Contents

INTRODUCTION, xviii

SECTION 1. Airway/Breathing

- 1 Endotracheal Intubation, 2
- 2 Intercostal Nerve Block, 9
- 3 Mask Ventilation, 15
- 4 Thoracostomy, 21
- 5 Thoracentesis, 29
- 6 Tracheostomy, Tracheotomy, Cricothyroidotomy, 37

SECTION 2. Circulation and Vascular Access

- 7 Cardiac Pacing, 45
- 8 Cardioversion and Defibrillation, 54
- 9 Diagnostic Peritoneal Lavage, 61
- 10 Extended Focused Assessment With Sonography for Trauma, 67
- 11 Fasciotomy, 75
- 12 Nosebleed Management, 84
- 13 Pericardiocentesis, 89
- 14 Central Venous Catheterization, 96
- 15 Peripheral Arterial Line Placement, 104
- 16 Peripheral Intravenous Cannulation, 111
- 17 Venous Cutdown, 118

SECTION 3. Dislocations and Pain Management

- 18 Dislocated Hip Reduction, 126
- 19 Dislocated Finger Reduction, 133

- 20 Dislocated Knee Reduction, 139
- 21 Dislocated Shoulder Joint Reduction, 144
- 22 Occipital Nerve Block, 152
- 23 Digital Nerve Block, 156
- 24 Dental Nerve Blocks, 162

SECTION 4. Removal of Fluid, Infection, and Foreign Bodies

- 25 Abdominal Paracentesis, 168
- 26 Auricular Hematoma Drainage, 175
- 27 Cerumen Removal, 181
- 28 Ear and Nose Foreign Body Removal, 186
- 29 Burr Hole Craniotomy, 192
- 30 Elbow Joint Aspiration, 200
- 31 Ingrown Toenail Removal, 208
- 32 Knee Joint Aspiration, 213
- 33 Lumbar Puncture, 219
- 34 Nasogastric Tube Placement, 225
- 35 Paronychia Incision and Drainage, 231
- 36 Skin Abscess Incision and Drainage, 237
- 37 Shoulder Joint Aspiration, 243
- **38** Transurethral (Foley Catheter) and Suprapubic Urinary Bladder Catheterization, 249

APPENDIX Answers to Review Questions, 257

INDEX, 269