, MD
- CHAPTER 40** **URINARY TRACT INFECTION: CYSTITIS, PYELONEPHRITIS, AND PROSTATITIS** 268
Renee A. King, MD, MPH
- CHAPTER 41** **CHRONIC KIDNEY DISEASE AND DIALYSIS** 272
Allan B. Wolfson, MD, FACEP, FACP

IX HEMATOLOGY/ONCOLOGY

- CHAPTER 42** **HEMOSTASIS AND COAGULOPATHIES** 277
Kathryn Getzewich, MD, MBA, and Alvin Wang, DO, FAAEM
- CHAPTER 43** **SICKLE CELL DISEASE** 283
Daniel Willner, MD, and Louisa Canham, MD
- CHAPTER 44** **ONCOLOGIC EMERGENCIES** 288
Nicholas J. Jouriles, MD

X METABOLISM AND ENDOCRINOLOGY

- CHAPTER 45** **FLUIDS AND ELECTROLYTES** 291
Corey M. Slovis, MD
- CHAPTER 46** **ACID-BASE DISORDERS** 297
Jenelle A. Holst, MD, and Jason A. Hoppe, DO
- CHAPTER 47** **DIABETES MELLITUS** 302
C. Ryan Keay, MD, FACEP
- CHAPTER 48** **THYROID AND ADRENAL DISORDERS** 307
David R. Saxon, MD, and Daniel H. Bessesen, MD

XI INFECTIOUS DISEASE

- CHAPTER 49** SEPSIS SYNDROMES AND TOXIC SHOCK 317
Stephen J. Wolf, MD
- CHAPTER 50** SOFT-TISSUE INFECTIONS 322
Jason J. Lewis, MD
- CHAPTER 51** SEXUALLY TRANSMITTED DISEASES AND HUMAN IMMUNODEFICIENCY VIRUS INFECTION 328
Kerryann B. Broderick, BSN, MD
- CHAPTER 52** TETANUS, BOTULISM, AND FOOD POISONING 336
Dazhe James Cao, MD
- CHAPTER 53** TRAVEL MEDICINE AND VECTOR-BORNE DISEASES 344
Jennifer W. Bellows, MD, MPH
- CHAPTER 54** ARTHRITIS 352
Nicole M. Dubosh, MD
- CHAPTER 55** SKIN DISEASES 358
Renee A. King, MD, MPH

XII ENVIRONMENTAL EMERGENCIES

- CHAPTER 56** LIGHTNING AND ELECTRICAL INJURIES 366
Andrea Stember, MD, and Tracy Cushing, MD, MPH, FACEP
- CHAPTER 57** DROWNING 377
Andrew Schmidt, DO, MPH, and Jedd Roe, MD, MBA, FACEP
- CHAPTER 58** HYPOTHERMIA AND FROSTBITE 382
Martin R. Huecker, MD, and Daniel F. Danzl, MD
- CHAPTER 59** HEAT ILLNESS 387
Christopher B. Colwell, MD, and Elena Garcia, MD
- CHAPTER 60** ALTITUDE ILLNESS AND DYSBARISMS 392
Jeffrey Druck, MD, and Alex Badulak, MD

XIII NEONATAL AND CHILDHOOD DISORDERS

- CHAPTER 61** EVALUATION OF FEVER IN CHILDREN YOUNGER THAN AGE THREE 398
Genie E. Roosevelt, MD, MPH
- CHAPTER 62** SEIZURES IN INFANCY AND CHILDHOOD 403
Andrew M. White, MD, PhD
- CHAPTER 63** ACUTE RESPIRATORY DISORDERS IN CHILDREN 411
Cortney Braund, MD, and Genie E. Roosevelt, MD, MPH
- CHAPTER 64** PEDIATRIC GASTROINTESTINAL DISORDERS AND DEHYDRATION 419
Joshua S. Easter, MD, MSc
- CHAPTER 65** PEDIATRIC INFECTIOUS DISEASES 427
Roger M. Barkin, MD, MPH, FACEP, FAAP
- CHAPTER 66** EMERGENCY DEPARTMENT EVALUATION OF CHILD ABUSE 432
Kathryn Wells, MD, FAAP, and Daniel Lindberg, MD
- CHAPTER 67** PROCEDURAL SEDATION AND ANALGESIA OF THE PEDIATRIC PATIENT 440
Joe Wathen, MD, and Guy L. Upshaw, MD

- CHAPTER 68** PEDIATRIC AND NEONATAL RESUSCITATION 447
Kelly Stermer, RN, BSN, and Katherine M. Bakes, MD

XIV TOXICOLOGIC EMERGENCIES

- CHAPTER 69** GENERAL APPROACH TO POISONINGS 455
Katherine M. Hurlbut, MD
- CHAPTER 70** THE ALCOHOLS: ETHYLENE GLYCOL, METHANOL, ISOPROPYL ALCOHOL, AND ALCOHOL-RELATED COMPLICATIONS 461
Louis J. Ling, MD
- CHAPTER 71** ANTIPYRETIC POISONING 468
James C. Mitchiner, MD, MPH
- CHAPTER 72** BITES AND STINGS 474
Shawn M. Varney, MD, FACEP, FACMT
- CHAPTER 73** SMOKE INHALATION 484
Richard E. Wolfe, MD
- CHAPTER 74** COMMON DRUGS OF ABUSE 488
Vikhyat S. Bebarta, MD; Lt Col, USAF, MC
- CHAPTER 75** CARDIOVASCULAR TOXICOLOGY 501
Ryan Chuang, MD, and Jennie A. Buchanan, MD
- CHAPTER 76** PEDIATRIC INGESTIONS 505
George Sam Wang, MD, FAAP

XV GYNECOLOGY AND OBSTETRICS

- CHAPTER 77** PELVIC INFLAMMATORY DISEASE 512
David B. Richards, MD, and Bartholomew B. Paull, MD
- CHAPTER 78** SEXUAL ASSAULT 516
Michelle Metz, RN, BSN, SANE-A, CEN, and Jennie A. Buchanan, MD
- CHAPTER 79** SPONTANEOUS ABORTION, ECTOPIC PREGNANCY, AND VAGINAL BLEEDING 521
Brandon H. Backlund, MD, FACEP
- CHAPTER 80** THIRD-TRIMESTER COMPLICATIONS AND DELIVERY 530
Deborah Vinton, MD

XVI TRAUMA

- CHAPTER 81** MULTIPLE TRAUMA 537
Peter Rosen, MD
- CHAPTER 82** MAXILLOFACIAL TRAUMA 542
Joshua J. Solano, MD, Ethan M. Ross, MD, and Carlo L. Rosen, MD
- CHAPTER 83** CERVICAL SPINE AND SPINAL CORD TRAUMA 548
Gladston R. Hackett, MD, and Robert M. McNamara, MD, FAAEM
- CHAPTER 84** HEAD TRAUMA 555
Edward Newton, MD
- CHAPTER 85** TRAUMATIC OPHTHALMOLOGIC EMERGENCIES 561
Edited by Peter T. Pons, MD, FACEP

- CHAPTER 86** NECK TRAUMA 565
Christina H. Georgopoulos, MD
- CHAPTER 87** CHEST TRAUMA 570
Jennifer A. Salotto, MD, and Robert T. Stovall, MD
- CHAPTER 88** ABDOMINAL TRAUMA 579
Alexander P. Morton, MD, and Ernest E. Moore, MD
- CHAPTER 89** PELVIC FRACTURES AND GENITOURINARY TRAUMA 586
Walter L. Bifft, MD, FACS
- CHAPTER 90** TRAUMA IN PREGNANCY 592
Jedd Roe, MD, MBA, FACEP
- CHAPTER 91** PEDIATRIC TRAUMA 596
Mariah H. Bellinger, MD, and Patrick J. Maloney, MD, FACEP
- CHAPTER 92** MUSCULOSKELETAL TRAUMA AND HAND INJURIES 603
Kyros Ipaktchi, MD, FACS, and Philip F. Stahel, MD, FACS
- CHAPTER 93** BURNS 618
Michael C. Overbeck, MD
- CHAPTER 94** WOUND MANAGEMENT 625
Maria E. Moreira, MD

XVII BEHAVIORAL EMERGENCIES

- CHAPTER 95** ACUTE PSYCHOSIS 635
Janetta Iwanicki, MD
- CHAPTER 96** DEPRESSION, SUICIDE, AND POSTTRAUMATIC STRESS DISORDER 640
Douglas A. Rund, MD
- CHAPTER 97** MANAGEMENT OF THE VIOLENT PATIENT 647
Kimberly Nordstrom, MD, JD
- CHAPTER 98** INTIMATE PARTNER VIOLENCE 653
Debra E. Houry, MD, MPH

XVIII EMS AND DISASTER MANAGEMENT

- CHAPTER 99** EMS MEDICAL OVERSIGHT 657
Marlow Macht, MD, MPH, and Lara D. Rappaport, MD, MPH
- CHAPTER 100** DISASTER MANAGEMENT 660
Elena Garcia, MD, and Christopher B. Colwell, MD
- CHAPTER 101** WEAPONS OF MASS DESTRUCTION 667
Aaron M. Eberhardt, MD, and Peter T. Pons, MD, FACEP
- CHAPTER 102** TACTICAL MEDICINE 680
Paul R. Hinchey, MD, MBA, and Andrew Harrell IV, MD