Contents

1 Basic Terms and Concepts of Mechanical Ventilation, 1

Physiological Terms and Concepts Related to Mechanical Ventilation, 2

Normal Mechanics of Spontaneous Ventilation, 2 Lung Characteristics, 5 Time Constants, 7

Types of Ventilators and Terms Used in Mechanical Ventilation, 9

Types of Mechanical Ventilation, 9 Definition of Pressures in Positive Pressure Ventilation, 11 Summary, 13

2 How Ventilators Work, 16

Historical Perspective on Ventilator Classification, 16 Internal Function, 17 Power Source or Input Power, 17 Control Systems and Circuits, 18 Power Transmission and Conversion System, 22 Summary, 25

3 How a Breath Is Delivered, 27

Basic Model of Ventilation in the Lung During Inspiration, 27 Factors Controlled and Measured During Inspiration, 28 Overview of Inspiratory Waveform Control, 30 Phases of a Breath and Phase Variables, 30 Types of Breaths, 40 Summary, 41

4 Establishing the Need for Mechanical Ventilation, 43

Acute Respiratory Failure, 43

Patient History and Diagnosis, 46 Physiological Measurements in Acute Respiratory Failure, 47

Overview of Criteria for Mechanical Ventilation, 51 Possible Alternatives to Invasive Ventilation, 51 Summary, 55

5 Selecting the Ventilator and the Mode, 58

Noninvasive and Invasive Positive Pressure Ventilation: Selecting the Patient Interface, 59 Full and Partial Ventilatory Support, 60 Breath Delivery and Modes of Ventilation, 60 Modes of Ventilation, 65 Bilevel Positive Airway Pressure, 72 Additional Modes of Ventilation, 72 Summary, 75

6 Initial Ventilator Settings, 80

Determining Initial Ventilator Settings During
Volume-Controlled Ventilation, 80

Initial Settings During Volume-Controlled Ventilation, 81

Setting Minute Ventilation, 81
Setting the Minute Ventilation: Special
Considerations, 89

Inspiratory Pause During Volume Ventilation, 90

Determining Initial Ventilator Settings During Pressure Ventilation, 91

Setting Baseline Pressure–Physiological Peep, 91 Initial Settings for Pressure Ventilation Modes with Volume Targeting, 94 Summary, 95

7 Final Considerations in Ventilator Setup, 98

Selection of Additional Parameters and Final Ventilator Setup, 99

Selection of Fractional Concentration of Inspired Oxygen, 99

Sensitivity Setting, 99

Alarms, 102

Periodic Hyperinflation or Sighing, 104

Final Considerations in Ventilator Equipment Setup, 105

Selecting the Appropriate Ventilator, 106

Evaluation of Ventilator Performance, 106 Chronic Obstructive Pulmonary Disease, 106 Asthma, 108

Neuromuscular Disorders, 109

Closed Head Injury, 110

Acute Respiratory Distress Syndrome, 112

Acute Cardiogenic Pulmonary Edema and Congestive Heart Failure, 113

Summary, 115

8 Initial Patient Assessment, 118

Documentation of the Patient-Ventilator System, 119 The First 30 Minutes, 122

Monitoring Airway Pressures, 124

Vital Signs, Blood Pressure, and Physical Examination of the Chest, 128

Management of Endotracheal Tube and Tracheostomy
Tube Cuffs, 130

Monitoring Compliance and Airway Resistance, 134 Comment Section of the Ventilator Flow Sheet, 138 Summary, 138

9 Ventilator Graphics, 142

Terry L. Forrette

Relationship of Flow, Pressure, Volume, and Time, 143 A Closer Look at Scalars, Curves, and Loops, 143 Using Graphics to Monitor Pulmonary Mechanics, 147 Assessing Patient-Ventilator Asynchrony, 152 Advanced Applications, 153 Summary, 157

10 Assessment of Respiratory Function, 161

Noninvasive Measurements of Blood Gases, 161

Pulse Oximetry, 161

Capnography (Capnometry), 165

Exhaled Nitric Oxide Monitoring, 172

Transcutaneous Monitoring, 172

Indirect Calorimetry and Metabolic Measurements, 174

Overview of Indirect Calorimetry, 174

Assessment of Respiratory System Mechanics, 177

Measurements, 177

Summary, 183

11 Hemodynamic Monitoring, 187

Review of Cardiovascular Principles, 188 Obtaining Hemodynamic Measurements, 190 Interpretation of Hemodynamic Profiles, 195 Clinical Applications, 202 Summary, 205

12 Methods to Improve Ventilation in Patient-Ventilator Management, 208

Correcting Ventilation Abnormalities, 209

Common Methods of Changing Ventilation Based on P_aCO₂ and pH, 209

Metabolic Acidosis and Alkalosis, 212

Mixed Acid-Base Disturbances, 213

Increased Physiological Dead Space, 213

Increased Metabolism and Increased Carbon Dioxide Production, 214

Intentional latrogenic Hyperventilation, 214
Permissive Hypercapnia, 215

Airway Clearance During Mechanical Ventilation, 216

Secretion Clearance from an Artificial Airway, 216 Administering Aerosols to Ventilated Patients, 221 Postural Drainage and Chest Percussion, 226

Flexible Fiberoptic Bronchoscopy, 227

Additional Patient Management Techniques and Therapies in Ventilated Patients, 230

Sputum and Upper Airway Infections, 230

Fluid Balance, 230

Psychological and Sleep Status, 231

Patient Safety and Comfort, 231

Transport of Mechanically Ventilated Patients within an Acute Care Facility, 233

Summary, 234

13 Improving Oxygenation and Management of Acute Respiratory Distress Syndrome, 239

Basics of Oxygenation Using F₁O₂, PEEP Studies, and Pressure-Volume Curves for Establishing Optimum PEEP, 241

Basics of Oxygen Delivery to the Tissues, 241 Introduction to Positive End-Expiratory Pressure and Continuous Positive Airway Pressure, 243

PEEP Ranges, 245

Indications for PEEP and CPAP, 245

Initiating PEEP Therapy, 246

Selecting the Appropriate PEEP/CPAP Level

(Optimum PEEP), 246

Use of Pulmonary Vascular Pressure Monitoring with PEEP, 252

Contraindications and Physiological Effects of PEEP, 253 Weaning From PEEP, 255

Acute Respiratory Distress Syndrome, 255

Pathophysiology, 258

Changes in Computed Tomogram with ARDS, 259

ARDS as an Inflammatory Process, 259

PEEP and the Vertical Gradient in ARDS, 261

Lung-Protective Strategies: Setting Tidal Volume and Pressures in ARDS, 261

Long-Term Follow-Up on ARDS, 262

Pressure–Volume Loops and Recruitment Maneuvers in Setting PEEP in ARDS, 262

Summary of Recruitment Maneuvers in ARDS, 269

The Importance of Body Position During Positive Pressure Ventilation, 269

Additional Patient Cases, 273

Summary, 274

14 Ventilator-Associated Pneumonia, 280

Epidemiology, 281

Pathogenesis of Ventilator-Associated Pneumonia, 282 Diagnosis of Ventilator-Associated Pneumonia, 283 Treatment of Ventilator-Associated Pneumonia, 285 Strategies to Prevent Ventilator-Associated Pneumonia, 285 Summary, 290

15 Sedatives, Analgesics, and Paralytics, 294

Sedatives and Analgesics, 295
Paralytics, 299
Summary, 301

16 Extrapulmonary Effects of Mechanical Ventilation, 304

Effects of Positive-Pressure Ventilation on the Heart and Thoracic Vessels. 304

Adverse Cardiovascular Effects of Positive-Pressure Ventilation, 304

Factors Influencing Cardiovascular Effects of Positive-Pressure Ventilation, 306

Beneficial Effects of Positive-Pressure Ventilation on Heart Function in Patients with Left Ventricular Dysfunction, 307

Minimizing the Physiological Effects and Complications of Mechanical Ventilation, 307

Effects of Mechanical Ventilation on Intracranial Pressure, Renal Function, Liver Function, and Gastrointestinal Function, 310

Effects of Mechanical Ventilation on Intracranial Pressure and Cerebral Perfusion, 310

Renal Effects of Mechanical Ventilation, 311

Effects of Mechanical Ventilation on Liver and

Gastrointestinal Function, 312

Nutritional Complications During Mechanical Ventilation, 312

Summary, 313

17 Effects of Positive-Pressure Ventilation on the Pulmonary System, 315

Lung Injury with Mechanical Ventilation, 316
Effects of Mechanical Ventilation on Gas Distribution and
Pulmonary Blood Flow, 321

Respiratory and Metabolic Acid-Base Status in Mechanical Ventilation, 323

Air Trapping (Auto-PEEP), 324

Hazards of Oxygen Therapy with Mechanical Ventilation, 327

Increased Work of Breathing, 328

Ventilator Mechanical and Operational Hazards, 333 Complications of the Artificial Airway, 335

Summary, 336

18 Troubleshooting and Problem Solving, 341

Definition of the Term Problem, 342 Protecting the Patient, 342 Identifying the Patient in Sudden Distress, 343 Patient-Related Problems, 344 Ventilator-Related Problems, 346 Common Alarm Situations, 348 Use of Graphics to Identify Ventilator Problems, 351 Unexpected Ventilator Responses, 355 Summary, 359

Basic Concepts of Noninvasive Positive-Pressure Ventilation, 364

Types of Noninvasive Ventilation Techniques, 365 Goals of and Indications for Noninvasive Positive-Pressure Ventilation, 366

Other Indications for Noninvasive Ventilation, 368 Patient Selection Criteria, 369

Equipment Selection for Noninvasive Ventilation, 370 Setup and Preparation for Noninvasive Ventilation, 378

Monitoring and Adjustment of Noninvasive Ventilation, 378

Aerosol Delivery in Noninvasive Ventilation, 380 Complications of Noninvasive Ventilation, 380 Weaning From and Discontinuing Noninvasive

Ventilation, 381 Patient Care Team Concerns, 382 Summary, 382

20 Weaning and Discontinuation from **Mechanical Ventilation, 387**

Weaning Techniques, 388

Methods of Titrating Ventilator Support During Weaning, 388

Closed-Loop Control Modes for Ventilator Discontinuation, 391

Evidence-Based Weaning, 394

Evaluation of Clinical Criteria for Weaning, 394 Recommendation 1: Pathology of Ventilator Dependence, 394

Recommendation 2: Assessment of Readiness for Weaning Using Evaluation Criteria, 398

Recommendation 3: Assessment During a Spontaneous Breathing Trial, 398

Recommendation 4: Removal of the Artificial Airway, 399

Factors in Weaning Failure, 402

Recommendation 5: Spontaneous Breathing Trial Failure, 402

Nonrespiratory Factors That May Complicate Weaning, 402

Recommendation 6: Maintaining Ventilation in Patients with Spontaneous Breathing Trial Failure, 405

Final Recommendations, 405

Recommendation 7: Anesthesia and Sedation Strategies and Protocols, 405

Recommendation 8: Weaning Protocols, 405 Recommendation 9: Role of Tracheostomy in

Weaning, 407

Recommendation 10: Long-Term Care Facilities for Patients Requiring Prolonged Ventilation, 407

Recommendation 11: Clinician Familiarity With Long-Term Care Facilities, 407

Recommendation 12: Weaning in Long-Term Ventilation Units, 407

Ethical Dilemma: Withholding and Withdrawing Ventilatory Support, 408 Summary, 408

21 Long-Term Ventilation, 413

Goals of Long-Term Mechanical Ventilation, 414 Sites for Ventilator-Dependent Patients, 415 Patient Selection, 415 Preparation for Discharge to the Home, 417 Follow-Up and Evaluation, 420 Equipment Selection for Home Ventilation, 421 Complications of Long-Term Positive Pressure Ventilation, 425

Alternatives to Invasive Mechanical Ventilation at Home, 426

Expiratory Muscle Aids and Secretion Clearance, 430 Tracheostomy Tubes, Speaking Valves, and Tracheal Buttons, 431

Ancillary Equipment and Equipment Cleaning for Home Mechanical Ventilation, 436 Summary, 437

Neonatal and Pediatric Mechanical Ventilation, 443

Robert M. Diblasi, Christine Kearney

Recognizing the Need for Mechanical Ventilatory Support, 444

Goals of Newborn and Pediatric Ventilatory Support, 445 Noninvasive Respiratory Support, 445 Conventional Mechanical Ventilation, 452 High-Frequency Ventilation, 469 Weaning and Extubation, 475 Adjunctive Forms of Respiratory Support, 478 Summary, 479

Special Techniques in Ventilatory Support, 486

Susan P. Pilbeam, J.M. Cairo

Airway Pressure Release Ventilation, 487

Other Names, 487

Advantages of Airway Pressure Relase Compared with Conventional Ventilation, 488

Disadvantages, 489

Initial Settings, 489

Adjusting Ventilation and Oxygenation, 490

Discontinuation, 491

High-Frequency Oscillatory Ventilation in the Adult, 491

Technical Aspects, 492 Initial Control Settings, 492 Indication and Exclusion Criteria, 495 Monitoring, Assessment, and Adjustment, 495 Adjusting Settings to Maintain Arterial Blood Gas Goals, 496

Returning to Conventional Ventilation, 497
Heliox Therapy and Mechanical Ventilation, 497

Gas Flow Through the Airways, 498 Heliox in Avoiding Intubation and During Mechanical Ventilation, 498

Postextubation Stridor, 499
Devices for Delivering Heliov in Spontaneous

Devices for Delivering Heliox in Spontaneously Breathing Patients, 499

Manufactured Heliox Delivery System, 500

Heliox and Aerosol Delivery During Mechanical Ventilation, 501

Monitoring the Electrical Activity of the Diaphragm and Neurally Adjusted Ventilatory Assist, 503

Review of Neural Control of Ventilation, 504
Diaphragm Electrical Activity Monitoring, 504
Neurally Adjusted Ventilatory Assist, 507
Summary, 510

Appendix A: Answer Key, 516

Appendix B: Review of Abnormal Physiological Processes, 534

Appendix C: Graphics Exercises, 539 Glossary, 544

Index, 551