CONTENTS

List of tournounds		IX
Ack	enowledgements	\mathcal{X}
Foreword by Professor Graham N. Smith		XII
	Preface	
1	Sports injuries: basic classifications, aetiology and pathophysiology Keith Ward and Andrew Mitchell	1
2	Clinical assessment in sports therapy Keith Ward, Mike Grice, Rob Di Leva, Kate Evans, Jo Baker and Adam Hawkey	41
3	Clinical interventions in sports therapy Keith Ward, Rob Di Leva, Peter K. Thain and Nick Gardiner	132
4	Pitch-side trauma care Lee Young and Tim Trevail	224
5	The spinal region: anatomy, assessment and injuries Aaron J. Caseley and Mark I. Johnson	295
6	The shoulder region: anatomy, assessment and injuries Anthony Bosson, Keith Ward and Ian Horsley	366
7	The elbow region: anatomy, assessment and injuries Keith Ward	442

Contents

	The wrist and hand region: anatomy, assessment and injuries Jeanette Lewis and Philip Smith	483
9	The pelvis and hip region: anatomy, assessment and injuries Andrew Frampton and Greg Littler	525
10	The knee region: anatomy, assessment and injuries Amy Bell and Keith Ward	580
11	The ankle and foot region: anatomy, assessment and injuries Keith Ward, Troy Douglin, Hannah Boardman and Adam Hawkey	650
12	Professionalism and ethics in sports therapy Paul Robertson, Keith Ward and Rob Di Leva	706
Appendix: sample record forms Index		72 <i>0</i> 727