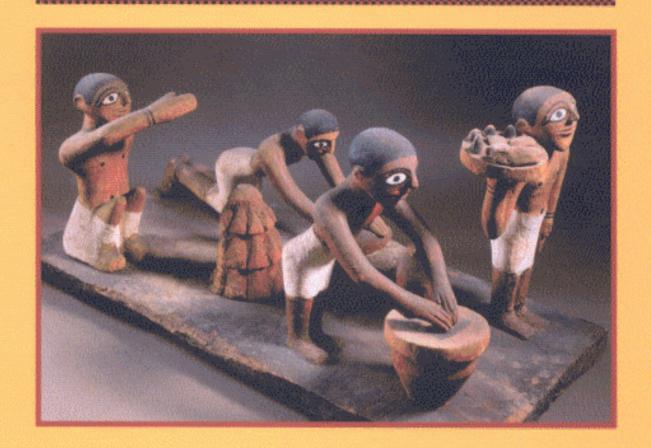
SCRIBNER LIBRARY OF DAILY LIFE



FOCYCLOPEDIA OF FOR STATE OF THE PROPERTY OF T

Solomon H. Katz, Editor in Chief William Woys Weaver, Associate Editor

VOLUME 1

CONTENTS

List of Maps . . . xv Poetry SIDEBAR: Food in Ovid's Art of Love Preface . . . xvii Arthropods: Insects, Arachnids, and Crustaceans Artificial Foods Volume 1 Asia, Central Assessment of Nutritional Status A Australia and New Zealand Australian Aborigines Acceptance and Rejection Aversion to Food Additives Adulteration of Food Advertising of Food R Africa Central Africa **Baby Food** Bagel East Africa North Africa Bahá'í **Baking** West Africa **Balkan Countries** Agricultural Research Banana and Plantain Agricultural Workers Barbecue Agriculture, Origins of Agriculture since the Industrial Revolution Barley Beard, James Agronomy. Alcohol Beer Algae, Toxic Origins and Ancient History From Late Egyptian Times to the Allergies Nineteenth Century American Indians The Twentieth Century Prehistoric Indians and Historical Overview Production and Social Use Contemporary Issues Beeton, Isabella Mary Ancient Kitchen, The Beriberi Ancient Mediterranean Religions Animals: Primate Diets Berries Anorexia, Bulimia Betty Crocker Bible, Food in the Anthropology and Food **Antioxidants Bioactive Food Components Aphrodisiacs Biodiversity** Apicius Biotechnology SIDEBAR: Genetically Modified Organisms: Appetite Health and Environmental Concerns Apple Aquaculture Birdseye, Clarence Birthday Foods Arcimboldo, Giuseppe Biscuits Arctic SIDEBAR: The American Biscuit Art, Food in Film and Television Body **Body Composition** Literature Opera Boiling **Botanicals** Painting and the Visual Arts

Botulism	Christianity
Brazil	Eastern Orthodox Christianity
Bread	Western Christianity
Bread, Symbolism of	Christmas
Breakfast	Christmas Drinks
Brillat-Savarin, Jean Anthelme	Chutney
British Isles	Civilization and Food
England	Class, Social
Ireland	Climate and Food
Scotland	
Wales	Cocktail Party
Broasting	Cocktails
Broiling	Codex Alimentarius
Buddhism	Coffee
Butter	Coloring, Food
Byzantine Empire	Columbian Exchange
by zantine Empire	Combination of Proteins
	Comfort Food
	Commodity Price Supports
	Compote
С	Condiments
Call 1.C is pi	Consumer Protests
Cabbage and Crucifer Plants	Consumption of Food
Cactus	Cookbooks
Cake and Pancake	Cookbooks, Community
Calcium	Cooking
Caloric Intake	Cost of Food
Calorie	Couscous
Canada	Crop Improvement
Canada: Native Peoples	Crushing
Candy and Confections	Crustaceans and Shellfish
Cannibalism	Cucumbers, Melons, and Other Cucurbits
Caramelization	Cuisine, Evolution of
Carbohydrates	Curds
Carême, Marie Antoine	Curry
Caribbean	Custard and Puddings
Cassava	Cutlery
Cattle	
Central America	
Central Europe	
Cereal Grains and Pseudo-Cereals	D
Cereals, Cold	D
Cheese	Dairy Products
Chef, The	Day of the Dead
Chicken Soup	Death and Burial
Child, Julia	Delmonico Family
Chili Peppers	Dentistry
China	Diaspora
Ancient and Dynastic China	Dietary Assessment
Beijing (Peking) Cuisine	Dietary Guidelines
SIDEBAR: How to Use Chopsticks	Dietary Systems: A Historical Perspective
Fujian (Fukien) Cuisine	Dietetics
Guangzhou (Canton) Cuisine	Digestion
Sichuan (Szechuan) Cuisine	Dinner
Zhejiang (Chekiang) Cuisine	Disease: Metabolic Diseases
Chitlins (Chitterlings)	Disgust
Chocolate	Distribution of Food
Cholesterol	Division of Labor
Choline, Inositol, and Related Nutrients	Durian

E	Food Consumption Surveys
Easter	Food Cooperatives
Eating: Anatomy and Physiology of Eating	Food Pantries
Ecology and Food	Food Politics: United States
Education about Food	
	Volume 2
Eggs Electrolytes	· ••••
•	F (continued)
Energy Enteral and Parenteral Nutrition	•
Environment	Food Production, History of
	Food Riots
Epicurus	Food Safety
Epiphany	Food Security
Escoffier, Georges-Auguste	Food Stamps
Ethnobotany	Food Studies
Ethnopharmacology	Food Supply and the Global Food Market
Etiquette and Eating Habits	Food Supply, Food Shortages
Etymology of Food	Food Trade Associations
Evolution	Food Waste
Extension Services	Foodways
	France
	Food and Cuisine in France
F	Northern French Cuisines
Pode to Perid	Southern French Cuisines
Fads in Food	Tradition and Change in French Cuisine
FAO (Food and Agriculture Organization)	Wine and the French Meal
Farmers' Markets	French and British Cooking Compared
Fast Food	French Fries
Fasting and Abstinence	Frozen Food
Christianity	SIDEBAR: TV Dinner
Hinduism and Buddhism	Fruit
Islam	Citrus Fruit
Judaism	Temperate Fruit
Fats	Tropical and Subtropical
Fauchon	SIDEBAR: Dates
Favre, Joseph	Frying
Feasts, Festivals, and Fasts	Functional Foods
Fermentation Programme Pro	Fungi
Fermented Beverages Other than Wine or Beer	SIDEBAR: Mushroom Collectors
Festivals of Food	Fusion Cuisine
Fiber, Dietary	
Fish	
Overview	\mathbf{G}
Freshwater Fish	
Sea Fish	Game
Fish, Salted	Gamerith, Anni
Fish, Smoked	Gardening and Kitchen Gardens
Fish and Chips	Gastronomy
Fisher, M. F. K.	Gelatin
Fishing	SIDEBAR: Jell-O
Flowers	Gender and Food
Fluoride	SIDEBAR: Male Cooks in the
Folic Acid	Mid-Twentieth Century
Folklore, Food in	Gene Expression, Nutrient Regulation of
Food, Composition of	Genetic Engineering
Food, Future of: A History	Genetics
Food Archaeology	Geography
Food as a Weapon of War	Geophagy
Food Banks	Germany, Austria, Switzerland

Gingerbread	Indus Valley
Goat	Inspection
Goodfellow, Elizabeth	Intake
Government Agencies	International Agencies
SIDEBAR: World Health Organization	Intestinal Flora
Government Agencies, U.S.	Inuit
Grain Reserves	Iodine
Grapes and Grape Juice	Iran
Gravy	Iron
Greece, Ancient	Iron Cookstove, The
Greece and Crete	Islam
Green Revolution	Shi'ite Islam
Greenhouse Horticulture	Sunni Islam
Grilling	Sufism
Grimod de la Reynière	Italy
	The Italian Meal
Н	Northern Italy
	Southern Italy
Halloween	Tradition in Italian Cuisine
Hamburger	•
Harvesting	
Health and Disease	J
Health Foods	Jam, Jellies, and Preserves
Hearth Cookery	Japan Japan
Hédiard	Traditional Japanese Cuisine
Herbicides	SIDEBAR: Bento Box
Herbs and Spices	Contemporary Issues in Japanese Cuisin
Herding	Judaism
Herodotus	Juditisti
High-Technology Farming	
Hindu Festivals	K
Hinduism	
Hippocrates	Kellogg, John Harvey
Holidays	Kitchen Gadgets
Home Economics	Kitchens, Restaurant
Homelessness	Korea
Horse	Kwanzaa
Horticulture	
Household	
Humor, Food in	L
Hunger, Physiology of	Labeling, Food
Hunger Strikes	Lactation
Hunting and Gathering	Lamb Stew
	Language about Food
ī	Lapps
•	Larousse gastronomique
berian Peninsula	Last Supper
Overview	La Varenne, Pierre François de
Portugal	Leaf Vegetables
Spain	Legumes *
ce Cream	Lent
con Foods	Leslie, Eliza
mmune System Regulation and Nutrients	Lettuce
nca Empire	
ndia	Lipids
Moghul India	Livestock Production
	Low Countries
Northern India Southern India	Lunch Luxury

M Nutrition Nutrition Transition: Worldwide Diet Change Macrobiotic Food Nutritional Anthropology Magic Nutritional Biochemistry Maize Nutritionists The Natural History of Maize Nuts Maize as a Food Malnutrition Malnutrition: Protein-Energy Malnutrition Volume 3 Mammals Mammals, Sea O Margarine Obesity Marinating and Marinades Oil Marketing of Food Onions and Other Allium Plants SIDEBAR: Grocery Cart Organic Agriculture Marketing of Food: Alternative (Direct) Strategies Organic Farming and Gardening Organic Food Meals on Wheels Meat Meat, Salted Meat, Smoked P Medici, Catherine de' Pacific Ocean Societies Medicine Packaging and Canning, History of Medieval Banquet Packaging and Canning, Modern Mediterranean Diet Paleonutrition, Methods of Mesopotamia, Ancient Pantry and Larder Metabolic Imprinting and Programming Parkinson, James Wood Metaphor, Food as Passover Mexico Pasta Mexico and Central America, Pre-Columbian Pasteur, Louis Microbiology Pastry Microorganisms Peanut Butter Microwave Oven Peas Middle Ages, European Pesticides Middle East Petronius Military Rations Phosphorus and Calcium Milk, Human Physical Activity and Nutrition Minerals Picnic Mollusks Pie Mood Pig Mustard SIDEBAR: Pet Pigs of New Guinea Myth and Legend, Food in SIDEBAR: Spam Pizza Places of Consumption N Platina Naming of Food Pleasure and Food National Cuisines, Idea of Poaching Natural Foods Poisoning Niacin Deficiency (Pellagra) SIDEBAR: Royal Tasters Noodle in Asia Political Economy Noodle in Northern Europe Popcorn Nordic Countries Population and Demographics Nostalgia Porridge Nouvelle Cuisine Porridge, Pottage, Gruel Nutraceuticals Potato SIDEBAR: Heirloom Potatoes Nutrient Bioavailability **Nutrient-Drug Interactions** Potlatch

Poultry

Nutrients

Poverty	Snacks
Prehistoric Societies	Sociology
Stone Age Nutrition: The Original Human Diet	Sodium
Food Producers	
Preparation of Food	Soup
	SIDEBAR: The Origins of Soup
Presentation of Food	Soup Kitchens
Preserving	South America
Professionalization	Southeast Asia
Proteins and Amino Acids	Indonesia, Malaysia, and the Philippines
Proverbs and Riddles, Food in	Thailand
Pythagoras	Vietnam
- /	
	Soy
_	Spirits
R	SIDEBAR: Absinthe
Rabelais, François	Squash and Gourds
Ramadan	Staples
	Starch
Rationing	Stew
Recipe	Stimulants
SIDEBAR: How to Read an Old	
(Handwritten) Recipe	Storage of Food
SIDEBAR: How to Write a Recipe	Styling of Food
Religion and Food	Sugar and Sweeteners
Renaissance Banquet	Sugar Crops and Natural Sweeteners
Restaurants	Sustainable Agriculture
	Sweet Potato
Retailing of Food	Swidden
Rice	
The Natural History of Rice	Symbol, Food as
Rice as a Food	Syrups
Rice as a Superfood	
Roasting	
SIDEBAR: How to Roast	T
Rome and the Roman Empire	Tr.11 Tr.ii
Russia	Table Talk
Kussia	Taboos
	Taillevent
	Take-out Food
S	Tea
C	Tea as an Icon Food
Sacrifice	
Salad	SIDEBAR: Japanese Tea Ceremony
Salt	Tea (Meal)
Sandwich	Thanksgiving
Sauces	Thirst
Sausage	Tillage
School Meals	Time
Scurvy	Tomato
	SIDEBAR: Tomato: Vegetable or Fruit?
Seabirds and Their Eggs	Tourism
Seeds, Storage of	
Sensation and the Senses	Toxins, Unnatural, and Food Safety
Serving of Food	Trace Elements
Sex and Food	Travel .
Sheep	Tubers
Sherbet and Sorbet	
Shrove Tuesday	U
SIDEBAR: Carnival	C
Siberia	United States
Silverware	African American Foodways
Sin and Food	Cajun Cooking
Slow Food	California and the Far West
	Camorina and the Lat AA C21

Ethnic Cuisines	Safety of Water
Hawaii	Wedding Cake
The Middle Atlantic States	Weddings
The Midwest	Wheat
New England	The Natural History of Wheat
Pennsylvania Dutch Food	Wheat as a Food
Pioneer Food	Whiskey (Whisky)
The South	WIC (Women, Infants, and Children's) Program
The Southwest	Wine
Utensils, Cooking	Wine in the Ancient World
	Wine from Classical Times to the Nineteenth Century
\mathbf{v}	Wine in the Modern World
	Wine, Nongrape
Vegetables	Women and Food
Vegetarianism	Zoroastrianism
Vitamins: Overview	
Vitamins: Water-Soluble and Fat-Soluble Vitamins	
Vitamin C	Appendix: Dietary Reference Intakes 571
	Systematic Outline of Contents 581
W-Z	Directory of Contributors 589
Waffles and Wafers	Index 601
Waiters and Waitresses	
Water	

Water as a Beverage and Constituent of Food Water as a Resource